

Hafa Adai!

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75¢

DNA test confirms husband killed Limes

By **FERDIE DE LA TORRE**
ferdie_delatorre@saipantribune.com
REPORTER

Sylvestre Rogopes Sablan was arrested yesterday over the killing of his wife, Ana Maria Limes, at their residence in Oleai in April 2015.

» **No bail set for defendant**

Sablan, 44, was served with an arrest warrant on charges of second degree murder, aggravated assault and battery, and assault with a dangerous weapon.

At a hearing yesterday, Superior

Court Associate Judge Teresa Kim-Tenorio maintained "no bail" for Sablan.

Sablan has been in detention for illegal possession of controlled substance. He was tagged before as



Limes

person of interest in the killing of Limes.

Limes, 52, a former staff assistant of Delegate Gregorio Kilili C. Sablan (Ind-MP), was found dead inside her house in Oleai/San Jose on April 20, 2015 at noon. Autopsy showed that

See DNA on Page 4

Torres to meet with Sen. Murkowski in Alaska

By **JON PEREZ**
jon_perez@saipantribune.com
REPORTER

Gov. Ralph DLG Torres left Sunday for Alaska where he would meet with the state's officials including Republican Sen. Lisa Murkowski, who is the chairman of the Subcommittee on Interior, Environment, and related agencies under the Committee on Appropriations of the U.S. Senate.

Senate President Francisco M. Borja (Ind-Tinian) is now the acting governor as Lt. Gov. Victor B. Hocog is also on leave for his annual medical check up in the Philippines. Torres, who left Saipan last Sunday, is expected to be back on the island on Sept. 19.

Torres' meeting with Murkowski and her staff had long been scheduled. He would also meet with other

See TORRES on Page 4



Emotional kick off to 'Field of Heroes' celebration

By **ERWIN ENCINARES**
erwin_encinares@saipantribune.com
REPORTER

The weeklong commemoration of the 9/11 tragedy unfurled yesterday at the CPA Airport Field with no less than the guest speaker of the "We Will Never Forget: Field of Heroes"

kickoff becoming emotional as soon as he saw the more than 500 U.S. flags planted on the ground.

Duane Samiano, a war veteran and now assistant federal security director for the Transportation Security Administration, admitted he was moved as he drove through the venue.

"As we drove by the field it brings an emotional feeling to see the flags out there and what they represent," said Samiano. "What they represent are just the individual lives of many of our family and friends, of those we don't even know who went overseas and sacrificed not only their lives but

some came back with wounds and scars that may never heal."

Samiano mentioned that not only should the tragic incident be remembered, but also the numerous lives that were lost due to the ripple effect 9/11 had on the world.

See EMOTIONAL on Page 4



ERWIN ENCINARES

Various servicemen, first responders, government officials, and others gather for a group photo after the opening ceremony of the "We Will Never Forget: Field of Heroes" 9/11 commemoration event hosted by the Tan Siu Lin Foundation yesterday at the CPA Airport Field.

INSIDE



LOCAL

The 2016 International Festival of Cultures has really started to pick up as performers representing various countries came in to showcase their cultural heritage last Saturday.

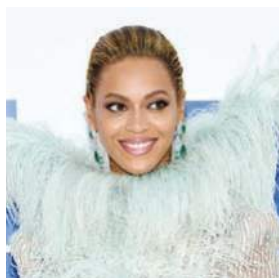
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ASIA

Philippine President Rodrigo Duterte expressed regret Tuesday over his "son of a bitch" remark while referring to President Barack Obama.

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LIFE & STYLE

Under doctor's orders for vocal rest, Beyoncé has postponed the Sept. 7 MetLife Stadium stop of her Formation World Tour until Oct. 7.

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TEL: 235-6397 / 235-2440 FAX: 235-3740 EMAIL: editor@saipantribune.com

Local

Jurors start deliberating in Chen's trial

By **FERDIE DE LA TORRE**
ferdie_delatorre@saipantribune.com
REPORTER

Jurors yesterday started deliberating in the trial of Zhaopeng Chen, one of three defendants charged in federal court over the conspiracy in the shipment of 4.9 lbs. of methamphetamine or "ice."

The 12 jurors will resume deliberations today, Wednesday, at 8am.

In the U.S. government's closing arguments yesterday, assistant U.S. attorney Garth Backe repeatedly tapped the big package of the seized "ice" that he displayed in front of the jurors and stated that it's insulting to say that Chen's presence was only accidental.

Backe said co-defendant Xi Huang picked up Chen two hours before the other co-defendant, Shicheng Cai, picked up the nine paint buckets, including one that supposed to contain "ice," from Sunleader

Market's warehouse near As Terlaje Hill.

"The truth makes sense, lies do not," Backe said.

The prosecutor said Chen helped in picking up the drugs in a short period of time, but he is still guilty as to the charge of conspiracy with intent to distribute methamphetamine.

In Chen's closing arguments, attorney David G. Banes asked the jurors to free Chen and let him return to his family.

"He [Chen] has suffered long enough. Find him not guilty," Banes said.

Banes said the prosecution relied on assumption rather than evidence.

"This is not justice. Our system should work better than this," he said.

Banes pointed out that co-defendants Huang and Cai both testified that they had no agreement with Chen regarding the "ice" shipment.

The indictment charged

Cheng, Huang, and Cai with conspiracy with intent to distribute methamphetamine. Huang and Cai pleaded guilty.

Huang, who was tagged as

» **Assistant US attorney asserts it's insulting to say defendant's presence was only accidental**
» **Defense counsel Banes says prosecution relies on assumption rather than evidence**

the leader of the group, was recently slapped with 188 months imprisonment. Cai has yet to be sentenced.

Customs inspectors discovered the contraband

hidden in one of nine paint buckets during a routine inspection of a shipping container on Dec. 2, 2015.

Local and federal enforcers replaced the "ice" with sugar and conducted a surveillance operation that led to the arrest of the three defendants on Dec. 4, 2015 near Stanford Hotel in San Vicente.

In the U.S. government's closing arguments, Backe said according to defense counsel Banes, Chen was at the wrong place at the wrong time.

But Backe noted that Chen was picked up by Huang, who is his relative.

The prosecutor said Huang testified for the defense because the U.S. government gave him immunity regarding his testimony.

Backe said they did so because they're not trying to hide anything and Huang could testify the truth.

Backe then showed a plea

agreement that Huang signed at the change of plea hearing.

The prosecutor said the plea agreement stated that Huang's cousin, Chen, was involved in the drug deal conspiracy.

Backe said Chen was with Huang and Cai for two hours prior to picking up the shipment, but that Chen did not ask a single question during that period.

Backe said it's a deliberate ignorance.

The prosecutor asked the jurors to look at the evidence, the law enforcement's surveillance operation, and the witnesses' testimony.

Backe said Huang was scared, but he got a mission to succeed—to deliver the "ice" and get paid.

Backe said Huang needed a third person, Chen, who is someone who could watch his back.

In Chen's closing arguments, Banes said Backe and

the police are hoping that Chen knew about the drugs even there's no evidence.

The defense lawyer said Chen cooperated with the investigators but still the U.S. government prosecuted him.

Banes said there's no direct evidence against Chen, who knew nothing about the drugs.

Banes said there's no evidence presented that Chen saw when the paint buckets were picked up from the Sunleader warehouse.

Banes said there's no evidence that Chen saw when Cai transferred the paint bucket that supposed to contain the "ice" to a green Mazda 2 sedan.

Banes pointed out that Cai testified that he is not sure that Chen knew about the drug deal.

Banes said Chen's purpose to come to Saipan was for business and tourism not for a drug deal.

Banes pointed out that Chen paid for hotel rooms for him and his girlfriend and for their four friends.

The lawyer said Huang testified repeatedly that Chen's presence was just an accident.

Banes said Huang stated that Chen was not involved and as a result, the plea agreement was cancelled and he got a longer prison sentence.

Banes said the U.S. government made a big deal about the plea agreement.

Banes said the language in the plea agreement is complicated.

The lawyer said the government's assumption is that since Chen was present, he's involved in the drug deal.

"Chen was not a member of the conspiracy, therefore he is not guilty," he said, adding that it's not a crime to be in a wrong place at a wrong time.

Banes said Chen had no knowledge of the underlying crime.



INFUSION OF YOUTH

JON PEREZ

Joel Camacho, front row center, his parents and members of the Saipan and Northern Islands Legislative Delegation pose for a group photo after he was confirmed as the newest member of the Commonwealth Zoning Board last Friday at the Jesus P. Mafnas Memorial Building in Capitol Hill.

Registered sex offender gets 10 years in prison for sexually abusing girl

Superior Court Associate Judge Kenneth L. Govendo yesterday slapped a 10-year prison term against Price Ekon Shoiter, a 69-year-old registered sex offender who pleaded guilty in connection with the charges that he sexually abused a 7-year-old girl at a residence in Dandan.

Govendo sentenced Shoiter to a total of 10 years imprisonment without parole for the offenses of impermissible contact with minors and sexual abuse of a minor in the second degree.

After completing the prison term, Shoiter will be

placed on supervised probation for five years.

The defendant was ordered to pay \$100 fine, \$25 in court assessment fee, and \$500 in probation fee. He was required, among other things, to abide by all the terms and conditions of the Sex Offender Registry, including notifying the Department of Public Safety of any address changes within two days of said change, and not living in a household with any non-biological minors.

Shoiter is prohibited from

having contact with the victim during the entire probationary period. He was required to continue to register with the CNMI Sex Offender Registry.

Shoiter signed a plea agreement with the government and pleaded guilty to the offenses of impermissible contact with minors and sexual abuse of a minor in the second degree.

Under the plea agreement, the defendant shall be sentenced to 15 years in prison, all suspended except for an open sentence of five to 10 years to be determined at a

sentencing hearing after a presentence investigation has been conducted.

Shoiter was given credit for time served.

Assistant attorney general Shannon Foley represented the government. Assistant public defender Michael Sato served as counsel for Shoiter.

According to the factual basis of the plea agreement, on Nov. 13, 2015 on Saipan, Shoiter, while subject to the Sex Offender Registration requirements, stayed in his home knowing that his girl-

friend's granddaughter was staying there for the weekend.

At the time, Shoiter was subject to conditions of the CNMI Sex Offender Registry Act prohibiting him from residing in or having contact with a residence while minors are present.

The prosecutor said that on that same day, Shoiter engaged in sexual contact with a 7-year-old girl by touching her private part with his hand.

Shoiter was arrested last Nov. 15.

According to police detective Rhonda C. John, a police

officer responded to a residence in Dandan on Nov. 15 after the Department of Public Safety received a call about a sexual abuse incident.

John said investigation showed that while the girl was sleeping sideways, Shoiter touched her private part.

The girl eventually told her father about what happened.

Shoiter was convicted in March 2004 for sexually abusing a minor. He served prison term and registered as a convicted sex offender. (Ferdie de la Torre)

Torres to name Wiseman replacement this month

By JON PEREZ

jon_perez@saipantribune.com
REPORTER

Gov. Ralph DLG Torres is expected to name a replacement for retired Superior Court Associate Judge David A. Wiseman this September.

Wiseman retired last May after 15 years of service on the bench. Torres is on an official trip to Alaska to meet with officials of the state and will be back on Sept. 19.

Torres, in an earlier interview, said he plans to release additional information or name Wiseman's replacement within the month.

He said that they are still working on the details of Wiseman's replacement and plans to narrow down the names of potential candidates.

The administration, however, is keeping the names of the candidates under wraps to avoid any premature decision on those being considered as Wiseman's replacement.

Torres' advisers have also been meeting and discussing the qualifications of possible candidates before deciding who will make it on the final list that they would submit to the governor. They have also talked to some potential candidates.

The administration said

Torres plans to interview the shortlisted candidates personally. Legal advisers and other experts are also assisting in suggesting names that would replace Wiseman on the bench.

The administration had consulted the CNMI Bar Association, and had been talking with lawyers and other members of the community in order to get good and qualified candidates on the list. They are still in the process of populating the field of candidates that would be on the list.

Any lawyer as long as they meet the constitutional requirements can be a candidate.

Article IV, Section IV of the CNMI Constitution states that a "justice or judge shall be at least 35 years of age, a citizen or national of the United States, have resided in the Commonwealth for at least five years before appointment, never have been convicted of a felony or any crime involving moral turpitude, and been a member of the Commonwealth bar for five years" are the requirements.

Section V states the CNMI Senate will confirm the governor's appointee and if confirmed the new judge will have a six-year term and a

justice for eight years. The name of the judge or justice will then be placed on the ballot in the general election where the people would vote "Yes" or "No" to retain him or her to the post for another six-year term for a judge and eight years for a justice.

Wiseman informed the late governor Eloy S. Inos of his retirement, effective May 2016, as CNMI Superior Court associate judge last October. He was the longest serving Superior Court judge, being on the bench for 15 years.

The CNMI Drug Court is one of his significant contributions to the community. He was one of the designated judges of the U.S. District Court for the CNMI and was the 15th judge to serve in the CNMI Judiciary.

Wiseman and his wife arrived on Saipan on July 7, 1977 as Peace Corps volunteers where they served the pre-Commonwealth government of Rota. He also served as the legal counsel of the first, second, and third CNMI Legislature and committee counsel in the fifth and 11th.

He also became a private attorney where he represented several government agencies while simultaneously serving as a special judge.

Many voters placed on inactive status

By FERDIE DE LA TORRE

ferdie_delatorre@saipantribune.com
REPORTER

The Commonwealth Election Commission has placed many voters on inactive status for failing to vote at two consecutive elections in the CNMI.

CEC acting executive director Julita A. Villagomez yesterday advised those who failed to vote at two consecutive elections that they should re-register in order to be allowed to vote at the Nov. 8 general election.

Villagomez disclosed that as of last month, they removed from the list more than 100 voters for failing to vote on two consecutive elections, committing felony crimes, and for being already deceased.

Villagomez reminded the public that the deadline for registration will be this Friday at 4:30pm.

» As of yesterday, CEC says 17,710 registered voters; registration deadline is Friday

"For those who need to register and re-register, come in and take the opportunity before deadline," the acting CEC executive director said.

She said registrants just bring a valid U.S. passport or birth certificate.

Villagomez disclosed that as of yesterday at 3:25pm, there were 17,710 registered voters.

Navy, Air Force to conduct training at W-517, FDM

ASAN, Guam—The Navy will conduct training at Warning Area 517 (W-517) during the following dates and times:

■ Sept 7 from 8am to 10pm

■ Sept. 8 from noon to 10pm

The Air Force and Navy will conduct training at the island of Farallon de Medinilla during the following dates and times:

■ Sept. 7 from 8:30am to 7pm

■ Sept. 9 from 7:30am to 11pm

■ Sept. 10 and 11 from 11am to 11pm

The general public—espe-

cially fishermen, commercial pilots and marine tour operators—are advised to stay clear of the areas during the dates and times indicated.

W-517 is an irregular shaped polygon comprising of 14,000 nautical square miles of airspace that begins south of Guam and extends south-southwest in international waters. W-517 supports surface and aerial gunnery, missiles, and laser exercises.

The general location of the training on the island of Farallon de Medinilla will be on a 10-nautical mile radius

on all quadrants. Farallon de Medinilla plays a special and unique role in national defense because its location provides frequent access that supports established training requirements. In addition, the air and sea space in the Farallon, located in the Commonwealth of the Northern Mariana Islands, provide sufficient room to conduct the many training profiles required to support aircrew combat readiness requirements.

For more information, contact the Joint Region Marianas Public Affairs Office at (671) 349-4055/3209. (PR)

WANTED

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The *Saipan Tribune* is looking for a FULL-TIME news reporter.

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Commonwealth Utilities Corporation

Office of the Executive Director



INVITATION FOR BIDS CUC-IFB-16-021

SUPPLY & DELIVERY OF PRESTRESSED CONCRETE POWER POLES

The Office of the Executive Director for the Commonwealth Utilities Corporation is soliciting competitive sealed bids from qualified vendors for the Supply and Delivery of Prestressed Concrete Power Poles for Saipan, Commonwealth of the Northern Mariana Islands.

The project is funded by the Federal Emergency Management Agency (FEMA) and CUC. The award of this project is contingent upon receipt of approval for project award from FEMA.

Prospective Bidders for this IFB must pre-register with the CUC Procurement & Supply Division. The IFB package may be obtained from the CUC Procurement and Supply Office, 3rd Floor, Room No. 3, Joeten Dandan Commercial Building, Saipan, between 7:30 a.m. to 11:30 a.m. and 12:30 p.m. to 4:00 p.m., Monday through Friday, except on government observed holidays upon completion of registration and presentation of a receipt evidencing a non-refundable payment to the CUC Treasury Section, by cash, check or credit card in the amount of **\$100.00** for one IFB package set.

One (1) original and Five (5) hard copies of the bid must be submitted in a sealed envelope marked "CUC-IFB-16-021, Supply & Delivery of Prestressed Concrete Power Poles" to CUC Procurement & Supply Division, 3rd Floor, Room No. 3, Joeten Dandan Commercial Building, P.O. Box 501220, Dandan, Saipan MP 96950, **no later than 10:00 a.m. (ChST) on September 21, 2016**, at which time they will be publicly opened and read aloud. Bids mailed via postal or courier service must be received on or before due date and time. Bid shall be submitted on the provided Bid Forms. Bids will be required to be submitted under a condition of irrevocability for a period of 60 days after submission. Late submissions and conditional bids will not be considered.

A Bid Guarantee of fifteen (15%) percent of the total bid price must accompany the bids. The security deposit may be in cash, certified check, cashier's check, or bid bond executed by a surety company holding a certificate of authority from the United States Secretary of Treasury as an acceptable surety. A *Payment Bond* of one hundred (100%) percent and a *Performance Bond* of one hundred (100%) percent of the total bid price will be required upon the execution of the contract by the successful bidders. The Payment and Performance bond must be executed by a surety company holding a certificate of authority from the United States Secretary of Treasury as an acceptable surety. Surety Company must be authorized to do business in the Commonwealth of the Northern Mariana Islands.

All insurers' questions, concerns and qualification shall be handled by the Department of Commerce Office of the Insurance Commissioner (OIC). The OIC is tasked with regulating and monitoring compliance to the CNMI's Insurance Code (Title 4, Division 7). Bidders are required to submit a clearance from the OIC certifying their insurer of choice is in compliance with the CNMI's Insurance Code.

Bidders are advised that CUC assumes no responsibility in any act of omission on the part of the bidders due to lack of information or understanding of the bid requirements in the course of Contractor's preparation of a bid under the contract. Bidders are required to comply with all CNMI and applicable Federal Laws. This bid and the ensuing contract shall be executed pursuant to the CUC Procurement Regulations. All responses to this Invitation for Bids should take into account any and all taxes, including excise tax, which will become the obligation of the bidder, awarded a contract.

This Invitation for Bids does not commit CUC to the award of a contract or contracts, nor to pay any cost incurred in the preparation and submission of bids in anticipation of a contract. The award of a contract(s) is contingent upon the Commonwealth Public Utilities Commission and the Commonwealth Utilities Corporation, Board of Director's approval. The contract(s) will not be executed by CUC until such approval is provided.

Questions or requests for clarification will be entertained only from registered bidders and must be submitted in writing no later than **10:00 AM (ChST) on September 6, 2016** to Manny B. Sablan, CUC Purchasing Officer, via email address-manny.sablan@cucgov.org with a copy to Joseph Crisostomo, CUC Power Division, Purchasing Technician via email address-joe.crisostomo@cucgov.org and Marcela Tenorio, Procurement & Supply, Administrative Support Assistant via email address-marcela.tenorio@cucgov.org.

CUC reserves the right to reject any or all bids for any reason and waive any defects in said bid proposal, if in its sole opinion, to do so would be in the best interest of CUC. All bids shall become the property of CUC.

GARY P. CAMACHO
Acting Executive Director

MANNY B. SABLÁN
Purchasing Officer

ARC's Club 200 set for Oct. 15

The American Red Cross-NMI Chapter's 27th Annual Club 200 is scheduled for Oct. 15 at Fiesta Resort & Spa Saipan.

The event will feature a super hero theme that pays tribute to everyone in our

community who helped others following Typhoon Soudelor. Tickets are \$100 in advance and \$125 at the door. Tickets include dinner, drinks, live entertainment, and a chance to win amazing door prizes.

For more information on

Club 200 or how you can volunteer, contact the local Red Cross chapter at 234-3459.

The CNMI chapter was chartered on October 8, 1978. The first chairman was Gilbert C. Ada, who served for six years.

During these early years the Guam Chapter assisted the CNMI chapter in develop-

ment of its services. In 1986, after a reorganization plan was implemented, a new six-member board of directors was appointed led by then senator Juan "Pan" Guerrero. Under new leadership, a chapter headquarters was set up in a war-damaged Japanese power plant near the Saipan International Airport. Currently the

chapter has four paid staff members and a board of directors of 19 members.

The chapter is respon-

sible for services on the islands of Rota, Tinian, and Saipan as well as the Northern Islands. **(PR)**

ERRATUM

In yesterday's photo spread for the 2016 MINA Green Gala, Perry Inos was inadvertently identified as Triple J Special Project analyst. He is actually the company's Business Development manager. Our apologies.

DNA

From Page 1

she died of a skull fracture due to blunt force trauma.

Police Detective Simon T. Manacop stated in his report that on Feb. 5, 2016, Federal Bureau of Investigation special agent Haejun Park provided him with a report from the FBI laboratory examination.

Manacop said the FBI examination showed that a chemical test for the presence of blood was positive on the physical evidence—the short pants procured from Sablan.

Manacop said the results concluded that "to a reasonable degree of scientific certainty" Limes was identified as a contributor of DNA obtained from the short pants.

The detective said the FBI examination report also confirmed that female DNA was present on a sledgehammer and pieces of wooden paddle.

Manacop said examination done on sledgehammer and pieces of wooden paddle confirm "to a reasonable degree of scientific certainty," Limes is the source of DNA obtained from both items.

The detective said physical evidence procured from the

crime scene such as the sledge hammer, pieces of wooden paddle, a stick from a wooden paddle, along with the clothing procured from Sablan, were sent to the FBI Laboratory Division in Quantico, Virginia for analytical examination.

Manacop said that, on April 20, 2015 at 12:12pm, Sablan's brother, Joaquin, called the Department of Public Safety's emergency line and requested the police to check on Sablan's residence located in Oleai/San Jose.

Joaquin reported that his nephew mentioned about finding Limes inside her house lying down in a pool of blood.

A police officer responded to the house and confirmed Limes' death due to homicide.

On the same day, Manacop said he arrived at the scene at 12:50pm. A single-story concrete dwelling with tin roofing.

Manacop said upon entry of the residence from the front door he immediately observed a sledgehammer that rested upon a couch located in the left side of the entrance.

The sledgehammer contained hair fiber and possible blood on the iron portion.

From the entrance, the victim was observed lying face down on a single-size futon.

Manacop said the victim's upper portion was naked and appeared to be only clothed with black pants with white prints which was pulled just above the waist.

Manacop said as he conducted further investigation of the victim he observed a large hole (skull fracture) on the back of her head.

He said signs of decomposition existed as the body emitted foul odor.

The detective said the interior of the house appeared to be scattered which indicated that a possible struggle between the victim and her assailant had taken place.

He said broken pieces of wood were also seen scattered on the floor.

Manacop said the pieces of wood originated from paddleboard that was found on top of a couch, within the general area where the sledgehammer was also located.

On the same day, Guam chief medical examiner Dr. Aurelio Espinola conducted an autopsy on the victim.

Manacop said during external examination, Espinola indicated that the victim suffered pre-mortem contusions on the forehead and both sides of the face.

Espinola also noted contusions on the left arm, left forearm, and the back of the left hand. He observed skull fracture on the back of head.

Upon completion of the autopsy, Espinola ruled that that the victim died as a result of skull fracture due to blunt trauma and classified the case as a homicide.

Espinola also estimated the death happened on April 18 or two days prior to the homicide being reported.

On April 19, 2015 at 12:36am, a disturbance was reported at the residence of Daniel Lisua located within the village of San Jose.

Lisua's residence is relatively close to the house of Limes.

Manacop said a police officer entertained the disturbance, where Sablan was arrested for illegal possession of controlled substance—methamphetamine or "ice."

At the time of the arrest, Manacop said, the officer observed Sablan was wearing a camouflage long sleeve and short pants.

The officer noted that Sablan had a scratch on his belly and stains that appeared to be blood on his pants.

On the same day at 1pm,

Sablan was released from the Department of Corrections as investigation was further conducted.

Manacop said during an interview by a detective on April 21, 2015, Juan Nekaifes disclosed that on April 19, 2015 at 1pm, he and his wife arrived at Kilili Beach to celebrate his wife's birthday.

Nekaifes said they saw Sablan walking on the beach so they called him and offered him something to eat.

Sablan was wearing only short pants and holding his camouflage jacket.

Sablan then allegedly began telling them that he had killed his wife and that he did it "last night."

Sablan apparently claimed that he was asleep when he felt a kick on his back.

Sablan alleged that he saw Limes and hit her on the head.

Manacop said Nekaifes further mentioned that Sablan also expressed he was surprised that the police released him after what he has done and that it was only about drugs that he was arrested for.

Sablan also allegedly pointed at bloodstains on his jacket and pants claiming to be from Limes.

Manacop said that on April 20, 2015 at 3:57pm, Sablan was escorted to DPS Criminal Investigation Office, where he (Manacop) inquired about the victim's death.

Manacop said Sablan had denied having any knowledge about the victim's death and later refused to give any statement without having a lawyer present.

He said Sablan, however, gave consent for two detectives to procure clothing he wore the night he was arrested.

The clothing, a long sleeve camouflage jacket and a local motion brand short pants, were procured.

Manacop said the clothing was later positively identified by a police officer as the clothing that was worn by Sablan the evening he was arrested.

On April 30, 2015, Kim-Tenorio suspended the scheduled preliminary hearing in the "ice" case until the mental evaluation of Sablan is completed.

Kim-Tenorio postponed the preliminary hearing after Sablan acted strangely in court. In the courtroom, he was mumbling and talking to himself. He said something about candles, grave, and other things.

TORRES

From Page 1

officials of the state and other leaders of the community.

Murkowski is the chairwoman of the Senate subcommittee that deals with the

territories and the proposed extension of the CNMI-Only Transitional Worker nonimmigrant visa (CW-1) program and other labor issues are among the top items on the agenda of Torres' meeting with her.

His administration wants to

extend the CW program for another 10 years and increase the cap to 18,000.

The U.S. Citizenship and Immigration Services last week issued a deferred action on the CW-1 cap granting a 240-day extension to employees with expiring

CW-1 visas.

The U.S. Department of Homeland Security, also last week, reduced the CW-1 cap for fiscal year 2017, which starts on Oct. 1, by one to 12,998.

CNMI local government officials and U.S. Delegate Gregorio "Kilili" Sablan, who

are united in saying that the USCIS and DHS know the economic impact of the issues if it failed to be address, hailed both decisions.

Partnerships on job training and other economic collaboration that the CNMI and Alaska can work toward are also ex-

pected to be discussed.

The CNMI and Alaska will also be sharing a lot of information that they have been experiencing. Both are facing the same problems like labor issues, workforce investment, and how to develop isolated areas economically.

EMOTIONAL

From Page 1

"When we think about how many lives were lost in the 9/11 tragedy that happened back in 2001, we had nearly 3,000 people killed, those that were on the ground, those that were in the building, and those that were in the aircraft," said Samiano. "The [succeeding] conflicts over the last 15 years that we've had troops overseas, we look at the lives that were lost; nearly 6,000 servicemen, nearly 7,000 injured, nearly 30,000 wounded or casualties throughout Afghanistan and Iraq, all standing on the tragedy that happened on 9/11."

Samiano stressed that the "We Will Never Forget: Field of Heroes" event has no relation at all to politics. He said

the event is to pay respect and to honor the military servicemen and first responders.

"These is not a political statement; they're not an ideology. They're not something we're trying to politicize or have you think something other than to honor those that have made sacrifices."

Sen. Sixto Igisomar (R-Saipan), for his part, said the event is a great way for the community to give back to those who are serving and sacrificing their lives in the name of freedom.

"I would say it's a beautiful day to honor those that have fallen during 9/11 and all our heroes, all men in military, that gave their lives to defend our country and to defend the U.S. in respect to what transpired with 9/11," he said. "It's a very emotional day, and I even had

goosebumps just coming over to see these flags."

Igisomar is ecstatic to know that the proceeds of the event would go to the treatment of soldiers and veterans suffering from PTSD or Post Traumatic Stress Disorder.

"Its great for me that the proceeds would be going to veterans and servicemen that are suffering with PTSD, because I have family members that are going through these emotional illnesses or troubles and it's not that easy," shared Igisomar. "The stress that the person gets, the stress that the family goes through, any little amount of money that we could actually give to them would really help along the way to show them that we are here still. Just to give them a chance to feel normal, to feel loved. To feel loved

goes a long way."

On-leave press secretary Ivan Blanco also shared his sentiments about the event.

"9/11 went down as an infamous date that affected a lot of lives with the U.S. and her allies, even the smaller countries that came out in support. The event is reminding the community that we still remember all those that perished all through that time and show our appreciation to all those first responders who gave their lives, those who survived but are still suffering from the effects of it, including all our men and women in arms that went off to Iraq and Afghanistan, and those that didn't make it back."

Cathy Attao, vice president for Corporate Affairs of Tan Holdings Corp., said she was extremely happy with

the turnout for the opening ceremonies, with various representatives of numerous departments of the CNMI government attending.

Some 75 servicemen, first responders, government officials, businessmen, and community members attended the 9/11 kickoff event on Saipan.

"We had a great turnout, a great representation of all the different departments, government departments, and the private sector as well," said Attao. "We are pretty much excited for this whole week and pretty much just want to give back to the community."

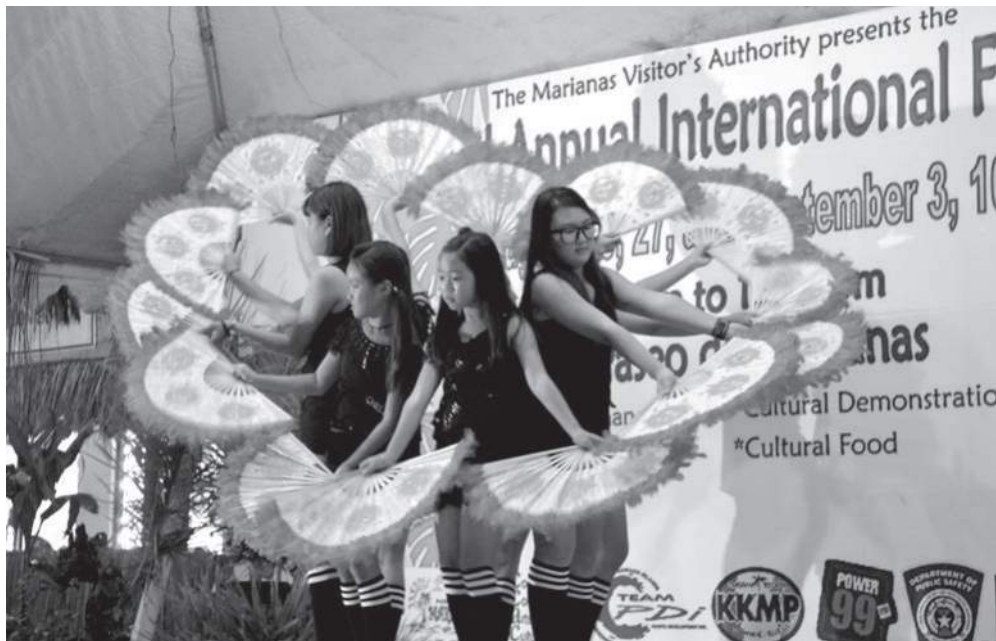
Attao is inviting the community to join this Sunday's culminating event at the same venue. "We really just hope the community comes out," she said.

On Sunday, Sept. 11, "We Will Never Forget: Field of

Heroes" commemoration continues with a tribute at 3pm and different departments of the government would be conducting outreach programs as well as community engagements. A freedom walk would start at 5pm, in which attendants are going to walk a lap around the CPA Airport Field.

"We Will Never Forget: Field of Heroes" commemorates the 15th anniversary of 9/11 tragedy and is hosted by Tan Siu Lin Foundation, the charitable arm of Tan Holdings. The more than 500 American flags at the Airport Field were bought and donated by businesses and individuals who want to honor the heroes of 9/11 and succeeding campaigns for freedom. There will also be simultaneous 9/11 commemorations on Tinian and Rota.

More diversity as Festival of Cultures enters 3rd week



ERWIN ENCINARES

Koreans performing a modernized rendition of a Buchaechum, also known as a fan dance at the International Festival of Cultures 2016.

By **ERWIN ENCINARES**
erwin_encinases@saipantribune.com
REPORTER

The 2016 International Festival of Cultures has really started to pick up as the performers representing various other countries came in to showcase their cultural heritage last Saturday, Sept. 3, at the Paseo de Marianas.

The International Festival of Cultures is an event hosted by the Marianas Visitors Authority with the goal of showcasing the various international cultures that are present in the CNMI.

The event started last Aug. 20 and has been picking up in popularity ever since, especially the most recent Saturday, where the various performers started coming in for the presentation of their respective cultures.

Martin Duenas, the Community Projects manager for the MVA, shared that the first two Saturdays of the event were somewhat like a soft opening. Starting the third Saturday (Sept. 3), is when the International Festival of Cultures really picks up.

"The first two nights we didn't really have the entire group coming. There were several that wanted to participate in only the last four nights of the festival," said Duenas. "Tonight is the first of the four nights, that's why you see a lot more cultures represented."

Duenas also shared that despite the bad weather on the first Saturday of the event, he is happy with the turnout. "Last year we had the typhoon, so we weren't able to go through with it. This year,

we are happy that the weather is cooperating. Even though the first night it rained, after that, the weather was great," said Duenas.

He also thanked the many different nationalities that reached out to the community of the CNMI with presentations of their cultural heritage. "The event is picking up fairly quickly and I'm really happy that different cultures came out this year again to help us make this year's event successful."

The aim of the International Festival of Cultures is to raise awareness of the different cultures in the CNMI, which will also shed some new light about the way others behave around the island.

"Diversity is there, and that's what we want to offer to our visitors. Not only our visitors, we also want our locals to come in and witness the event every year. We're happy that they're cooperating with us and supporting us," said Duenas.

Ryan Calvo, MVA's Community Project specialist, was satisfied with the event that evening. He even shared that on the last night of the International Festival of Cultures, there would be a luau from Hawaii, a fashion show, and a parade.

"Tonight was a really good turnout, because almost all the cultural groups were present, there's going to be a cultural fashion show on the last night, which is another highlight of the festival besides the parade, so we're looking forward to that," said Calvo.

The International Festi-

val of Cultures is open to the public with traditional food, performances, and items that are unique to each culture. It is open from 6pm to 10pm and will continue every Saturday until Sept. 24 at the Paseo de Marianas in Garapan.



ERWIN ENCINARES
Chuukese performers at the International Festival of Cultures 2016.

ERWIN ENCINARES
The Japanese traditional paper folding (also known as origami) stall during last Saturday's International Festival of Cultures 2016 at the Paseo de Marianas.





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PUBLIC NOTICE

ATTN: US Pacific Holdings Corp
FROM: Law Office of Robert T. Torres

The Thomasa P. Coleman Trust has served notice upon you requiring either a cure of a breach of your lease of the following property or return of possession of that property by posting that notice upon such property:

Saipan property containing an area of 305,115.00 square meters as described in the Lease Agreement of January 23, 1981 for that property, leased by Thomasa P. Coleman to Hong Kong Saipan Plantation Investment Company Limited (Lease No. 941, Book 1, Page 22, Document No. 15518 at Land Registry, Saipan, recorded on January 26, 1981), whose lease interest was assigned to MAC Homes Co., Ltd, on October 13, 1996 via an Assignment of Lease (File No. 86-2460, recorded Dec. 22, 1986, Commonwealth Recorder's Office), whose interest was subsequently assigned to Ken Aqua Hotel & Resort, Inc. via the Assignment of Leases of July 29, 2004 (File No. 04-1729, Book 12, Page 114, Commonwealth Recorder's Office, Saipan, recorded on July 29, 2004), and whose interest was subsequently assigned to US Pacific Holdings Corp. via the Assignment for Lease of February 28, 2013 (File No. 13-0810, Book 16, Page 48, Recorder's Office, Saipan).

Our office is attempting to contact you to receive a copy of this notice. Please retrieve a copy of this notice at the property or contact the Law Office of Robert T. Torres at (670) 234-7859 to arrange for receipt of a copy of this notice.

This is a supplemental notice of your breach and 15 days to cure from August 30, 2016. The original notice was posted upon the property on said date.



PUBLIC NOTICE



Pursuant to 1 CMC § 9910(a), the Fourteenth CNMI State Board of Education hereby gives notice that there will be a BOE Executive Work Session on Thursday, September 8, 2016 at 1:00 p.m. at the Office of Pupil Transportation Conference Room in Lower Base, Saipan.

AGENDA¹

- I. Preliminary Matters
 - a. Call to Order
 - b. Roll Call
- II. Executive Session/Work Session²
 - a. Commissioner of Education
Job Vacancy Announcement
- III. Adjournment

¹ In the event that the items on the agenda are not completed, the meeting will recess and reconvene on the following day or at the most expeditious date and time determined by the Board.

² Pursuant to 1 CMC § 9912, the Board may vote to meet in executive session at any time.

NOTICE OF INTENT TO VOLUNTARILY DISSOLVE A CORPORATION

Notice is hereby given that a Notice of Intent to dissolve WESTPAC DEVELOPMENT LTD., a corporation with its registered office at Chalan Kiya, Saipan, has been delivered to the Registrar of Corporation for filing in accordance with the CNMI Code.



Refalauwasch Advisory Council chair Henry Litulumar and Carolinian Affairs executive assistant John Tagabuel lit the bonfire to start the storytelling session.

CONTRIBUTED PHOTOS



2016 Cultural Heritage Committee co-chairs Cinta M. Kaipat and Frances Sablan with Auntie Chailang Palacios, one of the evening's storytellers.

Bonfire, storytelling kicks off activities for Cultural Heritage Month

The 2016 Cultural Heritage Month Committee kicked off its month-long activities with the bonfire and storytelling event last Friday, Sept. 2, 6pm at the Carolinian Ut in Garapan.

Frances M. Sablan, co-chair for the CHM committee and coordinator for the bonfire and storytelling event, said that the evening started off with the Olomwaay Band (Gus Kaipat and Gus Litulumar) performing a few numbers, accompanied by L.J. Castro, and followed by the lighting of the bonfire that was set up by the Carolinian Affairs Office under the leadership of its executive assistant to the Governor on Carolinian Affairs and Refalauwasch Advisory Council chair Henry Litulumar.

The flames of the bonfire signified the passion of the indigenous people of the Marianas. Although it started raining and the wind blew ever so strongly, the flames managed to hold up. Just like the indigenous people's passion to pass on, teach, and perpetuate the Refalauwasch and Chamorro cultures. Amidst challenges and adversities, the indigenous people continue to do what they can as individuals and as a people to keep their culture alive.

During the lighting of the bonfire, Castro chanted "Chaifi," the legendary Chamorro god of fire. After the blessing of the refreshments and the storytellers, entertainers, audiences, committee members, youth and elders alike had a chance to enjoy the food and drinks and the stories then began to unfold.

The first storyteller was Linda Pialur, who explained the traditional gender roles in the Refalauwasch culture. She spoke about the Refalauwasch custom of "Apparo," the traditional way in which women must conduct themselves toward one another.

Co-chair Cinta M. Kai-



The beautiful and delicious cake from Herman's Bakery.

pat followed and reinforced the importance of "respect," which is why "Apparo" is or was practiced in Refalauwasch culture. Then she recalled her childhood years in Pagan, and the important cultural value of "sharing." She shared that food was always shared, for example, the fishermen's catch was always divided and shared with the other villagers. By this time, Mother Nature decided to add her own special effects to the storytelling. The winds began to pick up and the roar of the ocean became increasingly loud as it rang throughout the Ut. Despite the help from Mother Nature, the storytelling continued. Chailang Palacios then explained the traditional gender roles of the Chamorro men and women. She explained that she had chores to perform after school, such as sweep-

ing, while her brother had to get "sakati" for the cow and feed the pigs. She then demonstrated the use of the charcoal-powered (coconut shells) iron introduced during the Spanish times. She also enlisted the help of some of the youths in demonstrating some childhood games that she enjoyed growing up.

Finally, Castro shared his stories of the 2004 Festival of the Pacific Arts in Palau. Unfortunately, the storytelling event had to be cut short due to the heavy rains and strong winds that whipped up around 8:30pm, drenching the sound system and lighting equipment. However, the ManAntigo, Cultural Production Inc., Petlas, Simiyan Lina'la & Simiyan Manainata (MACPS) Chamorro Group didn't want to end the storytelling event without sharing



Co-chair Frances Sablan blesses the table.



Auntie Chailang Palacios demonstrates the games she enjoyed as a child with help from youths in the audience.

how rice was grown and processed in the Mariana Islands through song and dance.

Auntie Chailang's presence during this performance was especially meaningful, as it

was her late Mama, Tan Josepha Deleon Guerrero, who taught Auntie Chailang's elder sister, Tan Maria P. Crisostomo, the chant that co-chair Sablan utilized in the chant she wrote. The Fa'i dance was choreographed by the late Dolores I. Marciano.

Before the CHM committee left the Ut, Dionicia Ythamar, who was amongst the members of the crowd and was awaiting her turn to tell her story, shared her stories of a Refalauwasch growing up in the CNMI, and re-emphasized the role of the genders that her sister Linda shared earlier. These stories were documented by Leni Leon and his team.

Co-chairs Sablan and Kaipat expressed their gratitude to all the donors: Saipan & Northern Islands Legislative Delegation, John Tagabuel and the hardworking staff

of Carolinian Affairs Office, chair Henry Litulumar and the Refalauwasch Advisory Council, Herman's Modern Bakery, etc., storytellers, entertainers, audiences and especially the 2016 Cultural Heritage Month Committee for making the bonfire and storytelling event a success, and for planning the upcoming 2016 CHM events/activities: Sept. 9, fashion show/speech contest; Sept. 16, cuisine night; Sept. 17, Chief Aghurubw Day celebration; Sept. 23, 13 Fishermen 30th Memorial Celebration; Sept. 24, Island Family Fun Day; Sept. 25, RMS Sunset Open Mic Presentation, Sept. 28-29, cultural symposium; Sept. 30, Uumw/Chahan Night and International Festival of Cultures every Saturday in September; and cultural demonstrations Sept 5-8 and Sept. 12-15. (PR)



With L.J. Castro playing the drums in the background, the ManAntigo, Cultural Production Inc., Petlas, Simiyan Lina'la & Simiyan Manainata (MACPS) Chamorro Group brought the storytelling event to a close with a performance.

September is Childhood Obesity Awareness Month

By **ERWIN ENCINARES**
erwin_encinares@saipantribune.com
REPORTER

Gov. Ralph DLG Torres proclaimed September as the Childhood Obesity Awareness Month last Friday at the Gilbert C. Ada Gymnasium to address the growing health issues in the CNMI.

The proclamation was made to encourage children to be more physically active with

various programs throughout the month. The “Let’s Move Marianas! Yengyung with the Kangkung” is the local CNMI version of the “Let’s Move! Campaign” that spread throughout the U.S.

Let’s Move Marianas Campaign chair Amber Mendiola shares that non-communicable diseases such as diabetes and heart disease are steadily increasing among the younger

generations.

“What we’re finding is that a lot of people are developing non-communicable diseases at a very early age,” said Mendiola. “We have individuals as young as 19 years old that are going through dialysis and it started at daycare and the like.”

Mendiola said that the goal of the Let’s Move Marianas Campaign is to educate the commu-

nity and at least get the children active for their own welfare.

“What we’re trying to do, as a committee as a whole and an alliance is we’re trying to tackle that issue in whatever way we can, through education, policy implementation, and through engaging the commu-

nity,” said Mendiola.

Becky Robles, NCD Bureau administrator, shares that another goal of the Let’s Move Marianas Campaign would be for the children to figure out what they like to do in the field of sports.

“Different partners come together and offer different

physical fitness or exercise stations. This could be somebody learning soccer, going through an obstacle course, just various stations that kids can go through throughout the day,” said Robles. “To give them ideas of what physical activities are, as well as just to try it.”

COMMUNITY BRIEFS

Chamber meeting today

The Saipan Chamber of Commerce will hold its General Membership Meeting today, Sept. 7, at the Seaside Hall of Kanoa Resort. The Chamber has two speakers lined up.

The first speaker is Northern Marianas College interim president David Attao who will inform the membership about new programs and ongoing changes at NMC as well as the long-term goals of the college.

The second speaker will be Scott Russell from the Northern Marianas Humanities Council. He will speak regarding their objectives and events in the community.

The luncheon begins at 11:30pm and the meeting portion commences promptly at noon. Please be advised that due to the increases in luncheon costs from all GMM venues, the Chamber will be raising the luncheon fee slightly to \$25/member.

UOG cancels evening classes

The University of Guam has cancelled all evening classes

beginning at 5:30pm last night due to power outages affecting the campus and the surrounding area.

Classes will resume as scheduled today, Wednesday, Sept. 7.

For more information and updates, visit www.uog.edu; check the official UOG Facebook page; or follow @UOG-Triton on Twitter.

NMC test vouchers for A+ and N+ certification available

The Northern Marianas College-Community Development Institute (CDI) has announced that test vouchers are available for those individuals who had attended the College’s IT Bootcamp conducted earlier this summer.

The vouchers, which are for the A+ and N+ certification tests, will be emailed to those who attended the IT Bootcamp; the vouchers can also be obtained by calling the CDI office at 237-6802. The College also announced that the Pearson Vue testing center will be ready to receive appointments for test tak-

ers in late September. Please call 670-237-6802 for further questions. (PR)

Financial conference set at Sept. 15-16

Bank of Guam, the Commonwealth Development Authority, and the Saipan Chamber of Commerce are hosting a financial conference on Sept. 15 and 16, 2016.

This two-day event is aimed at strengthening the CNMI by addressing challenges and proposing suggestions for improved fiscal support of our business community. Panelists will offer their expertise and experience on key issues.

You may register for this conference by contacting the Chamber office at administrator@saipanchamber.com or by calling 670-234-7150.

Space is limited so please contact us as soon as possible. Admittance for registered attendees is free, and has been generously sponsored Bank of Guam, United Airlines, Deloitte & Touche LLP, McDonalds Saipan, and Pacific Pancakes CNMI LLC. (PR)



ERWIN ENCINARES

Gov. Ralph DLG Torres, right, listens to Seoni Camacho, left, read the proclamation declaring September as Childhood Obesity Awareness Month as Miles Borja, center, waits for his turn to read the proclamation.



ERWIN ENCINARES

Gov. Ralph DLG Torres signs the proclamation declaring September as Childhood Obesity Awareness Month.

**PROCUREMENT AND SUPPLY
CNMI GOVERNMENT**

**INVITATION TO BID
ITB NO.: ITB16-OVR-174**

SUBMISSION DATE: OCTOBER 6, 2016 TIME: 10:00 A.M.

“PURCHASE OF A MULTIFUNCTION COLOR DIGITAL COPIER/NETWORK PRINTER AND SCANNER MACHINE FOR THE OFFICE OF VOCATIONAL REHABILITATION”

COPIES OF THE SPECIFICATIONS MAY BE PICKED-UP AT THE OFFICE OF THE DIRECTOR, DIVISION OF PROCUREMENT AND SUPPLY LOCATED AT THE FORMER EMERGENCY MANAGEMENT OFFICE, ASCENSION DRIVE, BUILDING NO. 1301, CAPITOL HILL, SAIPAN, DURING REGULAR WORKING HOURS.

THE CNMI GOVERNMENT RESERVES THE RIGHT TO REJECT ANY OR ALL BIDS, OR PORTIONS THEREOF, AND WAIVE ANY IMPERFECTION IN A BID IN THE BEST INTEREST OF THE COMMONWEALTH OF THE NORTHERN MARIANA ISLANDS. ALL BIDS SHALL BECOME THE PROPERTY OF THE CNMI GOVERNMENT.

/S/ ARLENE KAY A. YAMAGATA, M.S. CRC
DIRECTOR OF OVR

/S/ HERMAN S. SABLAN
DIRECTOR, P&S

**PROCUREMENT AND SUPPLY
CNMI GOVERNMENT**

**INVITATION TO BID
ITB NO.: ITB16-HSEM-165**

SUBMISSION DATE: SEPTEMBER 21, 2016 TIME: 9:30 A.M.

“VIDEO SURVEILLANCE CAMERA SYSTEM & ACCESS CONTROL SYSTEM FOR THE HOMELAND SECURITY & EMERGENCY MANAGEMENT AGENCY”

COPIES OF THE SPECIFICATIONS MAY BE PICKED-UP AT THE OFFICE OF THE DIRECTOR, DIVISION OF PROCUREMENT AND SUPPLY LOCATED AT THE FORMER EMERGENCY MANAGEMENT OFFICE, ASCENSION DRIVE, BUILDING NO. 1301, CAPITOL HILL, SAIPAN, DURING REGULAR WORKING HOURS.

THE COMMONWEALTH RESERVES THE RIGHT TO REJECT ANY AND ALL BIDS AND PROPOSALS, IN WHOLE OR IN PART, AND TO WAIVE ANY IMPERFECTION IN A BID IN THE BEST INTEREST OF THE COMMONWEALTH OF THE NORTHERN MARIANA ISLANDS. ALL BIDS SHALL BECOME THE PROPERTY OF THE CNMI GOVERNMENT.

/S/ GERALD J. DELEON GUERRERO
ACTING SPECIAL ASSISTANT FOR HSEM

/S/ HERMAN S. SABLAN
DIRECTOR, P&S

**PROCUREMENT AND SUPPLY
CNMI GOVERNMENT**

**INVITATION TO BID
ITB NO.: ITB16-HSEM-175**

SUBMISSION DATE: SEPTEMBER 21, 2016 TIME: 10:00 A.M.

“PURCHASE, DELIVER, INSTALLATION, TESTING AND TRAINING OF NEW DIGITAL EMERGENCY ALERT SYSTEM FOR THE CNMI EMERGENCY OPERATION CENTER”

COPIES OF THE SPECIFICATIONS MAY BE PICKED-UP AT THE OFFICE OF THE DIRECTOR, DIVISION OF PROCUREMENT AND SUPPLY LOCATED AT THE FORMER EMERGENCY MANAGEMENT OFFICE, ASCENSION DRIVE, BUILDING NO. 1301, CAPITOL HILL, SAIPAN, DURING REGULAR WORKING HOURS.

THE COMMONWEALTH RESERVES THE RIGHT TO REJECT ANY AND ALL BIDS AND PROPOSALS, IN WHOLE OR IN PART, AND TO WAIVE ANY IMPERFECTION IN A BID IN THE BEST INTEREST OF THE COMMONWEALTH OF THE NORTHERN MARIANA ISLANDS. ALL BIDS SHALL BECOME THE PROPERTY OF THE CNMI GOVERNMENT.

/S/ GERALD J. DELEON GUERRERO
ACTING SPECIAL ASSISTANT FOR HSEM

/S/ HERMAN S. SABLAN
DIRECTOR, P&S

**PROCUREMENT AND SUPPLY
CNMI GOVERNMENT**

**INVITATION TO BID
ITB NO.: ITB16-DLNR/DFW-173**

SUBMISSION DATE: OCTOBER 06, 2016 TIME: 10:00 A.M.

“LEASE OF AN OFFICE SPACE FOR 10 YEARS FOR DLNR-DIVISION OF FISH & WILDLIFE – ROTA BRANCH”

COPIES OF THE SPECIFICATIONS MAY BE PICKED-UP AT THE OFFICE OF THE DIRECTOR, DIVISION OF PROCUREMENT AND SUPPLY LOCATED AT THE FORMER EMERGENCY MANAGEMENT OFFICE, ASCENSION DRIVE, BUILDING NO. 1301, CAPITOL HILL, SAIPAN, DURING REGULAR WORKING HOURS.

THE LESSOR MUST COMPLY WITH CNMI PUBLIC LAW 15-23, ARTICLE 5, SECTION 8652 (A) – (D).

THE COMMONWEALTH RESERVES THE RIGHT TO REJECT ANY AND ALL BIDS AND PROPOSALS, IN WHOLE OR IN PART, AND TO WAIVE ANY IMPERFECTION IN A BID IN THE BEST INTEREST OF THE COMMONWEALTH OF THE NORTHERN MARIANA ISLANDS. ALL BIDS SHALL BECOME THE PROPERTY OF THE CNMI GOVERNMENT.

/S/ RICHARD B. SEMAN
SECRETARY OF DLNR

/S/ HERMAN S. SABLAN
DIRECTOR, P&S

INVITATION FOR BID

MVA-IFB-16-2344: ACQUISITION OF TWO PICK-UP TRUCKS
MVA-IFB-16-2345: ACQUISITION OF PASSENGER VAN
MVA-IFB-16-2346: ACQUISITION OF SPORT UTILITY VEHICLE

Closing Date: September 29, 2016 Time: 11:00 a.m.

Submit sealed proposals to: **Marianas Visitors Authority**
P.O. Box 500861 CK
Saipan, MP 96950

Interested parties may pick up the scope of work at the **Marianas Visitors Authority** office between 8:00 a.m. to 5:00 p.m., Monday to Friday, except holidays or by visiting the **MVA** website at www.mymarianas.com.

/S/ Gloria Cavanagh
MVA Acting Chair, Board of Directors

/S/ Christopher Concepcion
Managing Director

**PROCUREMENT AND SUPPLY
CNMI GOVERNMENT**

**INVITATION TO BID
ITB NO.: ITB16-HSEM-176**

SUBMISSION DATE: SEPTEMBER 21, 2016 TIME: 10:30 A.M.

“PURCHASE, DELIVER, INSTALLATION, TESTING AND TRAINING OF END USERS OF A NEW MULTIFUNCTION COLOR COPIER MACHINE FOR CNMI HSEMA TRAINING SECTION”

COPIES OF THE SPECIFICATIONS MAY BE PICKED-UP AT THE OFFICE OF THE DIRECTOR, DIVISION OF PROCUREMENT AND SUPPLY LOCATED AT THE FORMER EMERGENCY MANAGEMENT OFFICE, ASCENSION DRIVE, BUILDING NO. 1301, CAPITOL HILL, SAIPAN, DURING REGULAR WORKING HOURS.

THE COMMONWEALTH RESERVES THE RIGHT TO REJECT ANY AND ALL BIDS AND PROPOSALS, IN WHOLE OR IN PART, AND TO WAIVE ANY IMPERFECTION IN A BID IN THE BEST INTEREST OF THE COMMONWEALTH OF THE NORTHERN MARIANA ISLANDS. ALL BIDS SHALL BECOME THE PROPERTY OF THE CNMI GOVERNMENT.

/S/ GERALD J. DELEON GUERRERO
ACTING SPECIAL ASSISTANT FOR HSEM

/S/ HERMAN S. SABLAN
DIRECTOR, P&S

CEDS matrix available for public inspection

Gov. Ralph DLG. Torres and Lt. Gov. Victor B. Hocog, through the Office of the Secretary of Commerce, hereby give notice to the general public that the CNMI Department of Commerce has posted the ranking matrix that has been approved by the 2016-2021 Comprehensive Economic Development Strategy (CEDS) Commission for public inspection.

The matrix can be located on the CEDS dedicated website, at www.cnmiceds.com and via the CEDS link on www.commerce.gov.mp.

The CEDS Commission is comprised of public and private sector members appointed by the Office of the Governor to assess and rank public infrastructure projects on an objective basis.

"A critical component of the CEDS process is to ensure that the general public is aware and included in the process. While the Office of the Governor has recommended commission members, the intention of the commission is to be representative of the overall community. As such, our office must ensure

that the decisions made by the commission are consistent with what the general public agrees with. The approved matrix was developed after a series of deliberations and is comprised of a set of criteria that is reflective of what is critical to our community's economic development," said Commerce Secretary Mark Rabauliman.

Following the public inspection period, the listed projects will become available to the general public. The project listings are identified by local government agencies, including the

CNMI Department of Public Works, the CNMI Department of Lands and Natural Resources, the Commonwealth Health Center Corporation, the CNMI Public School System, all of the Mayor's offices, the Northern Marianas College, as well as other local agencies. The CEDS document is a federally funded initiative under the U.S. Department of Commerce's Economic Development Administration. The document must contain the project listings in order to

be considered for funding under the agency.

"While the project listings are primarily composed of public projects, we have added a link on the CEDS website for private citizens would like the commission to consider other project ideas. It should be noted, that as the CEDS documents is considered during the EDA funding process, privately held projects generally will not qualify

for grant funding through this agency, however we want to ensure that we do not overlook any ideas or projects," said Rabauliman.

In addition to posting the project matrix on the dedicated websites, the Department of Commerce is set to schedule public hearings the week of Sept. 12-16, 2016. Further details about public hearings will be posted on www.cnmiceds.com. (PR)

Filipinos on Saipan to join protest vs Marcos burial at heroes cemetery

Through the initiative of the U.S. Pinoys for Good Governance headed by its national chair Atty. Loida Nicolas Lewis, the global protest against burial of Philippines dictator Ferdinand E. Marcos at Libingan



Lamkin

There will be similar protests in New York, San Francisco, Los Angeles, Chicago, and other U.S. cities, Tokyo, Italy, France, Canada, and other countries on Sept. 7 from 12 noon to 1pm.

Ng Mga Bayani (heroes cemetery) will be held today, Sept. 7, 2016, from 5pm to 6pm at the San Jose Intersection, Beach Road.

This according to Dr. Celia Lamkin, chairperson of US-PGG CNMI, Guam, Hawaii, and American Samoa.

"Please wear white T-shirts. If you know of friends, relatives, classmates, or colleagues who were victims of Martial Law, please bring their photos. We will display those pictures during the global protest rally," said Lamkin. (PR)

NMTI receives clean audit for 2nd straight year

For the second consecutive year, the Northern Marianas Trades Institute has received a favorable audit opinion on its financial statements. An unqualified opinion means that the financial statements present fairly, in all material aspects, the financial position of NMTI as of Sept. 30, 2015, and conform to accounting principles issued for non-profit organizations.

According to NMTI chief executive officer Agnes M. McPhetres, the institute's independently prepared audit identified no material weaknesses, significant deficiencies, or material noncompliance with the trade school's financial statements.

"The other members of the NMTI board of directors join me in commending the staff for their excellent stewardship of the funds that are managed by the institute and



CONTRIBUTED PHOTO

From left, Northern Marianas Trades Institute chief executive officer Agnes M. McPhetres, board chair John Oliver Gonzales, and education director Vic Cepeda pose with the financial audit report prepared by Burger Comer Magliari.

for earning a clean bill of fiscal health from our auditors," said chair John Oliver Gonzales. A copy of NMTI's financial audit, prepared by Burger Comer Magliari (BCM), has been transmitted to the Office of the Public Auditor and policy makers throughout the

government.

Since coming on board as CEO in April 2014, McPhetres placed greater emphasis on accountability. McPhetres extensive background in academia was a huge welcome to the school as her ongoing initiative to

ward accountability is structured around steady growth. She says, "In order for the school to earn stakeholder confidence in the field of education, an organization must ensure funding sources that such an investment lays in great hands." (PR)

BIRTHDAY SHOUTOUT



CONTRIBUTED PHOTO

Happy 13th birthday goes out to Brinae Jessilyn. Wishing you all the best on your special day and many more to come. We love you. Greetings from your Kagman III family.

Flashback

A LOOK BACK AT PAST YEARS' HEADLINES

September 7, 2000

Church warns vs. easing of gun control

Bishop Tomas A. Camacho has cautioned Senate President Paul A. Manglona against the passage of a proposed measure that will ease the entry of handguns into the CNMI by allowing investors in resort developments to offer shooting practice and target ranges. In a letter to the Senate president, Bishop Camacho reminded the lawmaker not to compromise the safety of the people in order to boost the island's tourism economy. House Bill 12-212 will amend the existing Weapons Control Act in hopes to lure major developments of so-called "shooting resorts" that will provide to tourists non-traditional activities such as target ranges for rifle competition and skeet shooting with shotguns. He reminded the Senate president on the consequences of allowing exceptions to the gun control law which will most likely result in the court declaring it unconstitutional.

CPA plans gaming machines in airports

Efforts by the Commonwealth Ports Authority to increase non-aviation revenues by installing gaming machines in all three CNMI airports may suffer a setback due to existing prohibitions contained in its regulations and the Master Concession contract with Duty Free Shoppers. CPA Board Member Ray Cing said the agency may be able to push through with the plan to install gambling machines at the West Tinian International Airport through the island's Gaming Initiative, which paved the road

for the establishment of the Tinian Dynasty Hotel and Casino. However, CPA legal counsel Jose S. Dela Cruz said there would be a need for the ports authority to amend its existing rules and regulation because it prohibits the installation of any gaming device in any of the CNMI air transport facilities. If CPA is serious about its plan to install gaming machines at the airports to increase non-aviation revenues, then the Board of Directors and the management should start looking at amending the rules and regulations, Mr. Dela Cruz told a board meeting.

September 7, 2004

EOC downsizes manpower

The Emergency Operations Center may soon be deactivated once evacuees, who were displaced from their homes due to the onslaught of supertyphoon Chaba, vacate government shelters. Jenn Castro, the EOC's public information center, said the center has begun downsizing its manpower, sending back staff to their respective government agencies. As of yesterday, Castro said some 72 evacuees were staying at government shelters—19 at the Ada gymnasium on Saipan and 53 at the Rota Aging Center. She said evacuees would remain at the shelters indefinitely until their concerns are addressed. Many evacuees have damaged or flooded homes.

Stateless defended by Babauta anew

Gov. Juan N. Babauta is asking U.S. Attorney General John Ashcroft to withdraw from contesting the appellate court victory of so-called stateless persons in the CNMI in their quest for U.S. citizenship and attached statutory benefits. Babauta supported the cause of stateless persons, stressing that their political and immigration status unintentionally resulted from their birth in the Northern Marianas between Jan. 1, 1974 to Nov. 4, 1986—the intervening period between the adoption of

the Covenant and its ratification. The U.S. State Department has reportedly appealed the Ninth Circuit ruling to the U.S. Supreme Court. The State Department has been opposing the stateless persons' request for judicial declaration bestowing on them U.S. citizenship.

September 7, 2005

Hotel occupancy rate dips in Aug.

The average hotel room rate in the CNMI inched higher to nearly a hundred dollars in August, but the figure remains the second lowest average room rate in the last 14 years. Average room rate last month reached \$99.08, while the average occupancy rate slightly dipped to 71.77 percent compared with August 2004's 74.66 percent. The occupancy rate settled below the pre-1998 rates that peaked in 1995 at 91.87 percent. When compared with the monthly average room rates this year, the August average becomes the highest so far. The average room rate went as low as \$78.91 in June.

Senate amends election law provision

The Senate approved yesterday a bill that amends a provision in the election law to remove certain restrictions imposed on House candidates. The Senate passed Senate Bill 14-96, which aims to amend section 6303, Title 1 of the Commonwealth Code to remove the provision requiring candidates for a House seat to be "a registered voter and a resident of the election precinct where he or she is a candidate for at least two years immediately preceding the date of election." This came about after the Commonwealth Election Commission refused to certify the nomination of a precinct I candidate Rose Ada-Hocog of the Covenant Party for not meeting the requirements. The opposition candidate was reportedly not a registered voter during the 2003 midterm election.

BSI surprises CARE with \$200K donation



CONTRIBUTED PHOTO

Best Sunshine International, Ltd. Corporate Social Responsibility executive director Geri Dela Cruz presents the company's \$200,000 donation to Commonwealth Advocates for Recovery Efforts director Jenny Hegland, CARE treasurer John Hirsh, and facilitated by Gov. Ralph DLG Torres.

Best Sunshine International, Ltd. continues its work in helping improve community services, including providing assistance and other needs to organizations leading the recovery work in the aftermath of every disaster.

On Friday, Sept. 2, the

largest private sector employer in the CNMI donated \$200,000 to the Commonwealth Advocates for Recovery Efforts in support of its relief work.

Gov. Ralph DLG. Torres both was instrumental and stood witness in the fruition of

the donation. BSI Corporate Social Responsibility executive director Geralyn "Geri" Dela Cruz represented the company and was joined by her team as well as CARE director Jenny Hegland, who led her group in receiving the donation. (PR)



Best Sunshine CSR executive director Geri Dela Cruz reveals the amount of the donation by writing the amount on a replica check from Best Sunshine International as Hegland and the governor beams with excitement.

CARE director Hegland receives the check donated by Best Sunshine International.



UOG prepares future researchers through STEP-UP Program



CONTRIBUTED PHOTO

From left, University of Guam STEP-UP coordinator/Program coordinator IV Kristina Sayama, University of Hawaii/Pacific STEP-UP director Dr. George Hui, incoming senior at Okkodo High School Julianne Ballon, 2016 John F. Kennedy High School graduate Joshua Tingson, 2016 Simon Sanchez High School graduate Jeannelle Sabangan, NIH/NIDDK director of Minority Health Research Coordination Dr. Lawrence Agadoa, incoming senior at Okkodo High School Johann Castro, and from the UOG College of Natural & Applied Sciences mentor Dr. Timothy Righetti and mentor Dr. Jian Yang.

Four local high school students completed an eight-week summer internship at the University of Guam sponsored by the National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Disorders (NIH/NIDDK).

The Short-Term Research Experience for Underrepresented Persons (STEP-UP) program is a summer internship that provides high school and undergraduate students interested in exploring research careers the opportunity to work in a research facility to gain practical laboratory experiences under the supervision of a research mentor. In addition to gaining laboratory ex-

perience, students in this program also received a stipend, and a chance to attend the National STEP-UP Symposium at NIH in Bethesda, MD.

The four high school students are incoming senior at Okkodo High School Julianne Ballon, 2016 John F. Kennedy High School graduate Joshua Tingson, 2016 Simon Sanchez High School graduate Jeannelle Sabangan, and incoming senior at Okkodo High School Johann Castro.

The University of Guam has been a local collaborator with STEP-UP since 2003. Balon and Tingson represented Guam at the STEP UP National Symposium held in Bethesda, Maryland the first

week of August.

In the past, students who have participated in the STEP-UP program have gone on to enroll at the University of Guam and other institutions of higher learning. Last year, three of four high school students enrolled at UOG, and of the three, two have continued to pursue their research interests through the Building Infrastructure Leading to Diversity Enhancing Cross-disciplinary Infrastructure Training at Oregon (BUILD EXITO) grant.

This year, Sabangan and Tingson are enrolled at UOG, and Ballon and Castro plan on attending UOG next fall. (PR)



CARE director Jenny Hegland was moved to tears by Best Sunshine International's donation.



JOIN THE BSI FAMILY

CONTRIBUTED PHOTO

Over the Labor Day weekend, Best Sunshine International, Ltd.'s human resources team flew to Las Vegas to recruit potential employees from those in attendance of the 2016 Labor Day tournament. BSI is also a gold sponsor to the tournament, a widely popular stateside local event that has become a Labor Day weekend tradition for CNMI residents in the mainland United States. Seen in this photo, from left to right, are Jatanna Cabrera, assistant manager of HR recruitment; Bertha Leon Guerrero, vice president of HR; Maggie Attao, HR assistant director of talent acquisition; Sheena DLG Torres, team ISAO secretary and webmaster; James Sablan, 2016 Labor Day Tournament committee chairman and team ISAO coach, and Vanessa Schwartz, 6702 crew who assisted in fundraising activities for the event.

Opinion

Hafa Adail

Saipan Tribune

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Mailing Address: PMB 34, Box 10001, Saipan, MP, 96950

Jayvee L. Vallejera EDITOR
jayvee_vallejera@saipantribune.com

Mark Rabago ASSOCIATE EDITOR
mark_rabago@saipantribune.com

MEMBER

AP The Associated Press

Pacific Islands News Association

EDITORIAL

Donald Trump's immigration ideas are as bad as ever

After more than a week of conflicting accounts of Donald Trump's views on immigration, a period of confusion marked by words such as "softening," Trump made his intentions clear Wednesday. The line is as hard as ever, even if the policy is all over the place.

In the afternoon, Trump had a strange, subdued meeting with Mexican President Enrique Peña Nieto. At a joint appearance afterward, the Republican presidential candidate was positively demure, speaking of joint U.S.-Mexican endeavors to benefit the "hemisphere." By evening, he was back in Phoenix, giving a speech in full-nativist mode. He shouted out what he called a plan on immigration, but it wasn't actually a plan.

No matter what happens in November, the basic bargain of an immigration agreement remains unchanged: some form of increased security against illegal immigration along with a humane and economically rational dispensation for the millions of undocumented immigrant families who have been living and working in the U.S. for years. In terms of tone, Trump is all over the place, but he's consistent, at least, in refusing to engage with this reality.

His signature idea is still the wall — a "beautiful southern border wall." In fact, the wall is largely beside the point. The most effective place to cut illegal immigration is in the workplace, with a mandatory system of employer verification. Without that, if there's gainful employment to be had, strivers will find a way in. As for getting Mexico to pay for Trump's irrelevant wall, Peña Nieto rejected the idea out of hand — and with more credibility than his visitor could muster.

Trump also said he'd immediately deport 2 million criminal immigrants, without saying how he arrived at that large number or how they would be identified and rounded up. Other undocumented immigrants would have to leave and then apply for legal entry, he said. He promised an expanded "deportation task force" to make this stick — but he also said that some undocumented immigrants might, after all, be allowed to stay. It was unclear who, when or why.

Amid the confusion, Trump keeps piling on the distortion. "There is no paperwork," Trump said of Syrian refugees coming to the U.S., whose number he greatly exaggerated. In fact, the refugees go through an extensive vetting process. Ignoring years of public and private research, he said the government has no clue how many undocumented immigrants there really are: Maybe 30 million, he said, a figure many times debunked.

Immigration needs to be controlled, to be sure — even though the number of undocumented immigrants has declined since the Great Recession, and the number of illegal crossings has plummeted in recent years. Screening applicants for higher skills makes sense, too. The U.S. should debate that idea. But Trump's outlandish scare stories and fantasy promises are no help in framing a better policy.

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One Flew Over The Cuckoo's Nest

Mensahen Telefon Halaihai

Iusun telefon halaihai antes `nai machalapun infotmasion gi halum i seŋsoŋ siha. Este na modun komunikasion pisun konbetsasion sinisedi siha gi komunida.

Mattu lokue` mansañgan—ginen telefon halaihai—na guaha siha empleau administrasion, kontodu NMC yan membron lehisltura man-masuesueddu \$5,000 pesos gi mes kumu guatdian un` kompania guine. Siha este na empleau yan offisiat publiku galagun kompania ni pumupulan interest kompania sin konsiderasion gi sentimentun publiku.

Guaha direktamente manma`apapase mientras otu siha mana` esgin parentela `sino asagua yan chelu. Haf` ti u fan lalamlam talaŋgan niha achog nubladu i ha`ane.

Lastima i maliŋgun konsensian niha sa` esta bendidu anten niha ya mapega gi depositun un` kompania. Siempre u paguan este na malumot piot sa` para bai` mana`e lista haye este siha na mañelu-ta.

Yangin manresisibe hau, mauleg un` resigna offisiomu pa`gu. Sa` ya kumunanaf i ilu` huyuŋ ginen kantarun basula magpu` kontodu lisayun `las dose!

Maliŋgun Hagas Fandaŋgu

Buente pot maliŋgu petmanente hagas fandaŋgun natibu na ha gacha`yu` kulan ume`emahalaŋ ni hagas modun gupot umakamu`. Magahet na guaguan yan makat mina` matulaika dibuena-mente ni tautau-ta.

Konsidera para unna` fañochu kantidan tautau pot kasi tres semana. Piot ya mapatten ñaihon che`chu` peska, muŋgayu para i kusina yan hotnu, mapunu` ga`ga, che`chu kusineru, mahatsan fandaŋgeru, preparasion komplimentu, yan otu siha obligasion. Ayu `nai manmana`e tarehan niha i man-masegat siha na lalahe.

Lau i manadan cho`chu` yan tautau mina` fandaŋgu este na preparasion gi kasamentun dos tautau. Huŋgan guaguan na tiru kontra monedan familia. Pa`gu mapega guatu gi hotel. Taya` gimen estake togpuŋ. Gigon las dies gi pupueŋge kaikai hau para i gima`.

Sumen agradesiyun kinalamten todus para umana` felis fandaŋgun i nuebu na kasamentu.

Ineyag Katma yan Pas

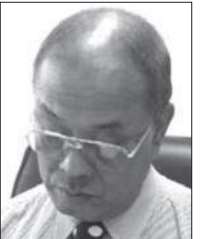
Hu soda` hagas lepbloghu pot espirituat, ineyag katma yan pas. Ilegña un` tinige` na i katman hanum gi sadog libianu un` espehus maisa hau. Magahet. `An un` chalegua` siempre lebug i hanum. Sige dispues hu pula` passun ineyag todus i tres: espirituat, katma yan pas.

Teŋga hu dandan suabe na sunidun pianu `sino gitata dispues mangagauyu` bendisionhu katma yan silensiu. Hu ayeg un` asuntu ginen tinayuyot katolisismo ya sige hu liliku`e gi plaset hinasoghu. Kulan pumasehuyu` gi haf` sustansian maseha patte gi tinaitai tat kumu Tatan Mame.

Mattuyu` gi nanan maŋgilisyanu as Santa Maria guihe na ora

By JOHN S. DELROSARIO JR.
Special to the Saipan Tribune

John DelRosario Jr. is a former publisher of the Saipan Tribune and a former secretary of the Department of Public Lands. All views expressed by the author are his/her own and do not necessarily reflect the opinion and stance of the Saipan Tribune.



`nai matutuhon makastiga i lahen Yuus. Desde botlu, matula`e, matanum kuronan tituka`, ma-aña `nai ha u`uma i makat kiluus. Makastiga sin umisau. Tattate si nanaña tutuhu` lagoña, mamaisa gi taduŋ pinitia, lau ni unu umufresi ayudu sino konsuelu.

Konsidera fan giya hagu mismu kau un` laŋgag lumi`e patgonmu ma-aminasa sino ma-aña pat makastiga? Todu i tiempu humalum sensian proteksion gi famaguonta. Dispues de todus, makana` gi kiluus estake matai. Manatunog ya mapega gi naftan halum achu`. Todu este na mattiru ha faposgue i nanan kilisyanu. Mamatkulu kulan kinilu. Mattu gi ha paŋgun konsensiaghu este na pinadesi gi nanata as Santa Maria.

Gi tinayuyothu pot katma, pas yan minesŋgun guiya `nai hu appepela-yu`. Gi hinasoghu todus i tiempu hu saluludague` gi finaisen bendisiona na u esgaihonyu` yan familiaghu katma gi halum todus mattiru. I kinilu na nanan maŋgilisyanu as Santa Maria.

Tinailaye Gi Otru

I para un` hasŋgune tumailayiye i otu pot mañan gulosu` yan aplacha` na intension hagu dispues un` hinegse. Haf` motibu na para un` nachatsaga i man-aŋgoghu na popble giya hagu? I talen pinadesi hagu mismu fumululun maisa ya` mas te`ug na pinadesi siempre un` finatoigue.

Lastima na finana` guen kilisyanu `nai ilegña i Sainata muŋga machogue gi otu haf` ti tiyamu na un` machogue mismu. Unna` fan sen chatsaga manadan tautau pot diskuidun gulosu `nai un` fataya` pinadesin niha.

Ennau na rekueddu pinegamu gi hatdin? Kau i namamahlau na bidamu premiun famaguon-mu ni kumatga minaipen tautau para siempre? Estague` siha che`chu` tailaye na higadu yan lala`et ni fumundu galaide`mu sin ditension. Puede un` dia un` soda` libianu-mu ginen metton na sinetsut gi Saina.

Nesessidat

Desde ke hu komprende tinagu` yan minalagu` i Saina tatnai chathinassu-yu` pot nesessidat petsonat kontodu ha`ani-hu. Gaige inaŋguhog-hu enteramenti gi tai hinekog na nina` siñaña

See MENSAHEN on Next Page

A nutrient to avoid

The nutrient is calcium, and you need to avoid it.

Calcium contributes to a broad spectrum of disease. These included hardening of the arteries, osteoporosis, arthritis, and can weaken your bones in the long run. I had a heart attack in 2014 and the culprit was calcium—not cholesterol.

You have probably never been told this. Most people believe that calcium is a good, necessary, nutrient—vital for strong bones and teeth. This is true, up to a point. Your bones and teeth are primarily calcium, but the real problem is “free” calcium.

Free calcium floats around in your bloodstream, looking for a place to stay. If it takes up residence in your joints, spine, brain, or coronary arteries, it can begin a cascade of nasty medical conditions.

According to a report in the *New York Times*, calcium can increase blood levels of a protein associated with a higher risk of cardiovascular disease.

“A study published in May 2012 showed that calcium supplements may increase risk of cardiovascular disease. This study tracked almost 24,000 Europeans and suggested (in a subgroup analysis) that people taking only calcium supplements were about twice as likely to have a heart attack.” (Source: <http://www.lifeextension.com/magazine>).

Milk can be beneficial

Newborn babies need mother’s milk, which is the perfect food for them. Mother’s milk contains all of the essential vitamins, minerals and enzymes a growing baby needs.

However, the baby does not need cow’s milk; cow’s milk is for calves, not humans. Anyone who drinks cow’s milk—regardless if it’s fortified, pasteurized, or enriched with Vitamin D—is taking a risk. You don’t need it, because—over time—it can do more harm than good.

Many people develop arthritis, osteoporosis, or coronary plaque. They are generally unaware of the connection between calcium (usually in the form of dairy products, such as milk and cheese) and the health problems it can cause.

That is why it is important to cut out all dairy products—with one exception: grass-fed butter (Anchor brand). It’s foolish to drink milk and it is especially dangerous to take calcium supplements, or even antacid tablets, which are calcium carbonate (chalk). Each little antacid wafer contains 500mg of calcium. This, according to some scientific research, is the daily requirement for calcium.

If you are drinking milk or taking calcium supplements, you are voluntarily putting yourself in harm’s way. Nor should you add milk to coffee or tea.

More about calcium

Because calcium is usually in the soil in which vegetables are grown, there are a lot of “healthy” foods with high calcium content.

These foods include broccoli, spinach, collard greens, mustard greens, bok choy; and other foods, such as tofu, sardines, and

most cheeses.

And yet, your body needs calcium, so eating broccoli and spinach is good for you. You’re not getting a whopping amount of calcium; usually fewer than 100mgs per serving. This is a good amount; you need no more.

Some good news

One essential nutrient you need every day is magnesium.

The trouble is, many people take calcium supplements, but neglect to take supplemental magnesium, which is essential for the absorption of calcium. Your body needs magnesium, and few individuals get enough (1000mg per day).

That is why supplemental magnesium is so important, because it’s nearly impossible to get 1,000mg per day from dietary sources. As a result, many people—especially women—have way too much calcium in their bodies and almost no magnesium. This is a health risk. Magnesium supplements are widely available and are inexpensive. Think of magnesium as “health insurance in a bottle.”

More good news

There is a little-known nutrient, vitamin K2. It is something you should know about, even if your milk-drinking days are over.

You have probably never heard of vitamin K2, and your doctor is probably unaware of it also.

Vitamin K2 has the fantastic ability to seek out “free” calcium—from coronary arteries, from joints, from the spine, and the brain—and to redirect it into the bones and teeth, where it is needed.

If you have arthritis, osteoporosis, or clogged coronary arteries, taking vitamin K2, along with vitamin D3, will help to reverse these conditions.

It won’t happen overnight, however. It may take months for the K2 to clear the calcium out of your system and to put it where it belongs.

What can you expect from taking 100 micrograms of vitamin K2 every day?

“26 percent reduction in all-cause mortality; 52 percent reduction in severe aortic calcification; and, 57 percent reduction in coronary artery disease.” (Source: [Lifeextension.com](http://www.lifeextension.com))

“The ability of vitamin K2 to activate calcium-regulating proteins, and thus maintain bone density and inhibit calcification is undisputed; yet the majority of aging Americans do not supplement with vitamin K2. This is slowly changing as word spreads

LETTER TO THE EDITOR

New political status commission

Just recently House Bill 19-2, introduced by Rep. Felicidad Ogumoro, was signed into law by Gov. Ralph DLG Torres. HB 19-2 is now Public Law 19-63.

I sense a political and foreign policy problems here. We think back to our first political status commission, how it was organized, where did we go to get the authority to organized that body, how was the membership selected, who were instrumental in convincing the Americans to entertain our aspirations, who did we enlist to support us in our status venture, etc. Did we spend any money, and if so, how much and who gave us money?

In our first political status move, we convinced the Congress of Micronesia to allow us to seek our own political status. Then we convinced the Americans to entertain our proposal, then we went around looking for an attorney or law firm which we could afford. We even went to the U.N. Trusteeship Council to plead our case. Yes, the Trusteeship Council said. You have sovereignty. You could talk to the U.S. on your aspiration. And the U.S. agreed to that. What we did not know then was that we should have not given away our sovereignty. That was the one great mistake we made.

Many of us younger citizens feel that way too. Our one big issue now is without our sovereignty, which is being possessed by the U.S., how far could we go in our political venture? Without our sovereignty, we could only exist in the shadow of the U.S. Like I mentioned before, sovereignty is our soul. It is the soul of our government. The power to govern ourselves. It is the unifier of the community, the ray of light of our culture and tradition, created by our ancestors, the indigenous Chamorro, Refaluasch, and Chamolinians. We are their extensions. So now I ask, how long is this proposed political negotiation going to last? What choice of political status are there to be selected? Are we looking at changing our Covenant, which we mutually accepted with the U.S.? Why do we want to change it? Is it to get back our sovereignty, and more? I would like to know, for myself at least, what are we going to tell U.S. Congress about our desire to make changes with the Covenant? If U.S. Congress responds that the Covenant was good and mutually acceptable then, what is deficient now? Can we go independent? No, we can’t. How are we going to support ourselves and our government, the

By RUSS MASON, M.S.

Special to the Saipan Tribune



Russ Mason, M.S., wrote for a medical journal, “Alternative & Complementary Therapies,” for eight years. He interviewed dozens of doctors who had much to share about unconventional treatment options. These included Tibetan medicine, Chinese medicine, botanicals, and treating stroke victims with hyperbaric oxygen.

about the critical importance of this overlooked nutrient.

“Regrettably, belief about the benefits of calcium in protecting against osteoporosis has been widespread for over 30 years, and the result is that aging women have been gobbling down large potencies of calcium supplements without concurrently taking magnesium, vitamin D, and vitamin K2.

“Therefore, it is not surprising for a study to show higher rates of heart attacks and stroke in those using calcium supplements without also taking magnesium, vitamin D, and vitamin K2.” (Source: [Lifeextension.com](http://www.lifeextension.com))

Vitamin D

Vitamin D can be taken in two ways. The best way is to sit in the hot sun for 15 minutes every other day, exposing as much skin as possible. The cholesterol sulfate in your skin makes vitamin D, and this is extremely beneficial.

Another way is to take vitamin D3 gel-caps, 5,000iu’s.

Because vitamin D is a fat-soluble vitamin, it need not be taken every day. If you take one 5,000iu’s gel-cap once a week, this is an appropriate dose. That is because this nutrient breaks down slowly (compared with vitamins C and B, which are water-soluble and are gone within hours).

In sum: cut way back on your intake of calcium. Be sure to supplement with magnesium (1,000mg per day); take vitamin K2 (100mcg – micrograms) daily; and be sure to get enough vitamin D (either by direct sunlight or by the D3 gel-caps).

If you can do this, you will significantly cut your risk of heart attack, osteoporosis, arthritis, and other calcium-related diseases. It’s well worth the effort.

monetary system, the international trade idea? How are we going to manage ourselves internationally? What international or regional organization are we capable of joining? We have zero experience. There was an international economic crisis, and the investors and garment factories suddenly moved out, along with a lot of our revenue generator—the poker games. We just stood here with “our mouth open.” What was happening? Our economy went zilch.

Best Sunshine, now, alone cannot carry us. Even though we are very small entities—Saipan 8 by 14 at low tide, Tinian is smaller, and Rota even smaller. Northern Islands, there’s nobody there. Only public land. So we only have a mayor of public lands, no human constituents. And he wants money from the tourist industry. For what? Is the Northern Islands generating money for the CNMI coffers? Rota, yes. Tinian, yes, and us, Saipan. Northern Islands municipality? That’s one entity we should abolish via initiative. To gather up our money, we should start abolishing boards and commissions and divisions and departments.

Public Law 19-63, the second political status commission is going to be very expensive. Members have to be paid, travel has to be paid, per diem has to be paid, staff have to be paid, office expenses have to be paid, vehicle fuel has to be paid, office automation has to be dealt with copier, copy paper, communication equipment such as microphones, recording machines, other ancillaries and office supporting machines, etc. Where are the negotiating members going to study the types governments—Guam, Samoa, Cook Island, Gilbert (Kiribati) Island, Puerto Rico, Fiji, Western Samoa, Tahiti, Vanuatu, Nauru, etc. Is the commission going to get legal and other types of help like political science emeritus, hire a law firm, or just one or two attorneys? University of Hawaii? East-West Center, University of Guam, Australia?

At this point, I am not aware of anyone being considered for commission membership. So, I am recommending several sharp guys. Jack S. Torres, Bill S. Torres, Pete Dela Cruz, Attorney Jose S. Dela Cruz, Attorney Robert T. Torres, former speaker Oscar C. Rasa, former speaker Ben N. Santos, Danny O. Quitugua, Diego T. Benavente, Luis A. Benavente, Pete A. Tenorio, Ike Quichocho. These are the people I am familiar with. There are, of course, some others who are equally sharp but that I feel that their jobs need them more. Just a guess. These are people who show good experience and ability that I have worked with and have observed. I do hope they are picked up when the time comes to pick up members. Congresswoman Ogumoro, I present you these citizens, sharp and educated.

Rudy M. Sablan

Garapan

MENSAHEN

From Page 10

yan yine`ase`ña. Diariu hu fafaisan ayuduña yan kanaiña para u pipetyu` `an ha totpetu` chinatsaga.

Guiya este hu sasañgan pot espirituat—hineñge—giya guiya. Sumen taglayu` na amku` mina presisu na u guaha inadahe diariu gi todú asuntun ni un` petsige. Dies na halige pinegaña (Dies Na Tinagu` Yuus) `nai hafa chalane hit propiu katsada para ta tatiye. Ti un` basnag sino faliñgu.

Hu mente este na asuntun espirituat pot para tapan hita umatan dinuebu todú modun karerata yan pot sa` hafa na debi un` yute añklan ha`animu espirituat pot para un` asegura na ti malagu galaide`mu esta i hiyuñg rubentason.

Luserun Ha`animu: I usun luseru (pution sankatan) ala kuenta guiya i fiet na konsensiamu. Todú i tiempu tunas na chalan un` finanu`e gi katkuet ora. I usuña kompasu diariu. Yangin un` tatiye siempre todú i tiempu un` fattu gi chimu felis. Gigin un` kontra, kase abag hau dispues.

Mauleg un` pasensia yan katma gi todú kinalamtenmu. Nina`e hau tiempu lumi`e asuntomu klaru antes de un` mueba hau. Poresu na hu sosoyu` todus na in` atetuye pinasensia yan katma pot para u guaha mas inadahe gi todú in` petsige.

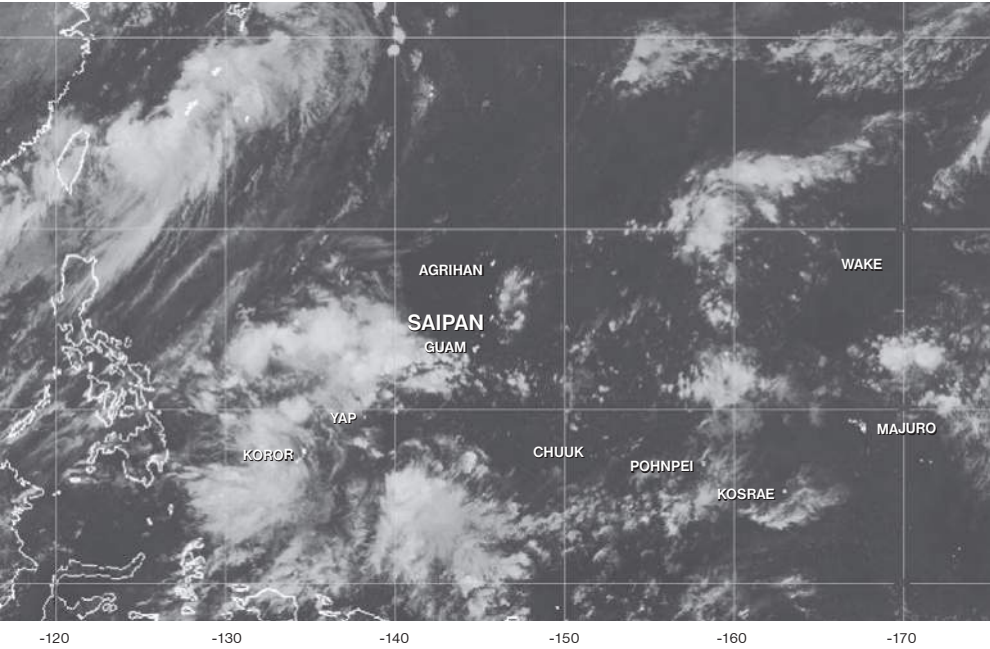
Klarifikasion: Guaha bumatbaruye na muñga matola`e asuntun finatai. Dinanche! Lau dispues ha panag adeñña halum gi pachotña `nai mafa` segni i defuntu gobietnu na guiya managu` para umadispacha i \$400,000 guatu gi kompanian familiar Biktot Hokog. Fan gai mamahlau ni prohimu. Apmam de humame machochu` yan i defuntu ya taya` mas sattun gi tinatiyen lai pot fondun publiku ke guiya mismu. Hu sen agradesi tiempota na dos ñao. Deskansa gi pas yan trañkilitat gi lañget i Saina.

The Weather

5-DAY FORECAST FOR SAIPAN AND TINIAN

TODAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Partly sunny with isolated showers and thunderstorms. Light and variable winds.	Partly cloudy with isolated showers.	Partly cloudy with isolated showers.	Partly cloudy with isolated showers.	Partly cloudy with isolated showers.
▲ 89° ▼ 79°	▲ 89° ▼ 79°	▲ 89° ▼ 79°	▲ 89° ▼ 79°	▲ 89° ▼ 79°

YESTERDAY'S SATELLITE IMAGE



PICTURE TIME: 4:28 AM, TUESDAY, SEPTEMBER 6, 2016
Western North Pacific between equator and 25N from 130E to 180.

A quiet morning in the Marianas, with isolated light showers and moderate northeast winds. Satellite shows next to no deep convection between 10N and 20N from 140E to 150E. Seas remain at 3-4 ft. Refreshed the winds from the GFS, resulting in slightly lighter winds the next few days as an elongated 5 kt circulation develops in the area Wednesday, then opens up again by Friday. Moisture and instability favor maintaining isolated showers and thunderstorms through Friday while keeping on eye out for any local outbreaks of convection. Light winds may result in island thunder for Guam Thu-Sat afternoons, but mid-level moisture will be marginal.

Satellite image and accompanying information are provided by the National Weather Service. For an updated weather forecast, visit the National Weather Service Guam homepage: www.prh.noaa.gov/guam/

MICRONESIA ▼ ▲		
Guam and Rota	Mostly cloudy	81 / 87 °F
Palau	Partly sunny	82 / 88 °F
Yap	Morning clouds	78 / 88 °F
Chuuk	Afternoon clouds	80 / 87 °F
Pohnpei	Morning clouds	76 / 88 °F
Kosrae	Partly cloudy	82 / 87 °F
Majuro	Mostly cloudy	83 / 86 °F

AROUND THE GLOBE ▼ ▲		
Auckland	Partly sunny	50 / 58 °F
Beijing	Morning clouds	68 / 91 °F
Hong Kong	Mostly cloudy	78 / 83 °F
Honolulu	Mostly sunny	73 / 83 °F
London	Partly cloudy	62 / 82 °F
Los Angeles	Mostly sunny	60 / 82 °F
Manila	Partly sunny	81 / 92 °F
Melbourne	Mostly sunny	51 / 68 °F
Miami	Partly sunny	79 / 86 °F
New York	Partly sunny	72 / 85 °F
Osaka	Mostly cloudy	76 / 86 °F
Paris	Sunny	58 / 82 °F
Pusan	Partly cloudy	73 / 87 °F
Rome	Afternoon clouds	66 / 85 °F
Salem	Morning clouds	53 / 74 °F
San Francisco	Sunny	57 / 73 °F
Seoul	Partly cloudy	65 / 85 °F
Tokyo	Mostly cloudy	77 / 86 °F
Washington, DC	Partly sunny	68 / 89 °F

NMI CRIME STOPPERS

Anonymous tips can now be submitted through the following:

- Call 234-7272 (PAPA) on any telephone
- *11 on any IT&E cellular phone
- Log on to the internet at www.nmicrimestoppers.com

TIDES: SAIPAN HARBOR TODAY		
5:26 AM	LOW TIDE	0.39 Feet
11:32 AM	HIGH TIDE	1.57 Feet
5:31 PM	LOW TIDE	0.84 Feet
11:05 PM	HIGH TIDE	1.68 Feet

SUNRISE / SUNSET		
Today	6:05 AM	6:25 PM
Thursday	6:05 AM	6:24 PM
Friday	6:05 AM	6:23 PM
Saturday	6:05 AM	6:22 PM
Sunday	6:05 AM	6:22 PM

MOONRISE / MOONSET		
Today	10:32 AM	10:23 PM
Thursday	11:20 AM	11:06 PM
Friday	12:09 PM	11:51 PM
Saturday	12:58 PM	-
Sunday	1:48 PM	12:39 AM

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FLIGHT SCHEDULE AS OF AUGUST 10, 2016

DEPARTURES				ARRIVALS			
SAIPAN-GUAM (GUM)				GUAM (GUM)-SAIPAN			
UA2924	4:15am	5:05am	Daily	UA2923	2:45am	3:35am	Daily
UA2922	8:40am	9:30am	Daily	UA2925	7:15am	8:05am	Daily
UA2921	1:30pm	3:10pm	1, 4, 5, 7 via Rota	UA2921	12:10pm	1:00pm	1, 4, 5, 7
UA2920	2:20pm	3:10pm	2, 3, 6	UA2920	12:10pm	1:50pm	2, 3, 6 via Rota
UA2928	6:05pm	6:55pm	Daily	UA2927	4:45pm	5:35pm	Daily
UA2926	9:50pm	10:40pm	Daily	UA2929	8:30pm	9:20pm	Daily
SAIPAN-ROTA (ROP)				GUAM (GUM)-ROTA (ROP)			
UA2921	1:30pm	2:05pm	1, 4, 5, 7	UA2920	12:10pm	12:45pm	2, 3, 6
ROTA (ROP)-GUAM (GUM)				ROTA (ROP)-SAIPAN			
UA2921	2:35pm	3:10pm	1, 4, 5, 7	UA2920	1:15pm	1:50pm	2, 3, 6
SAIPAN-NARITA (NRT)				NARITA (NRT)-SAIPAN			
DL297	4:20pm	7:00pm	Daily	DL298	10:30am	3:05pm	Daily
SAIPAN-SEOUL (ICN)				SEOUL (ICN)-SAIPAN			
OZ626	2:20am	6:00am	1	LJ651	7:30am	1:10pm	Daily
OZ626	2:50am	6:30am	2, 3, 4, 5, 6, 7	7C3402	9:30am	3:00pm	Daily
7C3403	4:45am	8:30am	Daily	OZ6053	10:35am	4:05pm	4, 7
LJ652	2:10pm	6:05pm	Daily	OZ625	7:40pm	1:10am+1	7
7C3401	4:00pm	7:45pm	Daily	OZ625	8:15pm	1:45am+1	1, 2, 3, 4, 5, 6
OZ6063	5:15pm	8:35pm	4, 7	7C3404	10:10pm	3:40am+1	Daily
SAIPAN-BUSAN (PUS)				BUSAN (PUS)-SAIPAN			
OZ608	3:10am	6:20am	4, 7	OZ607	9:05pm	1:55am+1	3, 6
SAIPAN-SHANGHAI (PVG)				SHANGHAI (PVG)-SAIPAN			
3U8648	6:10am	8:40am	1, 4, 5, 7	3U8647	10:40pm	5:00am+1	3, 4, 6, 7
SAIPAN-BEIJING (PEK)				BEIJING (PEK)-SAIPAN			
MU764	1:30am	6:35am	3, 5, 7	MU763	4:40pm	12:30am+1	2, 4, 6
SAIPAN-GUANGZHOU (CAN)				GUANGZHOU (CAN)-SAIPAN			
3U8646	4:20am	7:30am	2, 6	3U8645	7:40pm	3:00am+1	1, 5
SAIPAN-MANILA (MNL)				MANILA (MNL)-SAIPAN			
OZ626/701	2:20am	11:05am	1 via ICN	UA190/2927	9:55am	5:35pm	2, 3, 6, 7 via GUM
OZ626/701	2:50am	11:05am	2, 3, 4, 5, 6, 7 via ICN	OZ702/625	12:15pm	1:10am+1	7 via ICN
UA2924/191	4:15am	8:55am	2, 3, 6, 7 via GUM	OZ702/625	12:15pm	1:45am+1	1, 2, 3, 4, 5, 6 via ICN
UA2924/PR111	4:15am	9:15am	Daily via GUM	PR1571	9:20pm	3:35am+1	3, 7
PR1572	4:35am	6:45am	1, 4	UA192/2925	9:45pm	8:05am+1	2, 5 via ROR-GUM
UA2921/183	1:30pm	8:50pm	5 via Rota-GUM	PR110/UA2925	10:05pm	8:05am+1	Daily via GUM
UA2921/183	1:30pm	9:10pm	1, 4, 7 via Rota-GUM	UA184/2925	10:25pm	8:05am+1	1, 3, 4, 6, 7 via GUM
UA2921/193	1:30pm	10:35pm	5 via Rota-GUM-ROR	UA184/2925	11:30pm	8:05am+1	2, 5 via GUM
UA2920/183	2:20pm	8:50pm	2 via GUM				
UA2920/183	2:20pm	9:10pm	3, 6 via GUM				
UA2920/193	2:20pm	10:35pm	2 via GUM-ROR				
SAIPAN-HONG KONG (HKG)				HONG KONG (HKG)-SAIPAN			
HX077	2:00am	5:00am	1, 4	OZ722/625	1:10pm	1:10am+1	7 via ICN
OZ626/721	2:20am	11:50am	1 via ICN	OZ722/625	1:10pm	1:45am+1	1, 2, 3, 4, 5, 6 via ICN
OZ626/721	2:50am	11:50am	2, 3, 4, 5, 6, 7 via ICN	HX076	5:30pm	12:30am+1	3, 7
UA2921/159	1:30pm	9:55pm	1, 5 via Rota-GUM	UA116/2925	9:55pm	8:05am+1	1, 3, 5, 6 via GUM
UA2920/159	2:20pm	9:55pm	3, 6 via GUM				

LEGEND: Days: Monday (1), Tuesday (2), Wednesday (3), Thursday (4), Friday (5), Saturday (6) and Sunday (7); 3U: Sichuan Airlines; MU: China Eastern; UA: United Airlines; DL: Delta Airlines; OZ: Asiana; 7C: Jeju Air; HX: Hong Kong Airlines; LJ: Jin Air; ETD: Estimated Time of Departure;ETA: Estimated Time of Arrival. The Saipan Tribune is not responsible for any changes in the schedule.)

STAR MARIANAS AIR, INC.																	
TINIAN TO SAIPAN			6:30PM 6:30PM			6:45PM 6:45PM			Daily Daily			6:00PM 6:15PM			Daily		
DEPARTURE	ARRIVAL	FREQUENCY	SAIPAN TO TINIAN						SAIPAN TO ROTA								
6:30AM	6:45AM	Mon, Tue, Wed, Thu, Fri, Sat	DEPARTURE	ARRIVAL	FREQUENCY	DEPARTURE	ARRIVAL	FREQUENCY	DEPARTURE	ARRIVAL	FREQUENCY	DEPARTURE	ARRIVAL	FREQUENCY			
7:30AM	7:45AM	Daily	7:00AM	7:15AM	Daily	7:45AM	8:15AM	Mon, Tues,Wed, Thu, Fri, Sat	7:45AM	8:15AM	Mon, Tues,Wed, Thu, Fri, Sat						
8:30AM	8:45AM	Daily	8:00AM	8:15AM	Daily	9:00AM	9:15AM	Daily	4:00PM	4:30PM	Mon, Tues,Wed, Thu, Fri, Sat						
9:30AM	9:45AM	Daily	9:00AM	9:15AM	Daily	10:00AM	10:15AM	Daily									
10:30AM	10:45AM	Daily	10:00AM	10:15AM	Daily	11:00AM	11:15AM	Daily									
11:30AM	11:45AM	Daily	11:00AM	11:15AM	Daily	12:00NN	12:15NN	Daily									
12:30NN	12:45NN	Daily	12:00NN	12:15NN	Daily	1:00PM	1:15PM	Daily									
1:30PM	1:45PM	Daily	1:00PM	1:15PM	Daily	2:00PM	2:15PM	Daily									
2:30PM	2:45PM	Daily	2:00PM	2:15PM	Daily	3:00PM	3:15PM	Daily									
3:30PM	3:45PM	Daily	3:00PM	3:15PM	Daily	4:00PM	4:15PM	Daily									
4:30PM	4:45PM	Daily	4:00PM	4:15PM	Daily	5:00PM	5:15PM	Daily									
5:30PM	5:45PM	Daily	5:00PM	5:15PM	Daily												

AT INTERNATIONAL COMMUNICATION CONFERENCE

5 recent UOG alumni present undergraduate research

Five recent alumni from the University of Guam Communication program presented their undergraduate research at the 11th Biennial Convention of the Pacific and Asian Communication Association held this summer at the Universiti Putra Malaysia located near Putrajaya, Malaysia.

John Mugol, Jenika Ballesta, Mariah Ramos, Ashley Sablan, and Alissa Eclavea were among the only undergraduates to present at the conference attended by Asia's most prominent Communication faculty, graduate students, researchers, and professionals.

"It was really fun and a good experience," said Ballesta. "It gave me an opportunity to showcase my research at an international conference with people from different professions."

Ballesta, whose research was based on her capstone project titled *Assessing Fake People: A Study of Online Identities and Offline Relationships*, won an award worth \$300 for her oral presentation.

Dr. Lilnabeth Somera, associate professor of communication, also won an



award—the Excellent Oral Presentation Award—for her oral presentation of recent

alumni Quenie Balagot's research paper titled *Nomophobia: The Relationship*

Between Mobile Phone Use and Academic Performance. Balagot was unable to attend

CONTRIBUTED PHOTO
From left, Alissa Eclavea, Dr. Lilnabeth Somera, John Mugol, Mariah Ramos, Jenika Ballesta, and Ashley Sablan take a photo during the opening ceremonies of the 11th Biennial Convention of the Pacific and Asian Communication Association at the Universiti Putra Malaysia near Putrajaya, Malaysia on July 21.

the conference, and Somera presented on her behalf.

Somera, who for the last few years has taken her communication students to off-island conferences, believes it's important for students to not only present their undergraduate research—based on their senior capstone projects—but also network and connect with others in their field of study from around the world.

"For the students, it broadens their view of the field," she said. "It provides an opportunity for cross-national collaborations and makes the students go beyond writing a paper and getting a grade."

For more information on the Communication program at the University of Guam, visit www.uog.edu. (PR)

'Time is right' to boost capacity in Pacific Ocean forecasting

NADI, Fiji—Weather forecasters, hydrographers, oceanographers, fisheries officers, and maritime safety experts from around the Pacific region have gathered in Nadi, Fiji last Monday to take part in a week-long training to boost understanding, monitoring and forecasting of oceans and tides.

First Secretary of the Australian High Commission in Suva, Raymond Bojczuk opened the training, which is jointly organized by the Pacific Community and the Australian Bureau of Meteorology under the Climate and Oceans Support Programme in the Pacific.

"The timing is right to boost regional capacity to monitor and forecast ocean conditions," Bojczuk noted, recognizing the severe wave

damage many coastal communities in Fiji experienced during Tropical Cyclone Winston and the numerous inundation events that have threatened low-lying atolls across the region in recent years.

According to meteorologists and oceanographers present at the workshop, strong El Niño conditions contributed to many of the ocean and climate extremes experienced in the Pacific in 2015 and early 2016.

An El Niño occurs when ocean temperatures in the central and eastern tropical Pacific Ocean become warmer than average, and this causes changes in the prevailing trade winds.

El Niño conditions typically last for about a year and are associated with noticeable changes in rainfall, sea

level, and the frequency and severity of tropical cyclones.

"For a region that is 98 percent ocean, we have surprisingly little ocean data," said Bojczuk. "I can proudly say, however, that Australia has supported one of the most long-standing, high quality ocean monitoring systems in the region—the Pacific Sea Level Monitoring Project."

A key component of COSPPac, the Pacific Sea Level Monitoring Project, is a network of 14 tide gauges across the region, providing continuous data on temperature, tides, and weather for more than 20 years.

The real-time data from this project is openly accessible online on the newly developed COSPPac Ocean Portal.

"The Ocean Portal also serves up near real-time Pa-

cific Ocean data such as sea surface temperature, wave forecasts, surface current forecasts, coral bleaching alerts, and seasonal sea level variations as user-friendly maps and graphics," SPC's manager of Oceans and Coastal Geoscience, Jens Kruger, said.

This information can be very useful to any public or private sector organization that interacts with the ocean, including shipping, fisheries, tourism, disaster management, conservation, and coastal infrastructure development.

"Now that this information is available, it is our duty to ensure the right people know how to access and apply it to improve our preparation and resilience in the face of extreme events," Kruger said. (PR)

Wallis and Futuna scaling up action on NCDs

MATA-UTU, Wallis and Futuna—To stem the non-communicable diseases crisis in Wallis and Futuna, community leaders have committed to declare public community areas smoke-free and to cultivate gardens to promote consumption of healthy local foods.

They will also exclude sugar-sweetened beverages and alcohol from community gatherings.

These are among the outcomes of the first-ever joint mission to Wallis and Futuna by the Pacific Community and World Health Organization, to support the national Health Agency in its efforts to scale-up action on NCDs.

Over 42 percent of adults in the territory use the leading cause of preventable death, tobacco, on a daily basis, while the "silent killer"—hypertension—also affects more than 34 percent of adults (the second highest rate in the Pacific).

The mission by SPC and WHO, which concluded last week, centred on building support for a multi-sectoral approach to addressing NCDs, and raising awareness of NCDs and prevention measures in both French and Wallisian to participants, including political and traditional leaders, and community members.

There was resounding support from participants for political leaders to take policy-level action to combat NCDs. "Our community leaders

and parents are role models for our youth and children. It is our responsibility to make sure we set good examples for them and help them to have healthy futures. This is why it is time to take action to prevent NCDs," chief of Vaitupu in Hihifo, Vahai Tuulaki, said.

SPC and WHO made recommendations to Wallis and Futuna, which include establishing a multi-sectoral NCD committee to coordinate and facilitate actions; developing a national NCD action plan with defined activities, as well as the roles and responsibilities of committee members.

They also recommended developing tobacco control legislation which includes prohibiting sales of tobacco to minors, establishing smoke-free settings, packaging and labeling requirements to warn people of the dangers of using tobacco products; and the strengthening of NCD surveillance to continue monitoring the burden of NCDs as well as to measure the impact of NCD prevention actions.

In April, SPC's Non-Communicable Diseases Officer, Solène Bertrand-Protat, assisted the national Health Agency's Prevention Services Team with a stocktake of NCD prevention programmes and services.

Wallis and Futuna then sent representatives to the Pacific NCD Summit in Tonga to exchange knowledge and ideas. (PR)

PA Memos for Marine Corps Realignment Project starts

PITI, Guam—Naval Facilities Engineering Command Marianas announces the start of a 45-day public comment phase for a Programmatic Agreement Memo associated with Marine Corps Realignment projects on Guam. PA Memos provide an opportunity for interested members of the public to participate in the Section 106 consultation process required under the

National Historic Preservation Act.

Public comments will be accepted through Oct. 15, 2016 (Chamorro Standard Time) for PA Memo #2 (Revised): J-755 Urban Combat Training Project Design Studies (Formerly Andersen South Future Defense Policy Review Initiative (DPRI) Project Design Studies).

Interested members of the

community may submit comments to criwebcomment@navy.mil. Hard copy comments may be submitted to the State Historic Preservation Officer (SHPO) at the Guam Historic Resources Division Office, 490 Chalan Palasyo, Agaña Heights.

PA Memo #2 (Revised) proposes to conduct geotechnical and topographic surveys to support project

design efforts for the future J-755 Urban Combat Training area within the bounds of Andersen South. This revised PA Memo replaces a prior version of PA Memo #2 dated Oct. 10, 2013, and includes an additional area for design studies, which includes communication utilities within existing corridors that were not included in the previous version. (PR)

Business

China promises cooperation on steel at global summit

HANGZHOU, China (AP)—China agreed to cooperate more closely with its trading partners on its politically volatile steel exports as leaders of major economies ended a summit Monday with a forceful endorsement of free trade and a crowded agenda that included the Koreans, Syria and refugees.

In a joint statement, Chinese President Xi Jinping, U.S. President Barack Obama and the leaders of Britain, Japan, Russia and other Group of 20 nations pledged to boost sluggish global growth by promoting innovation.

“The global recovery lacks momentum,” Xi told reporters after the meeting. “We need to do more to unlock the potential for medium and long-term growth.”

There was no mention of a global stimulus or other joint action, which officials said earlier was unworkable because economic conditions vary widely from country to country.

In an effort to shore up public support for trade, the leaders promised “inclusive growth” to spread the benefits



Chinese President Xi Jinping, right, and Japanese Prime Minister Shinzo Abe shake hands before their bilateral meeting, on the sideline of the G-20 Summit in Hangzhou, China, Monday, Sept. 5, 2016.

to people who have been left behind by wrenching change. That reflects a recognition that economic strains are fueling political tensions and a growing clamor to raise barriers against foreign competition.

The statement expressed

“opposition to protectionism on trade and investment in all its forms.”

The governments pledged to avoid devaluing their currencies to boost exports. They called for cooperation to reduce tax avoidance. They ap-

pealed for stepped up aid for surging global numbers of refugees and their host countries.

Chinese leaders hope the two-day meeting will increase their influence in managing the global economy.

They want the G-20, cre-

ated to respond to the 2008 financial crisis, to take on a longer-term role promoting trade and economic growth. The joint statement reflected that ambition by calling it the “premier forum” for economic cooperation.

Beijing made trade a theme of the gathering in this lakeside city southwest of Shanghai but faces complaints that a flood of low-cost Chinese steel into global markets threatens U.S. and European jobs, propelling the rise of political movements that promise to curb trade.

The joint statement calls for formation of a steel forum under the Organization for Economic Cooperation and Development to study excess production capacity.

In a concession to Beijing, the statement doesn’t mention China by name and says excess steel capacity is a global issue. However, U.S. and European officials say the vast Chinese state-owned industry, which accounts for half of worldwide output, is the root of the problem. Washington has hiked import duties by up to 500 percent on Chinese steel to offset what it says are improper subsidies.

Beijing promised in January to reduce steel production capacity by 100 to 150 million tons by 2020. But that is half of China’s estimated excess capacity of 300 million tons, so deeper cuts would be required to bring it in line with demand.

“The market is distorted by subsidies and other support measures, and that is the fundamental problem,” said Japanese Prime Minister Shinzo Abe, according to broadcaster NHK.

The president of the European Union’s governing body, Jean-Claude Juncker, called Sunday for the G-20 to take action on steel. He said the trade bloc will look at Beijing’s response when deciding whether to grant China market economy status, which would make it harder to bring anti-dumping cases.

The steel forum could help to ease strains with Beijing’s trading partners, said economist Rajiv Biswas of IHS.

“It may help to reassure countries about tangible steps China is taking,” he said.

Obama, Xi and other leaders called during the meeting for governments to defend free trade.

“The benefits of trade and open markets must be communicated to the wider public more effectively,” the joint statement said.

The World Trade Organization is forecasting global trade growth this year at just 2.8 percent—its fifth year below 3 percent. The International Monetary Fund has cut its outlook for global economic growth to 3.1 percent. The G-20 as a group is unlikely to be able to do much to boost trade or economic growth, Biswas said.

British tea is booming in China, the drink’s birthplace

HARROGATE, England (AP)—Ji Mengyu sinks into a soft chair with her cup of tea to the sound of tinkling teaspoons and light chatter. The opulently decorated Victorian tea salon is quintessentially British, something straight out of Downton Abbey. Except it’s in Beijing.

The 25-year-old HR professional is one of a growing number of Chinese who are looking past their country’s ancient tea traditions in favor of imported British blends. For Ji, the tea has an aura of luxury and quality, and gives her a sense of partaking in the posh British culture popularized globally by TV shows and fashion brands.

“I think British people’s traditional customs and culture have a kind of classical style,” says Ji, who says she’s inspired by TV shows like Downton Abbey, but also Sherlock Holmes and Game of Thrones.

For three centuries, countries in Asia and Africa have been quenching Britons’ thirst for tea, supplying dried leaves worth millions of pounds every year. Now, that trend is showing some signs of reversing. China and Hong Kong in particular are seeing a surge in appetite for British tea blends—some of which are made with leaves from China itself, an example of the twists in trade that the glo-

balization of tastes can create.

Upscale tea blends from storied British companies like Twinings, Taylors of Harrogate and Hudson & Middleton occupy increasingly more space on shelves in Chinese supermarkets, restaurant menus and online shops.

Tea houses serving British afternoon tea have sprouted up in the bigger cities in China. Five years ago, Annvita English Tea Company managed ten tea houses around China, serving imported blends and pastries in British-style tea rooms. The number has since grown ten-fold, with more planned.

“It fits the taste of people who want to pursue a higher

quality of life,” says Li Qunlou, general manager at Annvita English Tea House in Sanlitun in Beijing.

As a result, British tea companies selling premium blends have seen their exports to China and Hong Kong skyrocket.

In the first five months of 2016, British tea exports to Hong Kong nearly tripled in value compared with two years earlier. They doubled to the rest of mainland China, data from the U.K. HM Revenue & Customs show.

Shipments to China and Hong Kong only make up 7 percent of total British tea exports, but the share is growing quickly.

Eurozone economy ‘losing momentum’ as Germany falters

LONDON (AP)—The 19-country eurozone lost some economic momentum in August, largely because of a slowdown in Germany, a closely watched survey showed Monday, days ahead of another possible stimulus package from the European Central Bank.

Financial information company IHS Markit said its purchasing managers’ index—a broad gauge of economic activity—for the eurozone fell to a 19-month low of 52.9 points

in August from 53.2 the previous month. The fall was unexpected as the initial estimate for August was 53.3.

In spite of the fall, the eurozone is still growing, albeit sluggishly as anything above 50 indicates expansion. IHS Markit said the August reading is pointing to a quarterly economic growth rate of 0.3 percent.

The firm did not assign any fundamental reason to the slowdown, such as uncertainty related to Britain’s

decision in June to leave the European Union, but did note that Germany was “perhaps the biggest cause for concern” as output growth slowed to a 15-month low.

Italy and France also saw modest rates of growth while Spain remained the “stand-out performer” with another strong quarter of growth at around 0.7 percent.

The firm’s chief economist, Chris Williamson, said the survey overall was “clearly disappointing” and suggested

it may fuel expectations of a further stimulus package from the European Central Bank this week.

“The survey data will fuel expectations that the ECB would prefer not to wait before injecting more stimulus into the economy, adding pressure for policymakers to act later this week to help shore up confidence in both the outlook for the economy and the bank’s commitment to its inflation target,” he said.

BUSINESS BRIEFS

Russia, Saudi Arabia pledge to stabilize oil output

MOSCOW (AP)—The world’s two largest oil producers, Russia and Saudi Arabia, on Monday agreed to act together to stabilize global oil output, though it’s unclear what that might entail. Energy ministers Alexander Novak and Minister Khalid al-Falih met Monday on the sidelines of the Group of 20 nations’ summit in China. A joint statement released by Russia said both ministers “recognized the need to restrain an excessive volatility of the oil market” and agreed to act together “in order to stabilize the oil market.” Novak and al-Fatih said they would chair the first Russia-Saudi task force on oil and gas in October. Russia, which is not a member of the oil producing nations’ group OPEC, this year supported calls to freeze production, but the efforts fell through after OPEC member Iran opposed the plan.

Russian blogger jailed for playing ‘Pokemon Go’ files appeal

MOSCOW (AP)—A Russian blogger who has been sent to pre-trial detention for playing “Pokemon Go” in a church has appealed against his arrest. Russian news agencies on Monday quoted a local court in the city of Yekaterinburg as saying that they have received an appeal from Ruslan Sokolovsky who was ordered last week to stay behind bars at least until November pending trial. Investigators have charged the 21-year old blogger with enticing religious hatred, the same offense that sent two women from the Pussy Riot punk collective to prison for two years in 2012. Sokolovsky has posted a video on his blog showing himself playing the smartphone game in a church built on the supposed spot where the family of the last Russian tsar Nicholas II was killed.

Nation

Clinton blasts Russia, Trump softens immigration stance

CLEVELAND (AP)—Setting the stage on Labor Day for a critical month in their testy presidential campaign, Donald Trump softened his stance on immigration while Hillary Clinton blasted Russia for its suspected tampering in the U.S. electoral process.

In a rare news conference aboard her new campaign plane, Clinton said she is concerned about “credible reports about Russian government interference in our elections.”

“We are going to have to take those threats and attacks seriously,” Clinton told reporters traveling with her from Ohio to Illinois.

Clinton’s comments follow reports that the Russian government may have been involved in the hacking of Democratic National Committee emails just days before the party’s national convention. The emails, later revealed by WikiLeaks, showed some DNC officials favoring Clinton over her primary opponent, Bernie Sanders—who has since endorsed Clinton for president.

She said Russian President Vladimir Putin appears “quite satisfied with himself” and said Trump “has generally parroted what is a Putin-Kremlin line.”

Meanwhile, Trump extend-

ed a rare invitation to journalists to accompany him on his private plane from Cleveland to Youngstown, Ohio. The billionaire businessman appeared to pivot away from his hard-line position on immigration, saying, “I’m all about jobs now.” Any immigrants who want full citizenship must return to their countries of origin and get in line, he told reporters—but he would not rule out a pathway to legal status for the millions living in the U.S. illegally, as he did in a long-awaited policy speech last week.

“We’re going to make that decision into the future,” Trump said.

Clinton powered through a coughing fit at a Labor Day festival at a Cleveland park, sharply criticizing Trump’s recent trip to Mexico as “an embarrassing international incident.” Unwilling to allow Trump to modify his immigration stances, she said his address later that night in Arizona amounted to a “doubling down on his absurd plan to send a deportation force to round up 16 million people.”

“He can try to fool voters into thinking somehow he’s not as harsh and inhumane as he seems, but it’s too late,” Clinton said.

Clinton’s 25-minute ques-



Democratic presidential candidate Hillary Clinton speaks to members of the media on her first flight on a new campaign plane before taking off at the Westchester County Airport in White Plains, N.Y., Monday, Sept. 5, 2016, to travel to Cleveland Hopkins International Airport for Labor Day events. AP

tion-and-answer session was her first extensive availability with reporters since early December. Beyond Russia, she answered questions about the ongoing controversy surrounding her use of a private email server while secretary of state, which Trump has used to

cast doubt over her ability to protect classified information.

“I take classification seriously,” she said.

Trump told reporters Monday that “on occasion,” he will invite journalists to travel with him.

The two campaigns arrived

in Cleveland within hours of each other, underscoring Ohio’s quadrennial role in presidential campaigns. No Republican has won the White House without carrying the state, and the airport offered vivid imagery of that crucial role.

The airplanes of Trump and

his running mate, Mike Pence, were parked on the tarmac as Clinton and her vice presidential pick, Tim Kaine, arrived in separate planes. It was a near-encounter that even forced the Trump press corps to the side of the road as Clinton’s motorcade whizzed by.



ACROSS THE NATION

Mexico’s Baja battens down as Hurricane Newton approaches

CABO SAN LUCAS, Mexico (AP)—Hurricane Newton soaked Mexico’s western Pacific coast with heavy rain Monday and took aim at Baja California’s twin resorts of Los Cabos, where residents nailed plywood over windows and pulled in fishing boats while preparing for a possible direct hit two years after being slammed by a major storm. Newton’s maximum sustained winds increased to 90 mph (150 kph) by Monday night, according to the U.S. National Hurricane Center in Miami. The Category 1 storm was centered about 125 miles (200 kilometers) south-southeast of Cabo San Lucas and San Jose del Cabo and was moving northwest at 16 mph (26 kph) on a forecast path that would bring it near or over the area Tuesday morning. Officials opened 18 shelters at schools in the two resorts and 38 more in other parts of Baja California Sur state, while warning people against panic buying. “There is no need for mass buying,” Los Cabos Mayor Arturo de la Rosa Escalante said. “There is enough food and fuel for the next 20 days.”

Man accused of egging home 100-plus times to be sentenced

EUCLID, Ohio (AP)—A man accused of pelting his former neighbor’s Ohio home with eggs more than 100 times over the course of a year is scheduled to be sentenced. Thirty-one-year-old Jason Kozan will be sentenced Tuesday, less than a week after he pleaded guilty to a misdemeanor charge of inducing panic in Cuyahoga (ky-uh-HOH’-guh) County court. Kozan was charged in March with vandalizing Albert Clemens Sr.’s home in the Cleveland suburb of Euclid (YOO’-klid). Defense attorney Anthony Bondra says his client maintains that he wasn’t responsible for egging the house. Bondra declined to comment further ahead of Tuesday’s sentencing. Clemens has said the egg attacks damaged his home and kept his family on edge. Authorities haven’t said what motivated the attacks, but that they largely stopped after Kozan moved.

Black Lives Matter partners with charity in sign of growth

LOS ANGELES (AP)—Black Lives Matter, which two years ago grew out of street protests and a social-media hashtag, has quietly established a legal partnership with a California charity in a sign of the movement’s growth and expanding ambition, The Associated Press has learned.

The formal relationship between the national Black Lives Matter network and the San Francisco-based International Development Exchange represents another side of the loosely knit group that many Americans recognize for its sometimes-disruptive demonstrations against police shoot-

ings of unarmed black men.

Since November, the non-profit charity also known as IDEX has been acting as a mostly unseen financial arm of Black Lives Matter, with the ability to receive grants and tax-deductible donations on the group’s behalf. More recently, the relationship evolved into a contractual partnership that will run through at least mid-2017.

IDEX is managing the group’s financial affairs, allowing Black Lives Matter to focus on its mission, including building local chapters and experimenting with its organizational structure.

“We completely understand the network is in its baby stages, and it’s going to take some years” to develop, IDEX Executive Director Rajasvini Bhansali said in an interview.

The goal, leaders say, is to jointly seek social change in struggling communities in the U.S., as well as in Asia, South America and Africa, where the charity has operated for years.

The partnership links the national protest movement, which has chapters in nearly 40 U.S. cities and several more abroad, with a small charity that has worked with the needy on several continents. IDEX collected about \$2 million in

contributions and grants in the year ending June 2015, according to federal tax records.

“We’ve connected people across the country working to end the various forms of injustice impacting black people,” Black Lives Matter co-founder Alicia Garza said in a statement. The organization needed to partner with an organization that “can support us as we build these connections on a global scale.”

It’s not clear what the partnership will mean for the overall direction of Black Lives Matter, which has been alternately praised and derided for its confrontational tactics.

Hermine expected to weaken as it lingers offshore

PROVIDENCE, R.I. (AP)—Hermine is expected to begin weakening as it churns hundreds of miles offshore in the Atlantic Ocean, but forecasters warn it could continue to impact areas from New York to southern New England with pounding waves, coastal flooding and beach erosion before it moves out to sea.

A tropical storm warning remained in effect Tuesday morning from New York’s Long Island to Massachusetts.

New York officials extended beach closures beyond Labor Day because of continued deadly rip currents, but some ignored the warnings.

The New York Post said police issued \$80 tickets to at least four surfers at Rockaway Beach. An emergency worker who dove into the Atlantic Ocean at Coney Island to save a swimmer who violated the ban told the Post that the current felt like a “300-pound guy pulling me back out to sea.”

In New Jersey, big waves and churning surf up to the base of dunes were reported in some areas of the state hit hard by Superstorm Sandy in October 2012, including the Ocean County communities of Point Pleasant Beach, Bay Head, Mantoloking and Brick. But no flooding or other damage was reported.

The National Hurricane Center said Hermine was expected to become nearly stationary by Tuesday night

before turning toward the northeast Wednesday.

As of 2 a.m. EDT Tuesday, Hermine’s top sustained winds were steady at 65 mph (104 kph) as it moved west-northwest at 9 mph (14 kph). The storm was centered about 110 miles (177 kilometers) south-southeast of the eastern tip of Long Island.

While many communities felt like they dodged a bullet, the threat of Hermine caused many vacationers to cancel their holiday plans.

Asia

PH president regrets 'son of a bitch' remark

VIENTIANE, Laos (AP)—Philippine President Rodrigo Duterte expressed regret Tuesday over his “son of a bitch” remark while referring to President Barack Obama, in a rare display of contrition by a politician whose wide arc of profanities has unabashedly targeted world figures including the pope and the U.N. chief.

In a statement read out by his spokesman, Duterte said that while his “strong comments” in response to certain questions by a reporter “elicited concern and distress, we also regret it came across as a personal attack on the U.S. president.”

Duterte had made the in-temperate remarks Monday before flying to Laos, where he is attending a regional summit. He had been scheduled to meet Obama separately, but Obama indicated he had second thoughts.

On Tuesday, Duterte said both sides mutually agreed to postpone the meeting.

Even though Duterte’s latest comment does not amount to an apology, the expression of regret is unusual for the tough-talking former mayor, who is unapologetic about his manner of speech and



Philippine President Rodrigo Duterte, center, arrives at the National Convention Center for scheduled bilateral meetings with ASEAN leaders on the sidelines of the 28th and 29th ASEAN Summits and other related summits Tuesday, Sept. 6, 2016 in Vientiane, Laos.

liberally peppers his casual statements with profanities such as “son of a bitch” and “son of a whore.”

But perhaps Duterte’s aides realized it would be unwise to take on the most powerful official in the world, and there

would be a price to pay for insulting the president of the United States.

The U.S. is one of the Philippines’ largest trading partners and a key security ally in its fight against terrorism in the country’s south. Manila

also needs Washington’s help in dealing with a more assertive China in the disputed South China Sea.

Duterte likely had realized his folly by the time he arrived in the Laotian capital of Vientiane on Monday night.

Speaking to reporters here, he said, “I do not want to quarrel with the most powerful country on the planet,” but immediately took his typical combative approach by saying: “Washington has been so liberal about criticizing human rights, human rights and human rights. How about you? I have so many questions also about human rights to ask you. So ... people who live in glass houses should not” throw stones at others.

He said if the White House had problems with him, it could have sent him a diplomatic note and let him respond. “There’s a protocol for that,” Duterte said. “You just cannot shoot a statement against the president of any country.”

But by Tuesday, he had done a complete U-turn in the tone of his statement.

“We look forward to ironing out differences arising out of national priorities and perceptions, and working in mutually responsible ways for both countries,” the statement said.

The flap over Duterte’s remarks started when a reporter asked him how he intends to explain the extrajudicial kill-

ings of drug dealers to Obama. More than 2,000 suspected drug dealers and users have been killed since Duterte launched a war on drugs after taking office on June 30.

In his typical foul-mouthed style, Duterte responded: “I am a president of a sovereign state and we have long ceased to be a colony. I do not have any master except the Filipino people, nobody but nobody. You must be respectful. Do not just throw questions. Putang ina, I will swear at you in that forum,” he said, using the Tagalog phrase for “son of a bitch.”

Duterte has previously cursed Pope Francis and U.N. Secretary-General Ban Ki-moon.

“Who is he (Obama) to confront me?” Duterte said, adding that the Philippines had not received an apology from the United States for misdeeds committed during its colonization of the country.

He pointed to the killing of Muslim Moros more than a century ago during a U.S. pacification campaign in the southern Philippines, blaming the wounds of the past as “the reason why (the south) continues to boil” with separatist insurgencies.

In death, a Kashmir rebel becomes what India has long feared

SHAAR-I-SHALLI, India (AP)—Go to the villages of south Kashmir and they’ll tell you stories about Burhan Wani, the militant commander shot by security forces as he tried to escape through the back door of an isolated hideout.

They say Wani would slip out of the forests sometimes just to visit, a 22-year-old with an AK-47 and an easy way of talking that made him so different from earlier generations of Kashmir’s insurgents. They say he’d play cricket with village boys, and

visit orphanages. They say he’d pay for the weddings of poor young women.

In the weeks since Wani was killed on July 8, the stories have grown into such a mythology—the polite teenager who left home to become a Himalayan Robin Hood, the powerful insurgent commander who remained a man of peace—that it’s no longer clear how many are true.

But in death, Wani has become something that India has long feared: a homegrown militant openly lionized across

the embattled region, a powerful symbol against Indian rule who has united Kashmir’s many factions. Today, rock-throwing high school students paint his name on shuttered storefronts—“BURHAN OUR HERO”—while everyone from fear-some insurgents to moderate politicians mourn him.

Wani had already rejuvenated Hizbul Mujahideen, the largest of Kashmir’s militant groups, attracting dozens of new recruits with postings on Facebook and other social

media sites. Young, handsome and charismatic, he looked more like a college student than a gunman. He sometimes posted photos of himself in the forests, a smile on his face and an assault rifle in his hands. If he was more a saavy recruiter than a menacing fighter, that only made him more popular.

But his killing, and the public fury it set off, now threaten to give new life to a Kashmiri militant movement that had withered in recent years, reduced to just a couple hundred fighters in scattered rebel outfits.

Obama meets Laotian president in first US presidential visit

VIENTIANE, Laos (AP)—President Barack Obama on Monday became the first sitting U.S. president to step foot in the isolated Southeast Asian nation of Laos, opening a three-day visit meant to rebuild trust and close a dark chapter in the shared history between the two countries.

Obama is one of several world leaders coming to the country of nearly 7 million people, where the one-party communist state tightly controls public expression but is using its moment in the spotlight as host of the annual meeting of the Association of Southeast Asian Nations to

open up to outsiders.

Under a steady, tropical rain, Obama arrived late Monday and began a full day of ceremony and diplomacy Tuesday morning with a meeting with Laotian President Bounnhang Vorachit. The president was greeted by a military band and a display of the troops at the presidential palace.

The visit comes during what is probably Obama’s final trip as president to Southeast Asia, a region that has enjoyed intense attention from the U.S. during his tenure. Obama’s frequent visits to oft-ignored corners of the Asia Pacific

have been central to his strategy for countering China’s growing dominance in the region. By bolstering diplomatic ties in Vietnam, Cambodia and Myanmar, the Obama administration has declared it wants to compete for influence and market access in China’s backyard.

In Laos, Obama will wrestle with the ghosts of past U.S. policies.

In the 1960s and 1970s, the U.S. rained bombs on Laotian villages and the countryside as America’s war with Vietnam spilled across the border. The Laotian government estimates that more than 2 million tons

of ordnance were released during more than 500,000 missions—one bomb every eight minutes for nine years.

An estimated 80 million cluster bombs did not explode, leaving tennis ball-sized “bombies” littering the impoverished countryside to wound and kill unsuspecting people.

In his meeting with Vorachit, Obama quickly acknowledged the “challenging history.” He is expected to announce additional aid to clean up unexploded ordnance, while the Laotian government is expected to offer help in accounting for missing and dead U.S. service members.

Gunfire heard early Tuesday in Kabul after midnight attack

KABUL, Afghanistan (AP)—Gunfire was heard in Kabul early Tuesday, with security forces searching for attackers hidden in a building a day after twin bombings near the Afghan Defense Ministry killed at least 24 people and wounded more than 90 others.

Sediq Sediqqi, spokesman for the Afghan Interior Minister, said sporadic gunfire started again in the morning hours, not long after a suicide car bomber targeted the Kabul residential neighborhood of Shar-e Now, or New City. The explosion was followed by gunfire that continued for over an hour with sporadic shootings.

At least one person is reported dead and six others were wounded as a result of the attack, said Sediqqi. “More than 30 people who were trapped have been evacuated by the security forces,” Sediqqi said.

The area is home to several guest houses and many foreigners and diplomats reside there. After the explosion, probably two more attackers entered one of the buildings in the area, believed to be a guest

house, said Sediqqi.

Security forces have blocked all the roads leading to Shar-e Now.

The shooting comes after at least 24 people were killed Monday in twin bombings near the Afghan Defense Ministry. Two security force generals among those who were killed in the attack, which was claimed by the Taliban.

Public Health Ministry spokesman Ismail Kawasi said another 91 people were wounded in the attack in central Kabul. Sediqqi, the Interior Ministry spokesman, said a district police chief and five other police officers were among those killed.

Deputy Defense Ministry spokesman Mohammad Radmanish said the second bombing was caused by a suicide attacker who struck the area of the first blast after security forces had gathered there. He said the attack took place as ministry employees were leaving their offices for the day. Senior police investigator Faredoon Obiadi said the suicide attacker was wearing a military uniform.

World

Protesters, seeking migrant camp closure, block Calais roads

CALAIS, France (AP)—Truckers, farmers, dock workers and merchants angry at the disruption caused by thousands of migrants in their midst in the northern French city of Calais blocked the main access route to Britain on Monday to press authorities to set the date to raze an overcrowded makeshift camp.

The action appeared to pay off and, despite tensions among protesters, blockades were being lifted 12 hours later after the region's top state official reassured the huge, makeshift camp would be dismantled and funds made available for struggling businesses.

The action with several hundred big rigs and tractors on a main access route was the first major protest of its kind in the city, for decades a magnet for migrants trying to cross the English Channel, hopping Britain-bound trucks and trains to get across. Authorities have poured in police—about 2,000—to guard roadways, and built high barbed-wire fences to protect the Eurotunnel freight trains, the port and highway, but desperate migrants are using increasingly dangerous tactics to slow trucks and hitch a ride.

The state says some 7,000 migrants are living in the camp, known as “the jungle,” while aid groups have put the number at more than 9,000. All are living in a drastically downsized camp after half was razed in March.



Truckers block the highway near Calais, northern France, Monday Sept. 5, 2016. Hundreds of truckers in big rigs, farmers in tractors and dockers and merchants on foot blocked a major highway in northern France on Monday to demand the closure of the Calais migrant camp known as the “jungle.”

For the protesters, the migrants—from Africa, the Middle East and beyond—are an economic drain on Calais and a stain on its image.

“We are truckers, not migrant traffickers. Let’s liberate Calais together,” read a sign on the front of some big rigs.

“They damage the trucks, they break the windshield, they cut the truck sides, they climb in the truck and destroy the merchandise,” said Bertrand Wyfolski, a trucker from St. Omer, near Calais. His list of complaints did not include the heavy fines truck-

ers must pay if migrants are caught inside their vehicles.

Interior Minister Bernard Cazeneuve announced Friday that the government would dismantle the camp “in a controlled operation” as soon as possible, but did not say when. He also promised financial compensation for businesses losing money due to migrants, but gave no details.

Representatives of farmers, truckers and merchants came away from a meeting with the state representative of the region, Fabienne Buccio, with a new commitment—but no

date—that the camp would be completely dismantled “in a single step.”

Buccio also said a special fund to help businesses in need would be activated and more than 230 extra members of security forces brought in, bringing the total to more than 2,000.

Christian Salome, head of the aid group Auberge des Migrants, which has long worked with migrants arriving in Calais, said camp dwellers were also victims.

“Refugees are the first victims of the blockading of the border,” he said, a reference

to a 2003 French-British accord that effectively puts the British border in Calais, where they are stopped from entering Britain, and puts the onus of the migrant plight on France.

Salome noted that 11 migrants have died this year—seven on the highways—and the goal of the refugees is exactly the same as the goal of the truckers: put an end to this situation.

Hundreds of big rigs, tractors and dockers and merchants on foot blocked the main highway to the Eurotunnel and port.

“We are fed up with the migrant situation in Calais. They are increasingly aggressive,” said French trucker Blaise Pacou. “We leave in the morning. We don’t know how we’re going to return in the evening because of the rocks and metal bars being thrown at us.”

Calais Mayor Natacha Bouchart, holding an “I love Calais” T-shirt as she walked with merchants, criticized the Socialist government for failing to provide a global plan to end the crisis.

Aid groups warn that a hasty shutdown of the camp would scatter the migrants, aggravate the city’s troubles and worsen the humanitarian drama. While the camp conditions are dismal, migrants have access to food distribution and showers.

Cazeneuve refused again Monday to provide a date for closing the camp because of “the need for a method.”

“We need to provide shelters,” he said.

The Calais region has drawn migrants for some two decades, with refugees from the war in Kosovo streaming in in the late 1990s, followed by Afghans fleeing war. A huge Red Cross camp in nearby Sangatte was leveled in 2002 and the migrants pushed into Calais.

“We should not be misunderstood. We have nothing against migrants,” said Frederic Van Gansbeke, who helped organize the protest. Anger, he said, was directed at the government.

UN rights chief slams populists, warns of bigotry

THE HAGUE, Netherlands (AP)—The U.N. human rights chief says U.S. presidential candidate Donald Trump and Dutch nationalist Geert Wilders are among “populists and demagogues” whose tactics of communication smack of Islamic State group-style propaganda.

In exceptionally strong terms, and with far-right groups on the rise in the wake of extremist attacks, Zeid Ra’ad al-Husseini warned Monday about the “banalization of bigotry” in Europe and the U.S. by populists who allude back to “a fictional halcyon past” and oversimplify messages with sound bites and Tweets.

Zeid, the son of a Jordanian prince and Swedish-born mother who often goes by his first name, focused mainly on Wilders in the speech at a gala dinner organized by the Hague-based Peace, Justice and

Security Foundation. But Zeid also lumped in others, including Trump, Prime Minister Viktor Orban of Hungary, French far-right leader Marine Le Pen, and Nigel Farage, a former leader of Britain’s main anti-immigration party.

“Make no mistake, I certainly do not equate the actions of nationalist demagogues with those of Daesh, which are monstrous, sickening; Daesh must be brought to justice,” Zeid said, using the Arabic-language acronym for the radical Islamic State group. “But in its mode of communication, its use of half-truths and oversimplification, the propaganda of Daesh uses tactics similar to those of the populists.”

“And both sides of this equation benefit from each other—indeed would not expand in influence without each others’ actions,” he added.

PESTEL, Haiti (AP)—Fishermen gathered eagerly at a rickety wooden pier to welcome a boat carrying Haiti’s most divisive and provocative political candidate.

The crowd quickly cleared a path as Guy Philippe stepped to shore and began shaking hands and slapping backs. More people emerged to see the man whose face adorns campaign posters on one-room shacks in a community isolated from the rest of the country by forested mountains and rutted roads.

Philippe is reviled by some

Haitians as a leader of the 2004 rebellion that ousted President Jean-Bertrand Aristide. He is wanted on decade-old drug-trafficking charges by U.S. authorities. And last week, a Haitian judge questioned him about a deadly May raid on a police station after he rebuffed previous subpoenas.

Yet Philippe appears to be revered in the rural Grand’Anse region of southern Haiti. Many already call him “senator” as he seeks to win a seat in a runoff election scheduled for Oct. 9—a victory that would give

him immunity from arrest and prosecution in his homeland as well as political power that he has long craved.

“He’s like a father for this area,” said Christin Pierre Louis, who was among those welcoming Philippe to the village.

Elsewhere, many see him as a troubling symbol of Haiti’s wider problems.

“There is an accountability vacuum in Haiti that means people implicated in past human rights violations can run as popular candidates with no fear of investigations, much less

prosecutions, of alleged abuses,” said Amanda Klasing, a senior researcher with New York-based Human Rights Watch.

The fugitive candidate, who looks much younger than his 48 years, allowed Associated Press journalists to spend a day with him in his Pestel stronghold. It’s a remote municipality in the rugged mountainous region that has been his refuge since U.S. Drug Enforcement Administration agents barely missed capturing him in a 2007 raid at his house in the south coast city of Les Cayes.

From remote stronghold, Haiti fugitive seeks political power

Hurricane Newton takes aim at Mexico’s Los Cabos resorts

CABO SAN LUCAS, Mexico (AP)—Authorities in the southern portion of Mexico’s Baja California peninsula ordered schools closed and set up emergency shelters as Hurricane Newton gained strength while bearing down on the twin resorts of Los Cabos for a predicted arrival Tuesday morning.

Boat owners pulled fishing craft in from the water and

business owners nailed boards and sheets of plywood over windows in Cabo San Lucas, the resort that was hammered by Category 3 Hurricane Odile in 2014. Officials warned that Newton might cause torrential rainfalls.

About 14,000 tourists remained in Los Cabos as of Monday night as airlines cancelled flights out as the storm approached, said Gen-

aro Ruiz, the state tourism secretary. Ruiz said tourists had been advised to remain in their hotels.

“The most important thing is to stay at home,” said Carlos Godinez, a civil defense official for Baja California Sur state. “If there is nothing that requires you to be outside, take shelter with your family.”

Newton’s maximum sustained winds increased to

90 mph (150 kph) by Monday night, the U.S. National Hurricane Center in Miami said. The Category 1 storm was centered about 125 miles (200 kilometers) south-southeast of Cabo San Lucas and San Jose del Cabo and was moving northwest at 16 mph (26 kph) on a forecast path that would bring it near or over the area Tuesday morning.

Focus

The biggest what?

Dubai

seeks glory

in obscure

world records

AP
Shot glasses drop over each other during a successful attempt to break the world's longest domino drop shot Monday, Sept. 5, 2016.



By JON GAMBRELL
ASSOCIATED PRESS

DUBAI, United Arab Emirates (AP)—The 6,148 whiskey shots perched atop glasses of energy drink waited for the push that might send them tumbling into the record books—just another night in Dubai, and another chance to make a certain kind of history.

Superlatives like “the world’s biggest” and “the world’s first” are almost as ubiquitous as the skyscrapers and mega-projects that have come to define this city-state on the Arabian Peninsula, home to the tallest building and the busiest international airport on Earth.

With time, this largest-in-life approach has filtered down to more humble and odder pursuits—such as Monday night’s attempt at the world’s

longest domino drop shot.

You probably weren’t aware that there was a record to beat in the domino drop shot, or even that there was something called a domino drop shot. Just imagine someone dropping a shot glass into a beer, but before you can guzzle it down, another thousand shots drop into another thousand pints behind it, like dominoes.

The current record holder for the longest drop is the Bahama-based location of the alcohol-soaked chain Señor Frog, which got 4,107 of its 4,109 shot glasses to fall correctly in February 2013.

On Monday, The Huddle Sports Bar & Grill in Bur Dubai sought to break the record. Staffers carefully set up over 6,000 glasses of Camros whiskey and Bazooka energy drink. It was an effort five months in the making, with tests twice a month that took

12 hours to set up.

“When you say Guinness World Record in Dubai, it’s something everyone will talk about,” said Ahmad Taher, the food and beverage manager at Citymax Hotels, which went for the record.

Such an event would be inconceivable in other Mideast countries like neighboring Saudi Arabia, where alcohol is illegal and officials are preparing for the annual hajj pilgrimage, required of all able-bodied Muslims once in their life.

But in Dubai, which has a large expatriate population and relatively lax rules on alcohol, the event is unlikely to draw much attention—unless, of course, they make it into the Guinness Book of World Records.

Before Monday, the United Arab Emirates held 165 such records, including 129 set in Dubai, according to Guinness.

Among them are the archi-

tectural marvels of Dubai, like the Burj Khalifa, the world’s tallest building at 828 meters (2,716 feet), and the continent-shaped islands of The World, the largest man-made archipelago. The world’s longest driverless metro line passes by the twin towers of the J.W. Marriott Marquis, the world’s tallest hotel at 355 meters (1,165 feet).

Then there are the stranger feats, like when Indian national Maharoo Decibels won the Operation board game with surgical precision in a world-record 21.87 seconds in 2008. Or when Mohamed Ahmed al-Mulla, an Emirati, typed the fastest blindfolded Arabic text message in 2009. The two-sentences included the phrase: “the razor-toothed piranhas of the genera Serrasalmus and Pygocentrus.”

Some records are more infamous. The largest tanker ship ever hijacked? The UAE-based Sirius Star, later

released by Somali pirates for a \$3 million ransom. The highest shortage of women, according to Guinness? The UAE, with its vast workforce of male, low-paid migrant laborers.

One place the UAE isn’t ahead, however, is in the number of overall world records. The United States leads the pack with 6,874. But the UAE and Dubai dominate the Middle East, Guinness spokeswoman Leila Issa said.

“The UAE’s initiative to be the first in all industries and their drive for success and to be the best is what drives them to attempt Guinness World Records titles,” she said.

The Emirati push for world records corresponds with academic research on social comparison. Studies show that the higher ranked a person becomes in a field, “the more thirsty you are to get to that No. 1 position,” said Stephen Garcia, an associate professor of psychology at the University of Michigan.

“Even with adults, if you say, ‘First one to the tree is the coolest person in the world,’ you’re going to get the adults

running to the tree,” Garcia said. “That’s such a childhood game, but people are ready to run with it. Whenever you create a competition, people tend to buy in, even around these trivial dimensions, like this Guinness World Record.”

Garcia’s lack of enthusiasm was nowhere to be seen at the Huddle on Monday, where the vibration of the speakers in the bar caused a premature drop of some of the shot glasses at around 8:45 p.m., to the horror of onlookers.

The same thing happened again at 10:09 p.m., but was stopped by a nimble-fingered bartender. Five minutes later, another fourth of the shots fell into their glasses before time, sending some workers scrambling to reset the glasses as others asked patrons in the noisy bar to be quiet.

But at 11:55 p.m., Taher pushed over the first glass, the smell of whiskey and energy drink filling the air as the glasses crashed into each other for 55 seconds. Two hours of counting later, Dubai had its 130th Guinness World Record with The Huddle’s 4,578 correctly fallen shot glasses.

AP

Ahmad Taher, food and beverage manager for Citymax Hotels in Dubai, United Arab Emirates, middle, celebrates with his crew after he won the attempt of world’s longest domino drop shot Monday, Sept. 5, 2016.

Good Housekeeping

Diggin' In: Conifers, evergreen 'bones' that tie a landscape together year-round

By KATHY VAN MULLEKOM
DAILY PRESS (NEWPORT NEWS, VA.)

A landscape needs “bones” — plants that anchor the overall look throughout the year, not just during the growing season in spring and summer.

Evergreens typically form the “bones” of a good landscape design. In addition to providing a green backdrop, evergreens feature texture and form.

Throughout my gardening years, conifers have been my favorite family of evergreens for many reasons. Their softly textured foliage is pleasant to look at and touch. Their shapes and sizes are varied and artsy.

I've used conifers such as arborvitae as screening hedges along property lines, as stand-alone specimen plants in beds and as container gardens on patios. They need no pruning and generally have no major pest or disease problems. When bagworms once attacked one of my container-grown arborvitae, I carefully picked them off and monitored the plant for any further issues, which never happened.

For the corners of a former house, I used a graceful-growing slender hinoki cypress, another conifer cousin that lends a look of art to a landscape. The word “conifer” generally refers to a plant that bears a cone as its fruit or method of reproduction, according to horticulturists.

There are evergreens I dislike, especially Leyland cypress, an overused shallow-rooted, disease-prone tree that

many landscape designers are moving away from, according to Peggy Krapf, owner of Heart's Ease Landscape & Garden Design in James City County, Toana, Va.

“We are instead using Green Giant arborvitae,” she says.

“They look similar to Leyland cypress but Green Giant appears to be deeper rooted (won't blow over in storms as readily), more pest and disease resistant, a U.S. (West Coast) native and appears to be very deer resistant. I also like the way the lower branches droop toward the ground rather than reaching upward as Leylands do.”

Like Leylands, Green Giant is a large, soft, fast-growing evergreen pyramidal shrub used primarily for screening and should be planted where it has the space to reach its mature size. Plant 6 to 8 feet apart in sun or part shade, Krapf adds.

In Newport News, Jay Bussey says conifers are his favorites, too. He has more than 30 different species planted in his almost-acre yard.

“I enjoy their texture and year-round beauty,” he says.

“During the winter months when everything is lifeless and dull, conifers steal the show.

“My favorite is any Blue Atlas cedar, followed by hinoki cypress.”

Caring for conifers is relatively easy, he adds. The key is give them good topsoil and compost.

“After that, just enjoy them,” he says.

“The only conifers I have

ever lost were rescue or sickly ones, and they didn't survive the initial planting.”

At Peninsula Hardwood Mulch in York County, nursery manager Allan Hull views conifers as a stable group of plants to use in the landscape. For that reason, Peninsula Hardwood Mulch is expanding its conifer selection.

“You can get different textures, colors, forms, sizes and habits that provide year round beauty with little trouble,” he says.

“My favorite group of conifers are the Chamaecyparis, also known as cypress. These tend to have luscious foliage which are not usually prickly. The plants usually have a sculptured habit normally somewhat upright and pyramidal. Very seldom do they encounter pest or disease problems.”

Some things to remember when selecting conifers, Hull advises:

■ Dwarf is a relative term. It does not mean 3-by-3 feet. If the parent grows 30 feet, then 10 feet may be dwarf.

■ Labeled mature sizes generally consider a 10-year growth span, and conifers live much longer than that so they often exceed the listed size. So leave more space than you think is necessary.

■ Conifers, which mostly are evergreens, seldom disappoint. Like all evergreens, they keep foliage all year, but not necessarily the same leaves/needles. As a plant grows, older foliage turns brown or

yellow and falls off. Then new growth occurs on the tips and hopefully conceals the inner branching as it grows. Most conifers do this in the fall, whereas most broadleaves do it in spring. As the plants get older you generally can see less and less of it.

RECOMMENDED CONIFERS

Hull's conifer recommendations include:

■ Arborvitae Pyramidal, a screening plant for a narrow area. Upright growers Emerald Green and Jantar work in confined spaces, 12 feet tall

and four feet wide and nine feet tall and three feet wide, respectively.

■ Cephalotaxus Prostrate, also called false yew, nice ground cover that takes light shade or sun, one-foot tall and six feet wide.

■ Cephalotaxus Haringtonia upright yew adapts to conifer and Oriental gardens; two-toned foliage makes nice specimen plant, 10 feet tall and 4 feet wide.

■ Cryptomeria, commonly called Japanese cedar, has a coarse texture. The Gyokuryu type is a dwarf upright that grows about 10 feet tall, but

can also spread and develop a mounding habit.

■ Xanocyparis Alaskan Jubilee, a weeping hinoki specimen with bold drooping foliage, 20 feet tall and six feet wide.

■ Juniper Angelica Blue with bluish foliage on a spreading plant, three feet high and six feet wide.

■ Juniper Hollywood, a candelabra growth habit that can be planted in groups, 20 feet tall and 10 feet wide.

■ Juniper Saybrook Gold with golden foliage on a spreading plant, three feet tall and 5 feet wide.

In Celebration of His New Life †Dionicio Salas Camacho

In his new life he now joins his:

Father: †Pedro Palacios Camacho

Mother: †Nieves Quitugua Salas Camacho

Son: †Jerry Songao Camacho

Brothers/Sisters/In-Laws:

†Jose and †Regina C. Terlaje

†Alejandro S. and †Maria C. Camacho

†Isidro S. and †Maria C. Camacho

†Carmen C. and †Luis A. Crisostomo

†Maria S. and †Jesus N. Santos

†Ermito Camu

Grand Daughters:

Mercy Mae C. Crisostomo

Willianne B. Camacho

Brianna LG. Camacho

Grand Son-in-law:

Leeroy A. Camacho

Granddaughters In-Law:

†Rosalyn Connie S. Mafnas

†Denise Zayleen P. Tenorio

First Wife: †Lourdes Crisostomo Camacho

His memories will forever live in the hearts of his:

Wife: Mercedes Songao Camacho

Children and Spouses:

Ana C. Camacho and Children

Rosita C. and William Joseph Crisostomo & Children

Joseph S. and Helen D. Camacho & Children

Jovita C. and David S. Demapan & Children

William S. and Melanie B. Camacho & Children

Patricia C. and Joe C. Mafnas & Children

Barbara C. and Noi R. Mendiola & Children

Dionicio C. and Christine Q. Camacho & Children

Debra C. and Joe I. Benavente & Children

Brian C. and Tina LG. Camacho & Children

Melvin C. and Liz R. Camacho & Children

Daisy Ann C. and Joe B. Borja & Children

Brendalynn and Albert Lucido & Children

Peter Paul S. Camacho & Children

Brothers/Sisters/In-Laws:

Estanislao A. and Margarita C. Songao

Margarita S. Camu

Ignacio A. and Ramona A. Songao

Nightly Mass is being offered at Kristo Rai Church at 6:00pm on Wednesday and 6:00am on Thursday. Funeral Services will be held on Friday, September 09, 2016. His remains will be escorted from Borja Funeral Homes at 7:30am to Kristo Rai Church. Mass of Christian Burial will be at 11:00am followed by Interment Services at Chalan Kanoa Cemetery.

Thank you, Si Yu'us Ma'ase.
Mercedes S. Camacho & Children

GOOD HOUSEKEEPING ONE

Tomato and Shrimp Salad

A light supper favorite, drizzled with lemon-Dijon dressing and sprinkled with chunks of feta -- serve with a piece of Tomato Focaccia bread. The ideal end-of-summer meal, especially when served alfresco.

1 pound large shrimp
Salt

3/4 pound green beans, each cut crosswise in half

1 pound ripe tomatoes (about 4 small), each cut into 8 wedges

1 pound Kirby cucumbers (about 4), peeled and each cut lengthwise into quarters then cut crosswise into 1-inch pieces

1 large lemon
2 tablespoons olive oil
1 tablespoon finely chopped shallot

1 tablespoon finely chopped fresh oregano leaves

1 teaspoon Dijon mustard

1/2 teaspoon sugar

1/2 teaspoon coarsely ground black pepper

4 ounces feta cheese, crumbled

1. Shell and devein shrimp, leaving tails on if you like. Rinse with running cold water. In 4-quart saucepan, heat 2 inches water to boiling over high heat. Add shrimp and 2 teaspoons salt; cook 1 minute or until shrimp turn opaque throughout. Drain shrimp; rinse with running cold water to cool and drain again. Place shrimp in large serving bowl.

2. In 10-inch skillet, heat 3/4-inch water to boiling over high heat. Add beans and 2 teaspoons salt; heat to boiling. Reduce heat to medium; cook, uncovered, about 5 minutes or until beans are tender-crisp. Drain beans; rinse under

running cold water to cool and drain again. Place beans, tomatoes and cucumbers in bowl with shrimp.

3. Prepare dressing: From lemon, grate 1/2 teaspoon peel and squeeze 3 tablespoons juice. In small bowl, with wire whisk or fork, combine lemon peel, lemon juice, olive oil, shallot, oregano, mustard, sugar, pepper and 3/4 teaspoon salt. Toss dressing with shrimp and vegetables in bowl. Sprinkle with feta cheese. Makes 4 main-dish servings.

* Each serving: About 300 calories, 14g total fat (5g saturated), 27g protein, 18g carbohydrates, 205mg cholesterol, 1,105mg sodium.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/recipes/.

Life & Style

Polish leaders, victims' families attend Smolensk crash film

WARSAW, Poland (AP)—Polish leaders and families of some crash victims attended the premiere Monday of a divisive movie that supports a theory that the 2010 plane crash that killed Polish President Lech Kaczynski and 95 others was an assassination orchestrated by Russia.

The crash in western Russia was among Poland's greatest tragedies since World War II and sparked speculations as to its causes.

Polish and Russian experts blamed bad landing conditions in dense fog at Smolensk airport and pilot errors.

But Kaczynski's party insists that it was an assassination inspired by the Kremlin as punishment for his support for Georgia during its armed conflict with Russia. Moscow vehemently denies the allegations.

Kaczynski's party, the conservative and nationalist Law and Justice, is in power in Poland now.

Kaczynski's twin brother, Jaroslaw Kaczynski, is the ruling party's leader and considered by many to be Poland's most powerful politician. He has blamed his brother's death on Moscow and on Poland's centrist government in 2010.

Russia has refused to return the wreckage, and the identification of some bodies was done incorrectly in Moscow—fueling a theory of foul play among many Poles.

Director Antoni Krauze said the film, called "Smolensk," was a "protest against the manipulations with the truth."

"There were lies from the very start," he said. "It is still unclear why the plane which should have pulled up and gone to another airport instead crashed into thousands of pieces."

In the "Smolensk" movie's official trailer, the plane ex-

AP
Invited guests gather for the premiere of a divisive movie 'Smolensk' at the Opera House in Warsaw, Poland, Monday, Sept. 5, 2016.

plodes in a ball of fire and it suggests that there was a conspiracy. The film is based on findings by a party commission whose experts say there was an explosion before the crash.

President Andrzej Duda, who hails from Kaczynski's party, Prime Minister Beata Szydlo and Jaroslaw Kaczynski attended the premiere at Warsaw's National Opera House.



Bill Cosby could get trial date at evidence hearing Tuesday

PHILADELPHIA (AP)—The shape of Bill Cosby's felony sexual assault trial could become clearer at a hearing Tuesday when his lawyers fight to keep out key evidence, including nearly 1,000 pages of damaging testimony he gave in the accuser's lawsuit.

Cosby, 79, is charged with drugging and molesting a woman he mentored at Temple University in 2004.

His lawyers will ask a suburban Philadelphia judge to suppress testimony from the 2005 lawsuit, when accuser Andrea Constand said she was left semi-conscious and Cosby said he was "not

stopped."

And they want to bar jurors from hearing a taped phone call between Cosby and Constand's mother, when the long-beloved celebrity and morals champion fears he will sound like "a dirty old man with a young girl."

The criminal charges were filed in December, months after Cosby's testimony in the woman's lawsuit was unsealed and a new prosecutor reopened the case.

Cosby, in the deposition, admitted to a series of extramarital affairs and described



Cosby

giving numerous women drugs and alcohol before what he called romantic "rendezvous." Some were in their teens or early 20s.

Defense lawyers argue that Cosby was promised he would never be charged, so he felt free to testify in Constand's lawsuit. However, a judge this year found he was never granted immunity.

The comedian known as America's Dad for the top-rated "The Cosby Show"—which captured the amusing travails of fatherhood and

painted a warm picture of black family life during its 1984 to 1992 run—now finds himself spending his time and fortune defending tawdry accusations. Dozens of women who accuse him of similar conduct say his arrest was a long time coming.

Cosby's defenders instead suggest he is a wealthy target for the many women he met during five decades as an A-list celebrity.

"None of us will ever want to be in the position of attacking a victim. But the question should be asked—who is the victim?" his wife, Camille, asked as more accusers came forward in 2014.

Samsung VR exec welcomes competition to boost awareness

NEW YORK (AP)—Samsung just released its third virtual-reality headset for its Galaxy phones, while Facebook's Oculus business and HTC have been shipping more powerful systems connected to high-end personal computers. Sony also has an upcoming system for its PlayStation game console.

Yet many people still haven't experienced VR.

Tom Harding, Samsung's U.S. director of immersive products and virtual reality, spoke with The Associated Press recently about VR, including efforts to improve interaction and comfort. The transcript has been edited for length and clarity.

Q: How would you characterize the year in VR?

A: We've seen the arrival of high-end PC virtual reality. We will see the arrival of virtual reality for game consoles. It helps grow awareness. It excites developers even further to invest time and money in developing premium titles.

Q: What do you think of competition from other VR headsets, including Google's upcoming Daydream system?

A: The market is large enough to welcome multiple types of VR experiences. Anything we



can do to expand awareness is positive.

Q: Will the lack of a hand-held controller for Samsung's Gear VR be a problem?

A: Developers are working out the best way to interact in virtual reality. The latest Gear VR

AP
In this Wednesday, Jan. 6, 2016, file photo, people wear Samsung Gear VR sets during a virtual reality demonstration at CES International in Las Vegas.

headset has a new type of USB connector that will open up a ton of possibilities, including new ways to interact. Everyone's really experimenting.

Q: How else are you improving the experience?

A: The Oculus home button was delivered based on feedback from users who say, "I don't want to hold down the back button to get back to the home." You will also see a lot of refinements based on consumer feedback—for example, comfortable padding, an even wider field of view and even subtle things like the insides being black.

Q: Why do you need a fancy \$100 headset when you can get a free or cheap cardboard version?

A: One of the strengths of Gear VR is we're not leveraging an existing sensor on the phone. The sensor on the Gear VR is a dedicated sensor just for checking in and sampling your head position. It's been calibrated to virtual reality. We can guarantee that when you move your head, the screen can keep up. Everything will be ultra-smooth.

Q: How important is giving away headsets as part of promotions as opposed to making money?

A: It's a new piece of technology. The work we did with promoting is a really great way to bring people to VR and give people a taste of what VR could be. Nothing is quite like trying it for the first time yourself in understanding what VR is.

Beyoncé, under vocal rest, postpones MetLife Stadium concert

Former Miss America pageant winner earns scholarship

ATLANTIC CITY, N.J. (AP)—A former Miss America pageant winner has scored another honor.

The Miss America Foundation announced Monday that Katie Harman Ebner has been named the inaugural recipient of its new Former Miss America Discretionary Scholarship.

The scholarship was established to help former pageant winners who still need financial assistance in completing their education after their 10-year scholarship window expires.

Ebner was Miss America 2002. She will receive up to \$10,000 in scholarship assistance to continue her studies

at Southern Oregon University's renowned Oregon Center for the Arts.

The discretionary awards are approved and allocated by the foundation's scholarship committee.

The next Miss America will be crowned Sept. 11 in Atlantic City's Boardwalk Hall.

LOS ANGELES

(AP)—Even Beyoncé needs to slow down every once in a while. Under doctor's orders for vocal rest, the superstar singer has postponed the Sept. 7 MetLife Stadium



Beyonce

a statement released Monday.

Fans in St. Louis, Los Angeles, Santa Clara, Houston, New Orleans, Atlanta, Philadelphia and Nashville can rest easy though. Queen Bey will be proceeding with those dates as planned.

The Formation World Tour in support of her album "Lemonade" kicked off April 27 in Miami and was to conclude Oct. 2 in Nashville.

Beyoncé turned 35 on Sunday and attended the Made in America Festival in Philadelphia with her husband and festival founder Jay-Z.

MetLife Stadium is in East Rutherford, New Jersey.

Chevy Chase enters rehab for 'tuneup' on alcohol problem

LOS ANGELES (AP)—Chevy Chase has checked into a rehab facility in Minnesota for treatment for an alcohol problem.

Chase's publicist Heidi Schaeffer said Monday that Chase is at Hazelden Addiction Treatment Center for what she calls a "tuneup" in his recovery.

Chase has had struggles with substances during his career. He checked into the Betty

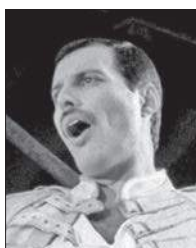
Ford Clinic in the 1980s for treatment for an addiction to prescription pain killers.

The 72-year-old former star of "Saturday Night Live" and the "Vacation" movies was recently a regular on TV's "Community" from 2009 to 2014. He has a pair of films coming up, "The Christmas Apprentice," and "Dog Years."

His return to rehab was first reported by TMZ.

Far-away asteroid named after Freddie Mercury on birthday

LONDON (AP)—Queen guitarist Brian May says an asteroid in Jupiter's orbit has been named after the band's late frontman Freddie Mercury on what would have been his 70th birthday.



Mercury

in astrophysics from Imperial College, London, says the newly named asteroid is "just a dot of light, but it's a very special dot of light" and recognizes Mercury's musical and performing talents.

May says the International Astronomical Union's Minor Planet Centre has designated an asteroid discovered in 1991, the year of Mercury's death, as "Asteroid 17473 Freddiemercury."

May, who has a doctorate

Mercury, born Sept. 5, 1946, wrote and performed hits including "Bohemian Rhapsody" and "We Are The Champions" with Queen, releasing over a dozen studio albums between 1973 and 1991.

London model set ablaze to mark Great Fire anniversary

LONDON (AP)—A large wooden model of 17th-century London has been set ablaze to mark the 350th anniversary of the Great Fire of London that ripped through the city in 1666.

The unusual 120-meter-long (390-foot-long) model was set on fire Sunday night on the River Thames, producing spectacular flames against the backdrop of the city skyline.

The burning marked the

finale of a festival marking the epic four-day fire that destroyed much of the walled city in 1666. About 13,000 homes and businesses were destroyed in the calamity.

The event was part of a col-

laboration between American artist David Best and Artichoke, which organized a six-day retelling of the story of the Great Fire that included art installations, performances, guided tours and lectures.



A 120-metre long sculpture of the 17th-century London skyline is set alight in a retelling of the story of the Great Fire of London in 1666, in London, Sunday, Sept. 4, 2016.

Husband's secret teenage affair has awkward epilogue

DEAR ABBY: When my husband was a teenager, he had an ongoing affair with his mother's 20-plus-years-old friend "Nicole." He would call her by a nickname to signal he wanted sex.

Fast-forward three decades. His family, unaware of their illicit and illegal relationship, regularly invites Nicole to our family functions. They even call her by that pet nickname, unaware of the connotations.

Their affair ended years before I met my husband. But whenever she is around, she follows him like a lost puppy. How do I get over being uncomfortable and angry at her? I know the truth, but she doesn't know I know. And, of course, my husband doesn't want his family to know. What do I do?

KNOWING TOO MUCH

DEAR KNOWING: Have you spoken to your husband about this? He should talk to Nicole and say, "My wife knows about us, and she is bothered by it." He should also tell her to stop following him around or decline future invitations to the family gatherings.

DEAR ABBY: One of my dear friends is pregnant with her first child, and she couldn't be more excited. Even though she's only in her second trimester, her "baby bump" is conspicuous,

and it seems people (friends, family and complete strangers) can't help but comment that she seems "ready to pop." When they learn she still has many weeks to go, invariably people ask if she's having twins (she's not). Her grandmother went so far as to ask for ultrasound photos to prove she's carrying only one baby.

It has made my friend very self-conscious. Even though she's in perfect health, the comments are really getting to her. Any advice on how to graciously deflect these unwanted comments?

NO TWINS IN THE TWIN CITIES

DEAR NO TWINS: When someone volunteers that your friend is so big she must be carrying twins, she should say, "Nope! Only one healthy baby in there, ACCORDING TO MY GYNECOLOGIST."

She needs to remember that there is no end to the insensitive personal comments that people make, and that it's important to keep her sense of humor and keep in mind she'll have to hear them only for a few more months.

DEAR ABBY: My husband is in his mid-70s. We live in the Pacific Northwest. When the temperature is warm, my husband walks around the yard with his shirt off. He's not fat, but he's not thin either. He has gray hair on his chest. It looks awful and

DEAR ABBY

By **ABIGAIL VAN BUREN**
UNIVERSAL PRESS SYNDICATE



Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

it's embarrassing. I think it's rude to the neighbor ladies who see him walk around like this. What do you think?

AN EYEFUL IN WASHINGTON

DEAR EYEFUL: You may think an eyeful is awful, but unless your neighbor ladies complain, I'm advising you not to nag your husband about it. While you may find his gray chest hair unattractive, others may not find it offensive at all, and a man walking shirtless in his own yard is hardly shocking.

To order "How to Write Letters for All Occasions," send your name and mailing address, plus check or money order for \$7 (U.S. funds) to: Dear Abby - Letter Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. Shipping and handling are included in the price.

Pastimes

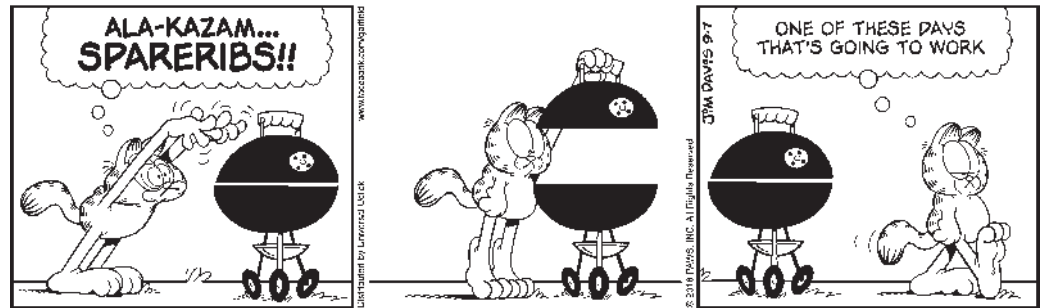
Calvin and Hobbes

By Bill Waterson



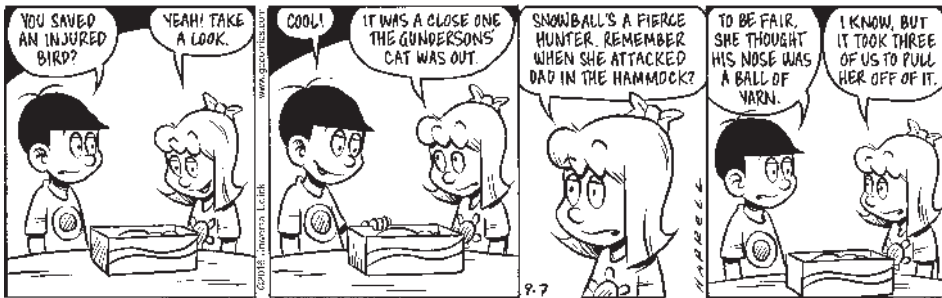
Garfield®

By Jim Davis



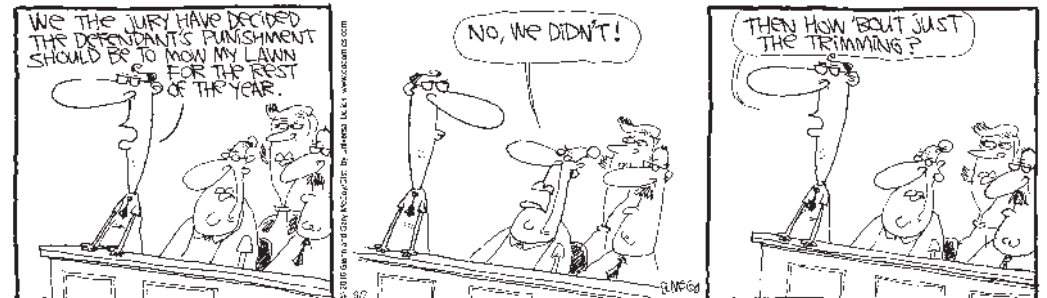
Adam@home

By Bryan Basset



The Duplex

By Glenn McCoy



CROSSWORD

By Eugene Sheffer

ACROSS

1 Future flowers
5 QB's goals
8 Espy
12 "What's — for me?"
13 Weeding tool
14 "— kleine Nacht-musik"
15 Italian dessert
17 War god
18 Novelist Waugh
19 Bellyflop aftermath
21 Mound stat
22 Undo a dele
23 URL suffix
26 Goal
28 Disney mermaid
31 First bed
33 Marseilles monarch
35 Cinch
36 Purse part
38 Revue segment
40 Gloomy guy

DOWN

41 Femi's bit
43 A billion years
45 Computer whiz
47 ER prioritization
51 Vogue rival
52 Tall animals
54 From the U.S.
55 Literary collection
56 "— chic!"
57 Privation
58 Opposing vote
59 Singer Ono

DOWN

2 Prof's em- ployer
3 Tragic
4 Trite
5 Where things vanish
6 Uno + uno
7 Whoville creator
8 Paint base coats
9 Copying illegally, as
10 Singles
11 TV/radio host John
16 "— Breckin- ridge"
20 School org.
23 IV measures
24 Scrap
25 Medical marvels
27 Extinct bird
29 Perfume label word
30 Vinyl records
32 Cezanne subjects
34 Cube holder
37 Luau bowlful
39 Afghani- stan's — Bora region
42 Actress Fox
44 Swell
45 Pond duck
46 Ticklish Muppet
48 Roundish do
49 Nerd's kin
50 Old U.S. gas brand
53 — tizzy (worked up)

Solution time: 24 mins.

A	S	E	A	P	T	A	F	E	E	D
B	L	T	S	L	E	I	O	L	D	E
B	A	C	K	H	A	N	D	O	L	G
E	T	H	E	N	D	S	T	E	E	-
G	R	A	B	L	A	B	L	O	L	-
F	R	J	I	T	C	U	B	I	G	L
J	O	N	G	D	O	G	G	O	P	-
A	N	A	H	E	I	M	S	H	E	R
T	R	Y	M	A	T	-	-	-	-	-
H	A	I	F	A	J	A	N	H	A	S
O	R	S	C	H	A	N	D	B	A	C
P	O	L	O	A	D	O	Q	M	N	I
S	W	A	T	H	A	N	X	F	N	-

Yesterday's answer 9-7

CELEBRITIES BORN ON THIS DAY: Evan Rachel Wood, 29; Oliver Hudson, 40; Toby Jones, 50; Michael Emerson, 62.

Happy Birthday: Open up about the way you feel and what you want to see take place this year. Honesty will enable you to bring about the changes that will give you something to look forward to. Refuse to let what others do keep you from following the path you instinctively feel is right for you. Push harder in order to reach your goals. Your numbers are 3, 12, 17, 22, 30, 38, 42.

ARIES (March 21-April 19): A commitment can be made, opening up a vast number of opportunities that were closed to you in the past. Focus on gaining greater stability emotionally and financially. A learning experience will be an eye-opener that helps you make a snap decision. ***

TAURUS (April 20-May 20): Don't feel uncomfortable if someone makes a fuss. Do your own thing and stay focused on what will teach you new skills or increase your chances of getting ahead professionally. Do your best to get along with your peers. ***

GEMINI (May 21-June 20): Don't pick a fight or disagree with someone who could use personal information against you. Protect against being misinterpreted or irresponsible. Focus on making personal improvements, not trying to change others. False information will cause a financial loss. ***

CANCER (June 21-July 22): Share your feelings and you will improve the relationships you have with personal and

professional partners. Expressing a sincere appreciation of others will help you get the support you need to achieve your goals. *****

LEO (July 23-Aug. 22): Good fortune will be yours if you follow through and finish what you start. Persistence, discipline and an energetic approach will help you overcome defeat. A networking function will help you develop a new personal connection. **

VIRGO (Aug. 23-Sept. 22): Visit an old friend or someone you have worked with in the past, and you will be privy to information that will help you broaden your perspective regarding what you have to offer. Shared feelings will be revealed. ***

LIBRA (Sept. 23-Oct. 22): It's time to begin something new. A chance to encounter interesting people through travel, educational pursuits or spiritual growth will help you make changes in your personal or professional world that will contribute to a better lifestyle. ***

SCORPIO (Oct. 23-Nov. 21): Don't allow anger or bullies to push you in the wrong direction. Grab any opportunity you get to voice your opinion. You have plenty to offer and can easily move into a position of power if you are steadfast in your pursuits. ***

SAGITTARIUS (Nov. 22-Dec. 21): Don't give anyone the authority to speak on your behalf or take care of your personal affairs. You will be taken advantage of if you don't do your own research. Take care of an important relationship to avoid discontent. ***

EUGENIA LAST

THE LAST WORD IN ASTROLOGY

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CAPRICORN (Dec. 22-Jan. 19): An unusual chance to make extra cash or be a part of something that excites you looks promising. Listen and share your thoughts, and you'll impress someone who can offer you exactly what you need to reach your goals. *****

AQUARIUS (Jan. 20-Feb. 18): Live and learn. Make sure you are paying close attention when it comes to joint money ventures or paying upfront for something that has been promised. Good fortune will come from hard work and doing things for yourself. **

PISCES (Feb. 19-March 20): Let your feelings and intuition take over and you will end up doing what's best for you. A partnership based on similar beliefs and goals will help you find new ways to bring you closer to the life goals you set. Nurture what you cherish. *****

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SUDOKU

Conceptis Sudoku

By Dave Green

	3	4	9					1	2
			1	4	2			8	3
					5			6	
			8	1	2				
		6					9		
4	5		6					8	
8								6	
	7	3	1					5	7

Difficulty Level ★★

9/07

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Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Saturday.

Yesterday's SUDOKU Answer

6	5	8	3	9	1	2	7	4
9	7	4	8	2	6	3	5	1
3	2	1	7	5	4	6	8	9
2	8	9	1	3	5	7	4	6
1	6	5	9	4	7	8	2	3
4	3	7	2	6	8	9	1	5
5	4	2	6	8	3	1	9	7
8	1	6	5	7	9	4	3	2
7	9	3	4	1	2	5	6	8

Difficulty Level: ★★

CSK

WONDERWORD®

By DAVID OUELLET

HOW TO PLAY: All the words listed below appear in the puzzle — horizontally, vertically, diagonally and even backward. Find them, circle each letter of the word and strike it off the list. The leftover letters spell the WONDERWORD.

LIFE COACHES

Solution: 9 letters

A T D C G N I K N I H T L D T
U N T A P O L E V E D I E R R
T E X R E K A E P S F P A E O
I D D I H L G L N E R N R A P
S U L N E N E A S E S O N M P
M T I G A T R T S F K I O S U
A S H H E E Y S O Y L S I O S
R R C A T E L I R M S A I T L T
R E C E E O M O K U T V C U R
I H V H N A D I S B P R A T E
A R A E T S L Y P E O L E I N
G E I I I L K S A T S E A O G
E G O W S H A A N S M R T N T
T N E I L C C E C A E P U S H
C A R E E R M A H E L P I N G

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9/7

Achieve, Action, Anger, Anxiety, Autism, Busy, Career, Caring, Change, Child, Client, Depression, Develop, Dreams, Easy, Goals, Health, Helping, Lead, Learn, Lifestyle, Marriage, Meet, Mentor, Nurses, Peace, Plan, Skills, Solutions, Speaker, Strength, Student, Support, Talks, Task, Teach, Thinking, Transformation, Veterans, Vision, Wisdom

Yesterday's Answer: Good Morning

Treasury 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23 or 24 can be purchased online at www.WonderWordBooks.com.

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EMPLOYMENT

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Opening Date: 08/26/16	Closing Date: 09/09/16*
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ANNUAL SALARY:	\$17,700.92 – \$24,889.35**
LOCATION:	Marianas Visitors Authority, Saipan
POSITION TITLE:	STATISTICS SPECIALIST II
PAY LEVEL:	27/01 – 27/08
ANNUAL SALARY:	\$ 19,511.46 – \$27,437.44**
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*If not filled, the vacancy announcement will be continued and applications will be reviewed every two weeks thereafter until the search is closed. Deadlines that fall on a non-business day will be extended to the next business day.

** The salary given will be determined by the qualifications of the appointee.

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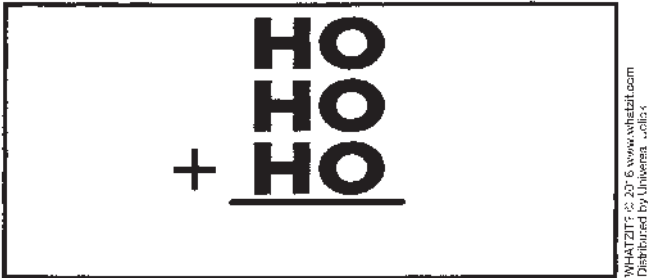
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No rematch: Venus out; Serena gets victory No. 308

NEW YORK (AP)—Venus Williams went from down and out to a point from victory, then back again. In the end, she couldn't quite get past a woman a dozen years younger and never before at this stage of a Grand Slam tournament.

Williams failed to convert a match point and lost 4-6, 6-4, 7-6 (3) to 10th-seeded Karolina Pliskova of the Czech Republic in the fourth round of the U.S. Open on Monday, despite vociferous support from the Arthur Ashe Stadium crowd down the stretch.

"I really played the perfect point there," the sixth-seeded Williams said about her chance to end things while up 5-4 in the third set, and Pliskova serving at 30-40, "and she managed to stay alive."

At 36, Williams would have been the oldest woman to reach the quarterfinals at any major since Martina Navratilova was 37 at Wimbledon in 1994.

Williams made it that far at Flushing Meadows a year ago, before losing to her younger sister Serena. This time, they had been on course for an all-in-the-family showdown in the semifinals; Serena followed Venus in Ashe and beat Yaroslava Shvedova 6-2, 6-3 in the fourth round for her 308th Grand Slam match victory, breaking a tie with Roger Federer for most in the Open Era, which dates to 1968.

Pliskova managed, just barely, to make it to her first



AP
Serena Williams serves to Yaroslava Shvedova of Kazakhstan during the fourth round of the U.S. Open tennis tournament, Monday, Sept. 5, 2016, in New York.

Somehow, though, she pulled herself together enough to get through the tiebreaker as Williams faltered.

"In the 'breaker, I went for a little bit more," Williams said, "but I didn't put the ball in enough."

Pliskova will face 92nd-ranked Ana Konjuh, an 18-year-old from Croatia who upset No. 4 Agnieszka Radwanska 6-4, 6-4 by compiling a 38-9 edge in winners. Also reaching the quarterfinals with a victory Monday was 2014 French Open runner-up Simona Halep, who eliminated No. 11 Carla Suarez Navarro 6-2, 7-5. Now it's Halep's turn to try to deal with the serve of Serena Williams, who reached a tournament-best 126 mph, delivered 11 aces and won 28 of 30 first-serve points against Shvedova.

In men's action, 2009 champion Juan Martin del Potro became the lowest-ranked man in the U.S. Open quarterfinals in 25 years, advancing when No. 8 seed Dominic Thiem stopped in the second set because of an injured right knee.

Del Potro missed 2½ years' worth of major tournaments because of a trio of operations on his left wrist, so he's ranked only 142nd. Jimmy Connors was 174th when he made a stirring run to the semifinals in New York at age 39 in 1991.

The 2012 title winner at Flushing Meadows, Andy Murray, eased into the quarterfinals for the 22nd time in his past 23 majors, beating No. 22 Grigor Dimitrov 6-1, 6-2, 6-2 at night. Murray now faces 2014 runner-up Kei Nishikori, who advanced by beating No. 21 Ivo Karlovic 6-3, 6-4, 7-6 (4). Murray defeated Nishikori in the semifinals of the Rio Olympics last month en route to an unprecedented second consecutive singles gold medal.

Del Potro has been playing as well as ever lately, winning the silver in Rio and picking up recent victories over Novak Djokovic, Rafael Nadal and Stan Wawrinka.

In the quarterfinals, del Potro's opponent will be No. 3 Wawrinka, a 6-4, 6-1, 6-7 (5), 6-3 winner against Ilya Marchenko.

"He will be the favorite to win in that match," said del Potro, who beat Wawrinka at Wimbledon.

"But," del Potro added, "anything can happen in this event for me. I got the power from the crowd in every match."

Grand Slam quarterfinal at age 24. Until this tournament, she never had been past the third round in 17 appearances at majors.

"I was prepared that I'm going to play Venus - it's going to be tough, because all the people are cheering for her," said Pliskova, who leads the tour in aces in 2016 and pro-

duced eight in this match.

It took her a while to finish off this one, despite going up an early break in the third set and leading 4-2. Just as it seemed she would run away with it, Williams turned things around enough to go up 5-4 and hold

a match point. But Pliskova erased that with a swinging forehand volley—the sort of shot Williams loves to hit—and followed it up with another aggressive forehand winner.

Then Pliskova broke to lead 6-5 and served for the match, getting

three chances to close it at 40-love. After Pliskova frittered away one with a double-fault, Williams steeled herself and stepped up, smacking a volley winner, cross-court backhand winner and two forehand winners to break back for 6-all.

"To be honest," Pliskova said, "it was really difficult ... when I lost my serve."

Wentz named starting quarterback for Eagles



PHILADELPHIA (AP)—The Carson Wentz Era is now for the Philadelphia Eagles.

The No. 2 overall draft pick will start Week 1 against the Cleveland Browns despite missing the final three preseason games after injuring his ribs in the opener.

"I'm very confident and I'm very excited to get this opportunity," Wentz said Monday.

Coach Doug Pederson made the announcement two days after the Eagles traded Sam Bradford to the Vikings for a 2017 first-round pick and a 2018 conditional fourth-round pick.

"Everybody feels like this kid is ready to go," Pederson said. "We drafted him to take on the reins. It's something now that we're prepared to do. He's such a special guy. This stage is not too big for him."

The Eagles traded up twice in the draft to select Wentz second overall. They recovered some of the draft picks they lost by dealing Bradford

to the desperate Vikings, who lost Teddy Bridgewater for at least the 2016 season following a severe knee injury.

"It was right for this football team," Pederson said of the blockbuster trade. "It's something that we believe in. I believe in. This is why we drafted (Wentz). Would an ideal situation be later than sooner? Sure. But right now, where we are, we've got a good football team around him. All the pieces are here for him to be successful and us to win some games."

Chase Daniel, who signed a three-year, \$21 million contract in the offseason to play behind Bradford and mentor Wentz, remains the backup.

"If I were Chase, I'd be disappointed," Pederson said. "But he's the ultimate team player."

Wentz said he was lying down in a cornfield hunting geese in New Jersey when Pederson called him Saturday morning to tell he's been promoted from No. 3 quarterback to starter.

"I feel like I've earned respect just from how I go about

my business, how I carry myself," Wentz said. "There's nothing different that I've got to do now. It's still football. I've got to still be the same guy and just play ball, and I think those guys believe in me and I'm excited for it."

Wentz started just 23 games at North Dakota State where he led the Bison to FCS national championships in both of his seasons. He was 12 of 24 for 89 yards, no touchdowns and one interception in his only preseason action against Tampa Bay on Aug. 11.

Now he'll be under center against the team that traded down in the draft instead of staying put and selecting him.

"I knew I was ready," Wentz said. "I felt like I've developed at a fast pace."

Rookie quarterbacks have had success in the NFL in recent years.

Robert Griffin III, who will start for the Browns against the Eagles on Sunday, led the Redskins to the NFC East title in 2012. Russell Wilson led the Seahawks to 11 wins and a playoff win over RG3 that

same year.

Ben Roethlisberger was 13-0 as a rookie in 2004 and helped the Steelers reach the AFC championship game. Joe Flacco (2008 Ravens) and Matt Ryan (2008 Falcons) each won 11 games and went to the playoffs.

Mark Sanchez guided the Jets to the AFC title game in 2009, and Andy Dalton led the Bengals to the playoffs that season.

"It goes to the big picture, the organization and the team," Pederson said. "You play great defense and great special teams, and you have all the pieces: a good offensive line, a good running game, and you can protect guys. That's what those guys did back early in their careers with the Roethlisbergers and the Flaccos and the Ryans and quarterbacks like that."

In Houston, J.J. Watt will play in the Texans' season opener against the Chicago Bears on Sunday.

Watt returned to practice Monday for the first time since back surgery in July and coach

Bill O'Brien said after practice that he would play. Right tackle Derek Newton also was back at practice after sitting out since injuring his hamstring on the first day of training camp and will also play in the opener.

"It was good to have them back at practice today," O'Brien said. "Both guys were in there working with their teammates. It's always good to have your team as close to full strength as possible."

Watt missed all of training camp and the Texans' four preseason games after surgery to repair a herniated disk in his back.

The Texans activated him from the physically unable to perform list on Saturday and the team announced that he passed his physical on Sunday.

Watt, the NFL's Defensive Player of the Year in three of the past four seasons, hasn't missed a game in his five-year career. The defensive end also sat out the entire preseason in 2012 because of an elbow injury and returned for the season opener.

McIlroy rallies from 6 behind to win Deutsche Bank

NORTON, Mass. (AP)—Three holes into the Deutsche Bank Championship, Rory McIlroy had to make a 15-foot putt just to escape with triple bogey.

He already was 4-over-par and had every reason to believe this tournament was headed for an outcome that was becoming far too familiar for a player of his class. But there was one difference.

His head didn't drop. His shoulders didn't sag.

McIlroy went from a miserable start to a memorable finish, closing with a 6-under 65 on Monday to make up a six-shot deficit and win the Deutsche Bank Championship for his 20th career title around the world.

"It's just incredible, this game, how quickly things can change," McIlroy said after his two-shot victory over Paul Casey. "It's been a great lesson for me this week not to get down on myself, to stay patient. After three holes Friday, there was so much going through my head, and none of those things involved sitting beside a trophy."

Not just a trophy, but a belt, too.

Deutsche Bank gave him the blue belt with a large silver buckle when McIlroy won four years ago, and because this was the last year it is sponsoring the tourna-



ment, the company wanted him to keep it.

"World heavyweight title," McIlroy said of the belt.

Not quite, but certainly a step in that direction.

A new putter, a new putting coach, and suddenly he looks like the McIlroy of old. It was his first PGA Tour victory of the year and moved him to No. 4 in the FedEx Cup, all but assuring him a clear shot at the \$10 million bonus when

he gets to the Tour Championship at the end of the month.

In a strengthening wind from Hermine that penalized the slightest misses at the TPC Boston, McIlroy closed out the front nine with three straight birdies to take the lead for the first time, went ahead to stay with a 20-foot birdie

on the 12th hole and left no doubt with a 3-wood into the wind and over the hazard on the par-5 18th hole that set up a birdie from the bunker.

Casey, who started the final round with a three-shot lead in his bid for his first PGA Tour victory since 2009, closed with a 73. He had a 60-foot eagle putt on the final hole that

would have forced a playoff. It went 8 feet by and he missed the meaningless birdie putt.

"Wow, very impressive. Yeah, that's a might round of golf," Casey said of McIlroy's finish. "I struggled a little bit from the get-go and it's hard to regain rhythm and make your birdies if you started out that way, so I found it incredibly difficult. I battled well, did a lot of things brilliantly all week, but obviously frustrated."

AP
Rory McIlroy of Northern Ireland holds the trophy after winning the Deutsche Bank Championship golf tournament in Norton, Mass., Monday, Sept. 5, 2016.

The only consolation for Casey was that his runner-up finish moved him from No. 59 to No. 10 in the FedEx Cup, assuring a spot in the Tour Championship for the first time since 2010. PGA champion Jimmy Walker closed with a 70 to finish third.

The top 70 advance to the BMW Championship, which starts Thursday at Crooked Stick in Indiana. Among those who moved into the top 70 was David Hearn of Canada, who came into the week at No. 92. Hearn closed with a 70 and tied for eighth.

McIlroy, who finished at 15-under 269, moves back to No. 3 in the world.

The 27-year-old from Northern Ireland fell out of the "Big 3" conversation earlier this year when Dustin Johnson won the U.S. Open, Henrik Stenson won the British Open and McIlroy kept sliding, largely because of his putting. His only victory was the Irish Open in May, and when he missed the cut in the PGA Championship, he sought out popular British putting coach Phil Kenyon.



CHICAGO
(AP)—Miguel Cabrera

reached 300 home runs with the Tigers, Justin Verlander eclipsed 200 strikeouts on the season and Francisco Rodriguez moved into fourth place on the career saves list.

Yet it took Justin Upton coming through in the clutch for a second straight day to keep Detroit tied for the final AL playoff spot.

Upton hit a three-run home run in the 11th inning and the Tigers beat the Chicago White Sox 5-3 on Monday for their 11th win in 14 games.

Chris Beck (1-1) issued consecutive two-out walks to Victor Martinez and J.D. Martinez before Upton crushed a 1-2 fastball to right for his 21st home run. It was his second game-winning homer in two days after connecting in the eighth inning Sunday against Kansas City.

"That's what you live for, man," Upton said. "That's what you play the game for, the big moment when you can help your team out."

Detroit's hot streak has coincided with Upton's tear. He has eight home runs in 14 games.

"I've been on time a lot more," Upton said. "I'm giving myself a better opportuni-

Cabrera hits 2 HRs, Upton homers in 11th to lift Tigers

ty to see the ball and put good swings on it."

Cabrera homered twice and had four hits off Chris Sale, and Verlander struck out 11 in seven innings as the Tigers stayed tied with Baltimore for the second AL wild card.

Yankees 5, Blue Jays 3

In New York, Jacoby Ellsbury overcame a first-inning deficit against R.A. Dickey with a two-run homer on the knuckleballer's third pitch of the game, then added an RBI single to lead the New York Yankees over the Toronto Blue Jays 5-3 Monday.

In a matchup of teams fighting for playoff berths as the season passed Labor Day, Masahiro Tanaka (12-4) settled down after a shaky first to win his fifth straight decision.

Astros 6, Indians 2

In Cleveland, rookie Alex Bregman continued his hot hitting with a two-run homer in the third inning and Houston ended Cleveland's six-game winning streak.

Bregman has hit all seven of his homers and driven in 22 runs over his last 19 games for the Astros, who remain two games out of the second wild-

card spot in the AL.

Mariners 14, Rangers 6

In Seattle, Robinson Cano homered during a five-run first inning and Seattle knocked out starter Cole Hamels early and pulled away with a six-run sixth inning.

Cano's 32nd homer of the season is one off his career high set in 2012 while with the New York Yankees.

Cardinals 12, Pirates 6

In Pittsburgh, Adam Wainwright drove in three runs and survived five occasionally bumpy innings to pick up his first victory since mid-July.

Wainwright hit an RBI-double off Chad Kuhl (3-3) in the second and added a two-run single in the fourth as the Cardinals held on to the second wild card spot in the National League.

Orioles 7, Rays 3

In St. Petersburg, Ubaldo Jimenez threw a two-hitter for his first complete game since 2011, leading Baltimore to the win.

Jimenez (6-11) struck out six and walked one. He retired 25 of 26 after giving up Logan

Morrison's three-run homer in the first.

Mets 5, Reds 0

In Cincinnati, Bartolo Colon pitched six innings of five-hit ball and Matt Reynolds homered as the Mets won for the sixth time in eight games.

Kelly Johnson also went deep in New York's 12th straight victory over Cincinnati.

Dodgers 10, Diamondbacks 2

In Los Angeles, Adrian Gonzalez and four others combined to homer five times off Zack Greinke in his first road start against his former team and Los Angeles beat Arizona for its third straight victory.

Kenta Maeda (14-8) allowed one run and three hits in 6 1/3 innings, struck out eight and walked one.

Royals 11, Twins 5

In Minneapolis, Brian Dozier hit three home runs for Minnesota, but the Royals used homers by Kendrys Morales and Eric Hosmer to get the road win.

Jarrod Dyson had three hits and scored three times for Kansas City, which won for the second time in six games

and stayed on the edge of the AL wild-card race.

Rockies 6, Giants 0

In Denver, Chad Bettis threw a two-hitter for his first career complete game, Carlos Gonzalez hit a grand slam and the Rockies beat the slumping Giants.

Bettis (12-7) was perfect until Eduardo Nunez singled with two outs in the fifth inning. The right-hander struck out seven and walked none.

Cubs 7, Brewers 2

In Milwaukee, major league ERA leader Kyle Hendricks threw six strong innings and the Cubs pulled away for the victory.

Pinch hitter Chris Coghlan delivered a go-ahead single in a two-run seventh. He stayed in the game and got a two-run single in a four-run eighth for the NL Central leaders.

Nationals 6, Braves 4

In Washington, Trea Turner and Chris Heisey each homered during a five-run third inning, Max Scherzer pitched seven strong innings for his 16th victory and Washington beat Atlanta.

Scherzer (16-7) scattered

seven hits and yielded two runs to win his fourth consecutive start.

Padres 2, Red Sox 1

In San Diego, Edwin Jackson struck out 11 in seven scoreless innings to outpitch former Padres ace Drew Pomeranz, Adam Rosales hit a two-run homer and San Diego edged Boston.

Jackson (4-5) gave up four hits and ended his three-start losing streak.

Phillies 6, Marlins 2

In Miami, Freddy Galvis hit a two-run homer and the Phillies snapped a six-game losing streak.

The Phillies' run total was their highest since Aug. 14. They rank last in the majors in runs, and managed only 11 while going 0-6 during a homestand last week.

Angels 10, Athletics 7

In Oakland, Kole Calhoun hit a solo home run in the second inning, Albert Pujols had a two-run double in the fourth and Los Angeles held off Oakland.

Jose Valdez (1-1) earned his first major league win before former A's closer Andrew Bailey finished for the Angels in a second straight game.

Talented teenager Pulisic likely to remain US super sub

JACKSONVILLE, Fla. (AP)—Christian Pulisic's phone has been more active than usual the past few days.

Among texts, calls and social media, Pulisic got his share of congratulatory messages

after scoring two goals and assisting on another in the United States' 6-0 victory at St. Vincent and the Grenadines in a World Cup qualifier last week.

Even though some would question whether it was possible,

Pulisic's performance raised expectations and hype surrounding the 17-year-old midfielder who some think could be America's next soccer star.

For now, though, Pulisic is likely to remain the U.S. squad's super sub.

Coach Jurgen Klinsmann made it clear Monday he in-

tends to bring the talented teenager along slowly and is not likely to start him Tuesday against Trinidad and Tobago, the Americans' finale in the semifinal round of the North and Central American and Caribbean region.

"It's important to kind of give younger players time and have that patience," Klinsmann said Monday. "And when moments are there

to give them the minutes or the start, it's not an issue. We just need to make sure it all kind of comes at the right time. We are all excited about a very special talent when it comes through there. He has a long, long ways to go, and hopefully he goes a long way for many, many years to come."

Although the Americans (3-1-1) haven't secured a spot in CONCACAF's hexagonal, a victory against the Soca Warriors (3-0-2) would clinch first



place in Group C and set up a final-round opener at home against Mexico in November. Because the U.S. has a plus-

13 goal difference, it could advance even with a loss because third-place Guatemala (2-2-1) is at plus-1.

"We badly want to win this game," Klinsmann said. "We want to finish first in our group in order to get straight into a big one in the hexagonal."

Tim Howard, who took a yearlong leave of absence

Christian Pulisic is likely to remain the U.S. squad's super sub after scoring two goals and assisting on another in their 6-0 victory against St. Vincent and the Grenadines in a World Cup qualifier last week.

from the national team following the 2014 World Cup, will return to goal against T&T. It will be Howard's 32nd appearance in a World Cup qualifier, moving him past mentor and former teammate Kasey Keller as the team's career leader in that category.

Midfield Michael Bradley and defender Michael Orozco return after one-game suspensions. Right back DeAndre Yedlin is suspended after getting his second yellow card of qualifying against St. Vincent.

Forward Clint Dempsey remains sidelined while undergoing tests for an irregular heartbeat, leaving Bobby Wood to start alongside Jozy Altidore.

Pulisic likely will be one of the first players off the bench, a role he welcomes for now.

Mariana Resort to host Hell of Marianas

Mariana Resort has agreed to host the 10th Annual HOM Century Cycling Race set for Dec. 3.

Mariana Resort hosted the last three races with amazing feedback from participants and onlookers. HOM is considered the toughest bike race on the island, with pros from all over the world coming to participate and test themselves on this grueling course.

"It has been our pleasure to host Hell of the Mariana Century Cycling Race the past few years," Mariana Resort and Spa general manager Gloria Cavanagh. "We love to be a part of an event that promotes a healthy activity and is also so much fun to watch. With all the pros coming on island, it's going to be an exciting event."

About 200 participants are expected to join this year's race. The course will cover the whole island with climbs up to Suicide Cliff, Papago Hill,



Northern Mariana Islands Cycling Federation president Vince Seman, third left, shakes hands with Mariana Resort and Spa general manager Gloria Cavanagh, second left, to seal their groups partnership for the 10th Annual HOM Century Cycling Race that will hit the road on Dec. 3.

Kagman and Radar. Throughout the months leading up to the race, there will be Road to Hell races to help prepare local cyclists for the big event. The next Road to Hell race is scheduled for September 18.

"We welcome all cyclists on these Road to Hell series," Northern Mariana Islands Cycling Federation president Vince Seman. "It's a fun way to train and be a part of the bike community."

Participants can download the entry form on the HOM Facebook page (www.facebook.com/HOMRace) or the NMIC group page and turn the registration form before the race. (PR)

CNMI

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Kirro Batino, Thomas Benavente, John Paul Cruz, Joshua Mendez, and Eun Syu Hahn.

The standoff against Guam is welcome news to the CNMI football family and Angeles' wards needed it to boost their morale for the three remaining games.

"We are very happy for the boys and we hope the tie versus Guam will inspire them to continue playing hard, especially when they face tougher oppositions in the next three matches. Congratulations to the team and great job from the coaches," Northern Mari-

ana Islands Football Association general secretary Ross Zapanta said.

Up next for the Teen Ayuyus is powerhouse Japan and the match is slated today at 9am (11am Saipan time). The Commonwealth bets will then take a break tomorrow before returning to the pitch on Friday to challenge another tough team in South Korea in the 4:30pm match. For its last assignment, the CNMI will be paired against Mongolia and they will play in the second game this Saturday at 9am. The CNMI, Japan, South Korea, Mongolia, and Guam are in Group B of the festival, while Group A has host Chi-

na, Macau, North Korea, Chinese-Taipei, and Hong Kong.

"Thank you very much for your support and prayers. We are all doing well, some minor injuries only but overall we have healthy bodies," Angeles said before leading the Teen Ayuyus back to the field the watch the South Korea-Mongolia tiff, which was the last match scheduled in yesterday's opener.

Other pairings in Day 1 were China versus Macau and Chinese-Taipei against Hong Kong.

Meanwhile, four countries made the grade at the conclusion of the AFC U16 Women's Championships 2017 Qualifier last Monday.

Australia, Bangladesh, South Korea, and Laos earned slots to the 2017 finale that will be held in Thailand next year and will join early qualifiers China, Japan, and North Korea. Australia, Bangladesh, and South Korea advanced after topping Group D, B, and C qualifiers, respectively. Laos took the last ticket despite its runner-up finish in Group A as top placer Thailand was given an automatic spot to the finals for being named as host of the 2017 competition.

The CNMI joined the same qualifiers and played in Group B matches held at the Luneng Football School in Weifang, China.

TSUNAMI

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nami Saipan swimmers Nanaka Watanabe (30:36) and Shoko Litulumar (38:35). Ashley's brother Aasish came in at third place in the boys 10 and below age group after recording 33:04, just 14 seconds behind second finisher Sean Gil (33:04).

Other Tsunami Saipan swimmers who completed the race were Anthony Camacho-Deleon Guerrero (29:23), Sophia Gauran (30:16), Ayumi Obligation (31:35), and Katherine Illahi (38:27).

As for the Japanese participants, 50 to 59 division's Noriko Matsuda was the top finisher after clocking in at 31:35 and beating the 32:50 of over 60 swimmer Hatsumi Watanabe.

Meanwhile, two more races took place last weekend—the 500m and

1,500m freestyle.

Japan's Yuki Hayashi won the 500m swim after registering 8:54 and he was the lone entry in the field to complete the one-lap race under 10 minutes.

Saipan's Salvi Villanueva finished second with a time of 12:31, followed by Joey Tude-la (12:50), Michael James (13:20), and Hatsumi Watanabe (13:50).

In the 1,500m event, Benjamin Byers was the lone male participant and finished first overall after checking in at 29:33. Former CNMI national swimmer Johnson came in at second with her 33:32, while Japan's Yuko Takeda was way behind at third (40:50). Rounding out the finishers in the 1,500m freestyle race were Japanese Yoko Funayama (40:51), Michiyo Tsukada (45:51), Masayo Yamamoto (47:50), and Keiko Sato (51:44).

MPU

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lowed by Susono (1-0-3) and MP United (0-0-4).

Despite rounding out at fifth spot in last weekend's competition, MP United still has the most titles (2) in the Pacific Ocean Cup. MP United won the Pacific Ocean Cup 2 and 4, while the other champions were Nagaoka SSS (Pacific Ocean Cup 1), Vivid Blue (Pacific Ocean Cup 3), and Paire FC (Pacific Ocean Cup 5).

Meanwhile, MP United's Jeremiah Hernandez was named among the most valuable players in the short tournament. Joining Hernandez

on the MP roster were Richard Steele, Garret Weaver, Fiona Bucalig, Dane Hodges, Richard Castro, Tori Weaver, and Jerick Quimzon. Gene Weaver was the team's coach, while Randy Steele and Lisa Castro were the manager and assistant, respectively.

Hernandez received a trophy from the organizer, while each player got certificates of participation. The winning team, on the other hand, was presented with the championship trophy and perpetual plaque where names of the champions are posted.

Vivid Blue hosted Pacific Ocean Cup 6 in celebration of its 10th anniversary.

2016 Tan Holdings Inter-Company Basketball League Playoffs

PHOTOS By ROSELYN B. MONROYO



Kanoa Resort's Moses Arroz, left, fakes off the defense of JP Mambas' Kevin Calibo during their playoff game in the 2016 Tan Holdings Inter-Company Basketball League at the Gillette Multipurpose Gymnasium.



Shirley's Coffee Shop's Isaiah Bordon, center, tries to protect the ball, while Fiesta Resort's Paul Quizon, left, attempts to tap it out, and the former's teammate John Jugos stays close in the play.



Kanoa Resort's Rico Villagomez, left, and JP Mambas' Ferdie De La Torre battle for the rebound.



Kanoa Resort's Ernest Duenas pulls up for a floater against Fiesta Resort's Arjay Nonato.



JP Mambas' Tony Raho beats Kanoa Resort's Mico Usi, partly hidden, for the rebound.



Fiesta Resort's Paul Quizon, left, challenges the defense of Shirley's Coffee Shop's John Jugos.



Shirley's Coffee Shop's John Jugos, left, goes up for an acrobatic shot over Fiesta Resort's Arjay Nonato.



Kanoa Resort's Matt Duenas loses the ball after being fouled by Fiesta Resort's Joseph Villamena, right.



**No rematch:
Venus out;
Serena gets
victory No. 308**

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Saipan Tribune Sports



**McIlroy rallies
from 6 behind
to win Deutsche
Bank**

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SAIPAN TRIBUNE

CNMI holds ground against Guam



By **ROSELYN B. MONROYO**
roselyn_monroyo@saipantribune.com
REPORTER

The CNMI stood its ground in the opening of the AFC U14 Regional (East) Festival of Football 2016, holding Guam to a 2-2 draw in their game yesterday at the Xianghe National Football Training Center in Beijing, China.

est. The boys are so happy because although we did not get the win, it's better than a loss. They felt like we won the game while the other team was quiet, serious, and felt like it lost the match," Angeles added.

Joining Rojas and Esalan on the team are Sebastien Manabat, Mark Salamat, Kirt Andon, Ichiro Borja, Terrence Montenegro, John Guillen

CONTRIBUTED PHOTO
The CNMI's starting 11 pose for a photo before challenging Guam in the AFC U14 Regional (East) Festival of Football 2016 yesterday at the Xianghe National Football Training Center in Beijing, China.

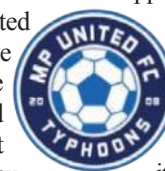
Canape, Jamin Elliot, Edward Cho, Joshua Waldon, Brandon Delos Reyes, Christian Aldan,

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MPU completes competition in Japan; new champ crowned

By **ROSELYN B. MONROYO**
roselyn_monroyo@saipantribune.com
REPORTER

The Pacific Ocean Cup 6 has a new champion after former winners MP United FC and Vivid Blue faltered in their title bids in the weekend tournament held at the Numazu Seibu Grounds in Numazu, Japan.



defeated record in the round-robin competition. The Pacific Ocean Cup 6 winner shut down Dream FC, 2-0; topped MP United, 9-0; crushed Susono Nishi FC, 5-0; and whipped host Vivid Blue, 9-0. Vivid Blue ended up at second place with its 3-0-1 win-draw-loss record, while Dream (2-0-2) was ranked third and was fol-

The championship trophy went to Pure FC after its un-

See MPU on Page 26



CONTRIBUTED PHOTO
MP United FC players line up before the start of their match against Vivid Blue in the Pacific Ocean Cup 6 last weekend at the Numazu Seibu Grounds in Numazu, Japan.



Midfielders John Michael Rojas and Mark Esalan scored for the CNMI U14 Boys National Team with the former drawing first blood for the Commonwealth after making a goal in the 19th minute. Esalan knocked in the team's second goal in the 42nd minute. The CNMI-Guam tiff was the second match played in Day 1 of the festival and the neighboring squads saw action in two 30-minute halves.

"We're so happy because the boys played their hearts out, literally throwing their bodies to block the shots and not let Guam score," head coach Jershwin Angeles said in a message sent to Saipan Tribune.

"Guam is way better, bigger, faster, and stronger and have more skilled players than the CNMI. Guam even has players from the U.S. for this festival. Our team is the small-

Tsunami Saipan members excel in Plumeria Swim

By **ROSELYN B. MONROYO**
roselyn_monroyo@saipantribune.com
REPORTER



Tsunami Saipan members warmed up for the 2016-2017 season by putting up a show in last Saturday's 2nd Annual Plumeria Swim held at Kili Beach.

The club's male members—Juhn Tenorio, Nelson Batallones, and Isaiah Aleksenko—took the Top 3 overall finishes in the 1,500m flipper race, while Aika Watanabe was the first female out of the water. Majority of Tsunami Saipan swimmers who joined the weekend race also completed the three-lap course ahead of more than 25 Japanese participants in the flipper (swimming in fins, goggles,



ROSELYN B. MONROYO
Tsunami Saipan's Juhn Tenorio sprints to the finish line to beat teammate Nelson Batallones, left, and Isaiah Aleksenko in the 1,500m flipper division of last Saturday's 2nd Annual Plumeria Swim in the waters off Kili Beach.

and wet suit) division.

Tenorio, Batallones, and Aleksenko got out of the water nearly at the same time, but the former won in the sprint to the finish line to take the No. 1 spot in the entire division and top the boys 11 to 12 age group. The 12-year-old Tenorio completed the 1,500m flipper race in 27:16, while Batallones and Aleksenko clocked in at 27:17 and 27:18, respectively.

In the women's division, Watanabe made it to the finish line at the 27:18 mark to pull off an upset against previous flipper race winner Angel Marie Tan, who submitted 28:08.

In the 10 and below division, Ashley Dangol timed in at 30:34 to beat fellow Tsu-

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